

# November 2021 – Richmond & Sandgate

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><u>1</u> 11:00 Fit as a Fiddle – R.Lounge 11:30 Words games – Café Bar 16:00 Cinema Club with cakes and popcorn – R.lounge</p>	<p><u>2</u> 10:00 Manicures - Library 11:00 Adapted Thai Chi - R. lounge 11:30 Skittles - Reception 16:00 Music club – Reception</p>	<p><u>3</u> 11:00 Music with Pat &amp; Dave – Reception 11:00 Kingston Advocacy group – Café Bar 12:00 Boccia – Reception 16:00 Make tissue paper poppies - Reception</p>	<p><u>4</u> 11:00 Bollywood dancing - Reception 11:30 Bonfire night Bingo – Reception 16:00 Anna’s farewell party – Sandgate</p>	<p><u>5</u> 11:00 Star moves – R.lounge 11:30 Cooking with Rida: Cake pops – Reception 12:00 Book club - Library 16:00 Making firework jars – Reception</p>	<p><u>6</u> 11:00 Quiz with Anne – Café Bar 16:00 Board games – Café bar</p>	<p><u>7</u> 11:30 Spiritual hour - Reception 16:00 Film club: Waterloo Bridge (1940s) – R.lounge</p>
<p><u>8</u> 11:00 Fit as a Fiddle – R.Lounge 11:30 Words games – Café Bar 15:30 Whiskey tasting – Café bar</p>	<p><u>9</u> 10:00 Manicures - Library 11:00 Adapted Thai Chi - R. lounge 11:30 Skittles - Reception 16:00 Music club – Reception</p>	<p><u>10</u> 11:00 Kingston Advocacy group – Café Bar 11:30 Boccia – Reception 16:00 Science experiments: Lava lamps – Reception</p>	<p><u>11</u> 11:00 Remembrance service – Reception 12:00 Glass of sherry and music – Reception 16:00 Afternoon of poetry– Café Bar</p>	<p><u>12</u> OUTING - Richmond 11:00 Star moves – R.lounge 11:30 Cooking with Rida: – Reception 12:00 Book club - Library 16:00 Remembrance tea – Café Bar</p>	<p><u>13</u> 11:00 Art club: making Mandala art – Reception 16:00 Sing along to your favourite songs – Café Bar</p>	<p><u>14</u> 11:30 Spiritual hour - Reception 16:00 Quiz with Anne – Café Bar</p>
<p><u>15</u> OUTING – Sandgate 11:00 Fit as a Fiddle – R.Lounge 11:30 Skittles – Reception 16:00 Cinema Club with cakes and popcorn – R.lounge</p>	<p><u>16</u> 10:00 Manicures - Library 11:30 Flower arranging with Sharon - Reception 16:00 Music club – Reception</p>	<p><u>17</u> 11:00 Kingston Advocacy group – Café Bar 11:30 Boccia - Reception 16:00 Arts and crafts - Reception</p>	<p><u>18</u> 11:00 Lost chord concert- Reception 16:00 Mrs Windsor’s 100<sup>th</sup> Birthday Tea Party – Café Bar</p>	<p><u>19</u> OUTING - Richmond 11:00 Star moves – R.lounge 11:30 Cooking with Rida: Pizza – Reception 12:00 Book club - Library 16:00 Biscuit decorating – Reception</p>	<p><u>20</u> 11:00 Quiz with Anne – Café Bar 16:00 Board games – Café bar</p>	<p><u>21</u> 11:30 Spiritual hour - Reception 16:00 Film: The Wizard of Oz – R.lounge</p>
<p><u>22</u> OUTING – Sandgate 11:00 Fit as a Fiddle – R.Lounge 11:30 Arts &amp; Crafts: Pebble painting – Reception 16:00 Karaoke – Café bar</p>	<p><u>23</u> 10:00 Manicures - Library 11:00 Adapted Thai Chi - R. lounge 11:30 Coffee morning in support of Alzheimer's day – Café bar 16:00 Music club – Reception</p>	<p><u>24</u> 11:00 Kingston Advocacy group – Café Bar 11:30 Boccia - Reception 16:00 Disco Dave – Reception</p>	<p><u>25</u> 11:30 Bingo – Reception 16:00 Krispy Kreme afternoon tea – Café bar</p>	<p><u>26</u> OUTING - Richmond 11:00 Star moves – R.lounge 11:30 Cooking with Rida: Cookies – Reception 12:00 Book club - Library 16:00 Reflexology – R.lounge</p>	<p><u>27</u> 11:30 Skittles - Reception 16:00 Board games – Café bar</p>	<p><u>28</u> 11:30 Spiritual hour - Reception 16:00 Quiz with Anne – Café Bar</p>
<p><u>29</u> OUTING – Sandgate 11:00 Fit as a Fiddle – R.Lounge 11:30 Origami - Reception 16:00 Karaoke – Café bar</p>	<p><u>30</u> 10:00 Manicures - Library 11:00 Adapted Thai Chi - R. lounge 11:30 Skittles - Reception 16:00 Music club – café bar</p>					

# November 2021 – Lister

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>1</u> <b>11:30 Physically Fit</b> - Meadow <b>16:00 Sensory Time: OMI table –</b> Meadow	<u>2</u> <b>10:00 Manicures -</b> Library <b>11:30 Dance Group</b> - Meadow <b>16:00 Music Club –</b> Reception	<u>3</u> <b>11:00 Music with Pat &amp; Dave -</b> Reception <b>16:00 Come and play bowls –</b> Meadow	<u>4</u> <b>11:00 Adapted Thai Chi - Meadow</b> <b>11:30 Baking Club with Lesley &amp; Laura - Meadow</b> <b>16:00 Bonfire night Bingo –</b> Meadow	<u>5</u> <b>11:30 Cooking with Rida –</b> Reception <b>12:00 Book Club: A bit of a sweet tooth – Meadow</b> <b>16:00 Sing along–</b> Meadow	<u>6</u> <b>11:30 Skittles - Meadow</b> <b>16:00 Cinema Club with cakes and popcorn–</b> R.lounge	<u>7</u> <b>12:00 Spiritual Hour -</b> Lavender <b>16:00 Games –</b> Meadow
<u>8</u> <b>11:30 Physically Fit</b> - Meadow <b>16:00 Sensory Time: OMI table –</b> Meadow	<u>9</u> <b>10:00 Manicures -</b> Library <b>11:30 Dance Group</b> - Meadow <b>16:00 Music Club –</b> Reception	<u>10</u> <b>11:30 Coffee Morning -</b> Meadow <b>16:00 Boccia -</b> Meadow	<u>11</u> <b>11:00 Remembrance service – Reception</b> <b>12:00 Glass of sherry and music – Reception</b> <b>16:00 Cinema Club with cakes and popcorn – R.lounge</b>	<u>12</u> <b>11:30 Cooking with Rida – Reception</b> <b>12:00 Book Club: A bit of a sweet tooth – Meadow</b> <b>16:00 Karaoke - Meadow</b>	<u>13</u> <b>11:30 Skittles - Meadow</b> <b>16:00 Sherry, crackers and music – Meadow</b>	<u>14</u> <b>12:00 Spiritual Hour -</b> Lavender <b>16:00 Games –</b> Meadow
<u>15</u> <b>11:30 Physically Fit</b> - Meadow <b>16:00 Sensory Time: OMI table –</b> Meadow	<u>16</u> <b>10:00 Manicures -</b> Library <b>11:30 Flower arranging with Sharon - Reception</b> <b>16:00 Music Club –</b> Reception	<u>17</u> <b>OUTING</b> <b>11:30 Bingo -</b> Meadow <b>15:30 Afternoon Coffee &amp; Music -</b> Meadow	<u>18</u> <b>11:00 Lost chord concert- Reception</b> <b>16:00 Mrs Windsor's 100<sup>th</sup> Birthday Tea Party– Café Bar</b>	<u>19</u> <b>11:30 Cooking with Rida: - Reception</b> <b>12:00 Book Club: A bit of a sweet tooth – Meadow</b> <b>16:00 Come and play bowls – Meadow</b>	<u>20</u> <b>11:30 Skittles - Meadow</b> <b>16:00 Celebrating Gwyneth's birthday – Meadow</b>	<u>21</u> <b>12:00 Spiritual Hour -</b> Lavender <b>16:00 Games –</b> Meadow
<u>22</u> <b>11:30 Physically Fit</b> - Meadow <b>15:30 Sensory Time: OMI table –</b> Meadow	<u>23</u> <b>10:00 Manicures - Library</b> <b>11:30 Coffee morning in support of Alzheimer's day – Café bar</b> <b>16:00 Music Club –</b> Reception	<u>24</u> <b>OUTING</b> <b>11: 30 Biscuit decorating -</b> Meadow <b>15:00 Boccia -</b> Meadow	<u>25</u> <b>11:00 Adapted Thai Chi - Meadow</b> <b>11:30 Bingo –</b> Reception <b>16:00 Aqua Painting –</b> Meadow	<u>26</u> <b>11:30 Cooking with Rida: – Reception</b> <b>12:00 Book Club: A bit of a sweet tooth – Meadow</b> <b>16:00 Music Session - Meadow</b>	<u>27</u> <b>11:30 Skittles - Meadow</b> <b>16:00 Cinema Club with cakes and popcorn – R.lounge</b>	<u>28</u> <b>12:00 Spiritual Hour -</b> Lavender <b>16:00 Games –</b> Meadow
<u>29</u> <b>11:30 Physically Fit</b> - Meadow <b>16:00 Sensory Time: OMI table –</b> Meadow	<u>30</u> <b>10:00 Manicures –</b> Library <b>11:00 Dance Group -</b> Meadow <b>16:00 Music Club –</b> Reception					