

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch						
Beef Bourguignon with mushrooms and silver skin onions	Steamed Cod with a Rustic Tomato Sauce	Roast Pork with apple sauce	Homemade Cottage pie topped with a fluffy potato topping	Battered Haddock with tartar sauce and lemon	Hunters chicken with a rich Barbecue Sauce	Roast leg of lamb with rosemary and mint jus
Gammon steak with a parsley sauce	Turkey a la king with peppers and a white wine sauce	Haddock and spring onion fish cakes	Lambs liver with a rich onion gravy	Chicken Thai Green Curry served with rice	Meatloaf with a rich onion Gravy	Fillet of Seabass with a lemon sauce
Sliced potatoes Mashed potatoes Cauliflower Carrots	Croquette potatoes Mashed potatoes Green beans Peas	Roasted potatoes Mashed potatoes Braised Leeks Carrots	Dauphinoise potatoes Mashed potatoes Sugar snap peas Red Cabbage	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Diced potatoes Mashed potatoes Savoy cabbage Steamed carrots	Roast potatoes Mashed potatoes Broccoli Cauliflower cheese
Sticky Toffee Pudding served with Custard	Poached pears with red wine and cinnamon	Semolina with strawberry jam	Spotted dick with custard	Banoffee sponge	Spiced plum crumble with fruit compote	Date sponge pudding with custard
Supper						
Red lentil soup	Sweet potato and carrot soup	Mulligatawny soup	Vegetable Soup	Carrot and orange soup	Cream of potato and leek soup	Butternut squash soup
Honey and mustard sausages	Tomato and cheese pizza	Pasta bolognaise	Breaded mushrooms with garlic dip	Spaghetti on toast	Homemade quiche Lorraine with side salad	Choose your own sandwich Crisps Sausage rolls Tandoori chicken thighs
Breaded Plaice goujons with Tartar sauce	Poached eggs on Toast	Spring rolls with chilli sauce	Cod fishcakes with tartar sauce	Goats Cheese Tarts Served with a crispy Green Salad	Prawn cocktail served with Brown Bread	Breaded plaice with lemon mayo
Chocolate Tart with cream	Banana mousse	Fruit fool	Strawberry tarts	Fruit cocktail & cream	Chocolate eclairs	Traditional scones and cream

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Chicken and leek Pie topped with shortcrust pastry	Shepherd's pie topped with a fluffy Potato topping	Chicken in a creamy white wine sauce	Roast Turkey with Cranberry sauce	Poached or Battered Haddock with tartar sauce and lemon	Chicken in Garlic and Tomato Sauce	Roast beef with Yorkshire puddings and horseradish sauce
Scampi and Chips served with Tartare Sauce	Cod mornay with a cheese white sauce	Slow cooked braised pork belly with apple sauce	Lancashire hot pot with a rich gravy	Sweet and sour pork served with rice	Marinated lamb chops with a redcurrant and red wine sauce	Poached fillet of Salmon with a creamy dill sauce
Chipped Potatoes Mashed potatoes Baton carrots Steamed Courgettes	Boulangerie potatoes Mashed potatoes Garden peas Mangetout	Roast potatoes Mashed potatoes Broccoli florets Savoy cabbage	Sauté potatoes Mashed potatoes Green beans Buttered carrots	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Croquette potatoes Mashed potatoes Creamy Leeks Carrots	Roast potatoes Mashed potatoes Garden Peas Broad beans Cauliflower cheese
Apple and blackberry pie served with custard	Orange bread and butter pudding served with custard	Mincemeat tart served with custard	Cherry and apple crumble with Custard	Jam and Coconut Sponge served with custard	Creamy rice pudding served with jam	Pear and almond sponge served with custard
Supper						
Cauliflower and cumin soup	Cock a leekie soup	Spicy roasted parsnip soup	Potato and broccoli soup	Carrot and orange soup	Broccoli and stilton soup	Green pea and Ham Soup
Pate served with melba toast and salad garnish	Tomato and Cheese pizza	Macaroni cheese served with Garlic bread	Leek and Mushroom Carbonara	Egg mayonnaise on a bed of lettuce	Pork meatballs with a tomato sauce	Choose your own sandwich: Crisps
Mild chilli con carne served with rice	Mushrooms served on a toast	Roasted red pepper Quiche	Chicken and chorizo Kebabs	Cheese and onion slice	Scrambled egg on crumpets	Sausage rolls Pork pie
Fruit jelly	Raspberry mousse	Black forest Gateaux	Strawberry cheesecake	Lemon Posset	Banoffee gateaux	Fruit cocktail and cream

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Steak, mushroom and red wine shortcrust pie	Fisherman's pie with creamy potato and cheese topping	Roast loin of pork with sage and onion stuffing and apple sauce	Braised lamb casserole with mint dumplings	Poached or Battered Haddock with tartare sauce	Traditional cottage pie with sweet potato mash	Roast chicken with fruit stuffing
Pork Schnitzel (breaded pork escalope) with a Smokey tomato sauce	Sweet and sour Chicken served with rice	Meat and potato pie topped with a short crust pastry	Pork spare ribs with a rich barbecue sauce	Mild Chicken Curry with Rice	Pork a la king with a cream and mixed pepper sauce	Baked fillet of Seabass with a lemon and caper sauce
Croquette potatoes Mashed potatoes Creamed Leeks Green Beans	Herby Diced Potatoes Mashed potatoes Roast Butternut Squash Carrots	Roast potatoes Mashed potatoes Carrots Green Beans	Croquette potatoes Mashed potatoes Broccoli florets Swede	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Sliced potatoes Mashed potatoes Buttered carrots Roasted parsnips	Roast potatoes Mashed potatoes Savoy Cabbage Garden Peas Cauliflower gratin
Treacle tart with custard or Cream	Apple Sponge served with custard	Traditional jam roly poly with custard	Lemon meringue pie with custard or cream	Apple and cinnamon crumble with custard	Honey and ginger bread and butter pudding	Chocolate sponge with chocolate custard
Supper						
Cream of tomato soup	Stilton soup with croutons	Scotch Broth soup	Potato and celery soup	Minestrone soup	Green pea and mint soup	Ham and chickpea soup
Jacket potatoes with ham, cheese and onion topping	Fish Fingers with lemon and tartare sauce	Ham and vegetable crumble with creamy mustard sauce	Smoked salmon and scrambled egg on toast	Honey and mustard roasted Sausages	Cornish pasties with a tangy pickle	Choose your own sandwich: Sausage rolls Tikka chicken Thighs Crisps
Deep Fried Mushrooms with Garlic Mayonnaise	Vegetable quiche served with potato wedges	Chicken and mushroom pies	Spring rolls served with sweet chilli sauce	Breaded Chicken Goujons with Garlic Mayonnaise	Bacon and egg muffin	Tuna pasta bake
Mandarins in syrup	Mixed berry trifle	Chocolate profiteroles	Strawberry cheesecake	Jelly and custard	Assorted jam tarts	Traditional scones and cream

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Traditional beef lasagne with garlic bread	Poached fillet of plaice with a mushroom sauce	Honey glazed roast gammon with an apricot sauce	Lamb and rosemary pie topped with shortcrust pastry.	Poached or Battered Cod with tartare sauce	Lamb Casserole with Minted dumplings	Roast beef with Yorkshire puddings
Turkey and stilton pie topped with a puff pastry layer	Beef steaks in a rich red wine sauce	Chicken Chasseur with a white wine and mushroom sauce	Beef stew served with herby dumplings	Chicken Tikka Masala served with Rice	Cumberland sausage with a red onion gravy	Grilled fillet of Poached Salmon with a lemon and dill sauce
Dauphinoise potatoes Mashed potatoes Mangetout Carrots	Diced potatoes Mashed potatoes Green beans Cauliflower	Roast potatoes Mashed potatoes Broccoli Garden Peas	Sliced potatoes Mashed potatoes Steamed courgettes Sweet corn	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Croquette potatoes Mashed potatoes Mashed swede Savoy Cabbage	Roast potatoes Mashed potatoes Roast parsnips Cauliflower cheese
Baked rice pudding with cinnamon and cream	Bananas served with Custard	Apple pie Served with custard	Steamed, sultana, ginger and syrup sponge with custard	Chocolate and banana bread and butter pudding	Mixed fruit crumble Served with custard	Chocolate Brownie served with cream
Supper						
Mixed vegetable and barley broth	Carrot and coriander soup	Chicken and sweetcorn soup	Creamy Mushroom soup	Cream of Vegetable soup	Sweet potato soup	Cream of celery soup
Cheese and onion slice	Hot Dogs and Onions	Breaded Mozzarella sticks with sweet chilli sauce	Fish Fingers with Tartar sauce	Spaghetti Bolognaise	Smoked salmon & prawn cocktail with bread & butter	Choose your own sandwich Crisps Sausage rolls Pork pie
Beef burgers with onions	Pate served with melba toast and salad	Tomato and Cheese Quiche	Chicken Kebab with cucumber and yoghurt dip	Breaded Chicken Goujons with Barbecue sauce	Steak slice	Cheese & onion quiches
Mille Feuille	Lemon almond Tart	Fruit Meringue Nests	Strawberry Gateaux	Tiramisu	Chocolate Mousse	Paul's sherry trifle

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