



Royal Star & Garter

Care with courage

VIRTUAL UK CARAVAN TOUR AUGUST



Activity Schedule- August- 2021



WALES



ANGLESEY - SNOWDONIA - ABERYSTWYTH - CAMARTHEN -BRECON
BEACONS - GOWER PENINSULA - CARDIFF

Mon 2nd	10.00 10.30 11.30 14.30 14.30	<u>Leaving Solihull– arriving in Cardiff</u> Roundel trip– tour around the Valleys Movement to Music Aerobics for the soul, and Tom Jones sing-a-long- Roundel & Whiteley Linley and Croucher trip– tour around the Valleys Toss the sheep quiz game. All houses
Tues 3rd	10.30 11.30 14.30 15.30	<u>Leaving Cardiff —arriving at the Mumbles</u> Pot Painting – Roundel Pot Painting– Whiteley Residents Forum Meeting—Linley & Croucher Residents—Activity Room Welsh National Opera – Linley & Croucher—Activity Room
Wed 4th	10.30 10.30 10.30 11.30 14.30 14.30	<u>Leaving Mumbles —arriving at Carmarthen</u> Movement to Music Whiteley trip- tour around the Valleys Craft – Welsh Dragon—Roundel The Crown—Charles's inauguration – Linley & Croucher Flower arranging daffodils-Linley Croucher & Linley trip- tour around the Valleys
Thu 5th	10.30 11.30 14.30	<u>Leaving Carmarthen – arriving at Aberystwyth via Snowdonia.</u> Flower arranging - Roundel Craft—Welsh dragons -Whiteley Stretch our legs, virtual hike of Snowdon– Linley & Croucher
Fri 6th	10.30 11.30 11.30 14.30	<u>Leaving Aberystwyth- arriving in Ballymena</u> Whiteley Aerobics for the Soul - Roundel & Whiteley Residents Meeting—Linley & Croucher– Activity Room Friday Social—finish our week tour of Wales with Mike Sullivan on the piano. With traditional Welsh cakes.
Sat 7th	11.30 14.30 14.30	Daily sparkle group- Linley & Croucher – activity room- led by Linley/ Croucher house staff Whiteley and roundel – weekend boxes Linley & Croucher- please find all weekend activities available in the Activity Room.
Sun 8th	11.30 12.00 14.30	Weekend Bingo- Linley & Croucher – Activity Room- led by Linley/Croucher staff Church service- Online Afternoon matinee movie– Welsh Classic– the Proud Valley (on house or in activity room) or a movie of your choice

Activity Schedule- August- 2021



N. IRELAND



BELFAST - GIANTS CAUSEWAY - BUSHMILLS - MALIN HEAD -
MAGILLIGAN POINT - DERRY - BALLYMENA - DUBLIN

Mon 9th	<p>10.30 Movement to Music</p> <p>10.00 Roundel trip– a tour of the Emerald Isle</p> <p>11.30 Irish quiz—Linley & Croucher</p> <p>11.30 Aerobics for the Soul with an Irish folk song sing-a-long</p> <p>14.30 Linley trip– a tour of the Emerald Isle</p> <p>14.30 Irish Love at the movies– all houses</p>	<u>Leaving Ballymena- arriving at Derry</u>
Tues 10th	<p>10.30 Shamrock biscuits– Roundel & Whiteley</p> <p>11.30 Shamrock biscuits– Linley & Croucher</p> <p>14.30 Documentary– the troubles in Ireland</p>	<u>Leaving Derry— arriving in Eire</u>
Wed 11th	<p>10.30 Movement to Music</p> <p>10.30 Whiteley trip- a tour of the Emerald Isle</p> <p>10.30 Stone Painting —Roundel</p> <p>11.30 Morning at the Irish races– all houses</p> <p>14.30 Afternoon of limericks– Linley & Croucher</p> <p>14.30 Croucher trip- a tour of the Emerald Isle</p>	<u>Leaving Eire (Ferry to Magilligan point) - arriving at Giants Causeway & Bushmills</u>
Thu 12th	<p>10.30 Irish cupcakes -Roundel and Whiteley</p> <p>11.30 Find the pot at the end of the rainbow treasure hunt —all Houses</p> <p>15.00 Documentary– the Titanic</p>	<u>Leaving Giants Causeway & Bushmills– arriving in Belfast</u>
Fri 13th	<p>10.30 Gents club— Roundel</p> <p>10.30 Limericks– Whiteley</p> <p>11.30 Aerobics for the soul– Whiteley & Roundel</p> <p>11.30 Gents club- Croucher & Linley</p> <p>14.30 Friday Social—finish our week's tour of Ireland with Mike Sullivan on the piano. With Guinness and Green beer</p>	<u>Leaving Belfast— arriving in Loch Lomond</u>
Sat 14th	<p>11.30 Daily sparkle group- Linley Croucher – Activity Room- led by Linley/ Croucher House staff</p> <p>14.30 Whiteley & Roundel – Weekend boxes</p> <p>14.30 Linley & Croucher- please find weekend activities available in the Activity Room.</p>	
Sun 15th	<p>11.30 Weekend Bingo- Linley Croucher – Activity Room- led by Linley/Croucher House staff</p> <p>12.00 Church service- Online</p> <p>14.30 Afternoon matinee movie– Irish Classic—the Wind that Shakes the Barley (on house or in Activity Room) or a movie of your choice</p>	

Activity Schedule- August- 2021



SCOTLAND



EDINBURGH - INVERNESS - JOHN O'GROATS - ULLAPOOL - LEWIS -
STORNOWAY - FORT WILLIAM - LOCH LOMOND

Mon 16th		<u>Leaving Loch Lomond & Trossachs—arriving at Loch Ness</u>
	10.30	Linley Trip– sightseeing tour of the Highlands
	10.30	Movement to Music
	11.30	Aerobics for the Soul with Scottish jives– Roundel & Whiteley
	14.30	Roundel trip – sightseeing tour of the Highlands
	14.30	Find Nessie! Quiz game—Linley & Croucher
Tues 17th		<u>Leaving in Loch Ness —arriving in Ullapool (via ferry)</u>
	10.30	Coffee morning – Roundel and Whiteley
	11.30	Musical Bingo – all houses
	14.30	Highland games- all houses
Wed 18th		<u>Leaving Ullapool - arriving John O'Groats</u>
	10.30	Whiteley trip- boat trip off the north coast
	10.30	Movement to Music
	10.30	Tartan weaving- Roundel
	11.30	Family tartan - Croucher & Linley
	14.30	Croucher trip- boat trip off the north coast
	14.30	Scottish flick—Scottish classic—'Loch Ness'
Thu 19th		<u>Leaving John O'Groats - arriving in Edinburgh</u>
	10.30	Scottish tablet -Roundel & Whiteley
	11.30	Shortbread making—Croucher & Linley
	14.30	The Castles of Scotland documentary
Fri 20th		<u>Leaving Edinburgh – arriving in the Lake District</u>
	10.30	Movement to Music
	11.30	Aerobics for the Soul
	11.30	Scottish quiz– Linley & Croucher
	14.30	Friday Social—finish our week with shortbread, and Iron Brew! and of course Peter Tonks on the piano.
Sat 21st	11.30	Daily sparkle group- Linley Croucher – Activity Room- led by Linley/ Croucher house staff
	14.30	Whiteley & Roundel – weekend boxes
	14.30	Linley & Croucher- please find all weekend activities available in the Activity Room.
Sun 22nd	11.30	Weekend Bingo- Linley & Croucher – Activity Room- led by Linley/Croucher House staff
	12.00	Church service- Online
	14.30	Afternoon matinee movie– Scottish Classic– Braveheart (on house or in activity room) or a movie of your choice.

Activity Schedule- August- 2021



ENGLAND



SOLIHULL - LONDON - BRIGHTON -

LIVERPOOL - N.YORKS MOORS - LAKE DISTRICT - KENDAL

Mon 23nd	10.30 10.30 11.30 14.30 14.30	<u>Leaving the Lake District —arriving Liverpool</u> Movement to Music Aerobics for the Soul with Beatles sing a long- Roundel & Whiteley Linley trip– sightseeing tour– docks and the Mersey (Hatton locks) Roundel trip– sightseeing tour– docks and the Mersey (Hatton locks) Live music at the 'Cavern Club'– Linley & Croucher with English ale tasting
Tues 24th	10.30 11.30 14.30	<u>Leaving Liverpool —arriving Cornwall</u> Scone baking—Roundel & Whiteley Scone baking– Linley & Croucher Cream tea and Sea Shanties'
Wed 25th	10.30 10.00 11.30 14.30 14.30	<u>Leaving Cornwall – arriving in Brighton</u> Sea side art– roundel Whiteley trip- boat trip off the coast Punch and Judy peg doll crafts– Linley and Croucher Punch and Judy show—reception and ice cream Croucher trip- boat trip off the coast
Thu 26th	10.30 11.30 14.30	<u>Leaving Brighton – arriving in London</u> London crafts– Roundel & Whiteley London sightseeing puzzles—Linley & Croucher Afternoon tea at the Ritz with West End show
Fri 27th	10.30 11.30 11.30 14.30	<u>Leaving London– arriving back home in Solihull</u> Movement to Music Aerobics for the Soul Holiday Special- Roundel & Whiteley Holiday reminiscing– please bring your holiday snaps and travel stories.—Linley & Croucher Friday Social—finish our week tour of England with Mike Sullivan on the piano.
Sat 28th	11.30 14.30 14.30	Daily sparkle group- Linley & Croucher – Activity Room- led by Linley/ Croucher House staff Whiteley & Roundel – weekend boxes Linley & Croucher- please find all weekend activities available in the Activity Room.
Sun 29th	11.30 12.00 14.30	Weekend Bingo- Linley & Croucher – Activity Room- led by Linley/Croucher House staff Church service- Online Afternoon matinee movie– English classic– Brief Encounter (on house or in activity room) or a movie of your choice.

Activity Schedule- August- 2021



TRIPS



MON	2nd	10.00	Roundel	"Tour of the Welsh Valleys"
MON	2nd	14.15	Linley & Croucher	"Tour of the Welsh Valleys" (Burton Dassett)
WED	4th	10.30	Whiteley	"Tour of the Welsh Valleys"
WED	4th	14.15	Linley & Croucher	"Tour of the Welsh Valleys" (Burton Dassett)
MON	9th	10.00	Roundel	"Scenic Emerald Isle Trip"
MON	9th	14.15	Linley & Croucher	"Scenic Emerald Isle Trip" (HANBURY)
WED	11th	10.30	Whiteley	"Scenic Emerald Isle Trip"
WED	11th	14.15	Linley & Croucher	"Scenic Emerald Isle Trip" (HANBURY)
MON	16th	10.30	Linley & Croucher	"The View or the Highlands"
MON	16th	14.15	Roundel	"The Highlands"
WED	18th	10.30	Whiteley	"The Highlands"
WED	18th	14.15	Linley & Croucher	"THE View.. or the Highlands"
MON	23rd	11.30	Linley & Croucher	"Tour of Liverpool Docks" (Hatton Locks)
MON	25th	14.15	Roundel	"Tour of Liverpool Docks" (Hatton Locks)
WED	25 TH	10.30	Whiteley	"Tour of Liverpool Docks" (Hatton Locks)
WED	25 TH	14.15	Linley & Croucher	"Tour of Liverpool Docks" (Hatton Locks)

QUICK UK FACTS & FIGURES

67,886,011 POPULATION in the UK (2020)

262,300 PAVED ROADS in the UK

40,300 CHURCHES in the UK

194,912 MILES of COASTLINE around the UK

220 MILES - RIVER SEVERN (Longest River)

10 HIGHEST MOUNTAINS in UK ALL in SCOTLAND

4412 FEET - BEN NEVIS (Highest Mountain)

1400m DEEP - BOULBY MINE (Deepest in UK)

278m HIGH - TALLEST BUILDING (22 Bishopsgate)

82 COUNTIES in UK(**48** in ENGLAND)



**RSG SOLIHULL
CARAVAN TOUR
OF THE UK
AUGUST 2021....**

**GET THEM CASES
PACKED..!!**

