



Events, Activities & Outings for Solihull

September 2018



*Balladeer is an elegant,
classical script design with
three weights designed by
URW and ProFonts
Light, Medium & Bold.*





Events for September

Activities and Events that are taking place this month

<p>Tue</p> 	<p>4</p>	<p>All day</p> <p>10.30</p> <p>11.30</p> <p>13.00</p>	<p>Dress up- 'Back to School' Day!</p> <p>Heart-beeps Nursery visit, Come and join in while the little ones play. — Roundel</p> <p>Interact story telling and reminiscing group– the 'good old school days' themed. — Activity Room</p> <p>School dinners! Bring back a few memories with A taste of those good old school dinners! – Dinning Room</p>
<p>Wed</p>	<p>5</p>	<p>All day</p> <p>11.30</p>	<p>Come and Meet Jill's dog 'Jess' , she'll be here to meet and greet all-day and loves a cuddle!</p> <p>Ruby Ann is here to sing for us.</p> <p>Join us for a jolly good time! -Reception</p>
<p>Fri</p>	<p>7</p>	<p>11.30</p> <p>15.00</p>	<p>Residents meeting Coffee Morning—Activity Room</p> <p>Family Friday Social (the more the merrier residents/ team/friends) 10 Challenge!! To celebrate our Home's 10th birthday we will be doing a '10' themed challenge every month. Let us know any ideas you have!</p> <p>Today's challenge is the 'Ten' word challenge'—Reception</p>
<p>Tues</p>	<p>11</p>	<p>15.00</p>	<p>Sing-a-long with Peter Tonks playing the piano - Reception</p>
<p>Wed</p>	<p>12</p>	<p>11.30</p>	<p>Beryl Briscoe is here to sing for us.</p> <p>Come and enjoy a sing-a-long -Reception</p>
<p>Fri</p>	<p>14</p>	<p>11.30</p> <p>15.00</p>	<p>Staff vs Residents trivia pursuit board game!!!</p> <p>Who'll make it to the end first?</p> <p>Come and have a go if you think you're lucky enough!</p> <p>Family Friday Social (the more the merrier residents/ team/friends) Tea and cakes with Mike Sullivan playing the piano. Join us for the perfect chilled out afternoon!-Reception</p>



Events for September

Activities and Events that are taking place this month

Wed	19	11.30	Becca Gee is here to perform for us. Come and join us for a good time.— Reception
Thu	20	13.00	Gala Buffet Autumn Harvest themed — Dining Room Taste the delights of autumn with a glass of sparkling wine
Fri	21	11.30 15.00	Tai Chi with Nic — Reception Family Friday Social (the more the merrier residents/ team/friends) - 'It's only a game show' afternoon. 'Come on down' and have a go and 'lets see what you could have won!'- Reception
Sat	22	14.00	The Bold balladeers are here to perform. - Reception
Mon	24	15.15	Solihull Mobile Library— Front Entrance
Tues	25	14.30	Calling all Chocoholics. Its our chocolate treats afternoon! Come and indulge with our gooey, delicious chocolate fountain! Fruit, chocolates, marshmallows and more.
Wed	26	11.30	The wonderful Blue Bird Bells are here. Come enjoy their fabulous show.- Reception
Fri	28		 <p>All day Dress up- Stripy Friday!</p> <p>11.30 Beetle Drive! Get into your teams and lets get ready to Roll that dice!- Reception</p> <p>15.00 Family Friday Social (the more the merrier residents/ team/friends) Tea, cakes and a sing-a-long with Peter Tonks playing the piano- Reception</p>



Regular Activities

SAME TIME, SAME DAY, EVERY WEEK

The Activities Room is always open and EVERYONE is welcome to enjoy this space

Every Mon	10.00	Newspaper Natter & Morning Coffee— Reception
	10.30	Movement to Music – Reception
	10.30	Inner Peace Relaxation Group— Activity Room
	11.30	Fun and frolics (volleyball/ curling/ skittles)— Reception
	14.30	Debate group- – Reception (NEW)
Every Tue	10.30	Colour Art Therapy— Activity Room
	11.30	Daily Sparkle Reminiscing tea party— Activity Room
	14.30	Woodwork/gardening — Activity Room
	14.30	Crafty Creative class— Activity Room
Every Wed	10.00	News of the World — Reception (NEW)
	10.30	Movement to Music – Reception
	11.30	Mid week Entertainment- Bring your best singing voice— Reception
	14.00	Group Crossword/ word games— Activity Room
	15.00	Upper Limb Gym— Activity Room
Every Thu	10.00	Arts & Crafts with Dawn— Activity Room
	11.00	Roundel Activities
	11.30	Pub Quiz— Reception
	14.30	Pamper Parlour ladies/gents– nail care, Come and join us, you deserve it! :)
Every Fri	10.00	Newspaper Natter & Morning Coffee— Reception
	10.30	Movement to Music – Reception
	10.30	Inner Peace relaxation Group— Activity Room
	11.30	Anything Goes (see monthly program)
	15.00	Friday Social (see monthly program)- Reception



Weekend programme for September

All Weekend Activities to be led by House Leads.

Sat	1	11.30	Group Crossword—Café/Bar
Sun	2	11.30	Sunday Hymns—Café/Bar
Sat	8	11.30	Volley Ball challenge— Reception
Sun	9	11.30	Sunday Hymns—Café/Bar
Sat	15	11.30	Skittles challenge— Café Bar
Sun	16	11.30	Sunday Hymns—Café/Bar
Sat	22	11.30	Group Crossword—Café/Bar
Sun	23	11.30	Sunday Hymns—Café/Bar
Sat	29	11.30	Baking —Activity Room
Sun	30	11.30	Sunday Hymns—Café/Bar

Lots of extras with the Team on the Houses...Just Ask

- ◆ Movie night/afternoon
- ◆ Pampering
- ◆ Quiz's
- ◆ Crafts
- ◆ Sing a longs
- ◆ Board Games
- ◆ Word games
- ◆ One to one chats
- ◆ Life Story work with your folder



Trips out for September

Tues	4	10.30	12.30	Solihull shuttle
Thurs	6	11.30	14.30	Pub lunch– White Swan
Fri	7	10.00	17.00	RAF Museum Cosford
Tues	11	10.30	12.30	Solihull shuttle
Wed	12	10.00	15.30	National trust– Coughton Court
Thurs	13	11.30	14.30	Pub lunch– The Barn
Tue	18	10.30	12.30	King fisher centre shopping
Wed	19	14.30	16.00	Scenic drive
Thurs	20	11.30	14.30	Pub Lunch—Finest Catch
Tue	25	10.30	12.30	Solihull shuttle
Wed	26	14.00	16.00	Garden centre trip– Melbicks
Thu	27	11.30	14.30	Pub lunch – Black Boy



Church Services

This Month

Sun	2	11.30	Join us for Sunday Hymns— Reception
Tue	4	11.30	St Alphege- Church of England Service Dining room
Sun	9	11.30	Join us for Sunday Hymns— Reception
Thu	13	11.30	St Augustine Roman Catholic Activity Room
Sun	15	11.30	Join us for Sunday Hymns— Reception
Sun	16	11.30	Solihull United reformed Church ser- vice with Rev Mark Fisher— Reception
Sun	23	11.30	Join us for Sunday Hymns— Reception
Sun	30	11.30	Join us for Sunday Hymns— Reception

In loving Memory

Our thoughts and prayers are with:

George Thorpe and his family



News Letter

WELL DONE EVERYONE!

August saw us receive a very welcome accolade here at RSGH Solihull, an achievement that reflects the outstanding levels of care that our nurses & carers provide, the prestigious accolade was awarded to the RSG Solihull, specifically in respect of our Dementia Care....

Please see press release below...

"Level 1 is the highest accolade achievable through Dementia Care Matters' National 'Butterfly Household Model of Care Accreditation Award'. It indicates that a Home is demonstrating 'exceptional person-centred dementia care of the highest quality of life level'. Dementia Care Matters undertake over 700 audits per year. Only 1% of care homes within the UK achieve a Level 1 distinction.



The Royal Star & Garter Homes are 'Butterfly Service' Homes and follow the Dementia Care Matters' internationally recognised standard of care. The care team work as a close, coherent family which is feelings-based and emotional; they treat residents as they would wish to be treated themselves, with compassion and love.

Such has been the dedication of the dementia care teams that the Charity is now also able to provide the DCM dementia care training in-house, working in conjunction with the expertise and experience of its highly motivated staff."



Absolutely BRILLIANT news, and fantastic recognition for our wonderful home! We should all be very proud.

Staff Updates



Kevin, our newest member of staff joined us mid-way through the month, he joins our activity team along with Charlie and Roger, so you will be seeing quite a lot of him around our home. Kevin served in the Royal Navy for 8yrs and then spent 32yrs at British Telecom (BT). His daughter Michelle is one of our nurses on Roundel house here at Solihull.

