



**Royal Star
& Garter**

Care with courage

November - 2019 Events, Activities & Outings for Solihull





Events for November

Activities and Events that are taking place this month

Fri	1	10.30 12.00 14.30	Roundel Sensory Group— - Roundel Anything Goes- Residents Meeting and Sherry - Activity Room Toffee apple's fun for Autumn - Activity Room
Mon	4 	11.30 14.30	Fun and Frolics – Volley Ball - Reception Pamper Parlour - Meditation and Relaxation– with Remembrance Day approaching, a quiet reflective time to pay special tribute to those we have lost.— Activity Room
Tues	5 	11.30 11.30 14.30	Daily Sparkle Reminiscing, with Remembrance Poems - Activity Room Roundel– ‘Go With the Flow’ – Roundel Tuesday workout— A sing-a-long with Peter Tonks playing the piano- Reception - Activity Room
Wed	6	11.30 14.30	Becca Gee is here to perform for us, come and enjoy the show. - Reception Gent's club games and a beer– Bar
Thu	7 	14.30	Crafts– Poppy making to decorate the reception. Come and help us make beautiful poppies for the up coming remembrance weekend events. - Activity Room
Fri	8	10.30 11.30 15.00	Roundel Sensory Group - Roundel Anything Goes - Bingo — Reception Family Friday Social (the more the merrier residents/team/friends) Tea and cakes with Mike Sullivan playing the piano. Join us for the perfect chilled out afternoon!- Reception
Mon	11	10.30 14.30	Remembrance Day Service - Dinning Room Followed by Reflection and sherry's in bar area Pamper Parlour - Nails - Activity Room
Tue	12	10.30 14.30	Heart-Beeps Nursery visit— Roundel Come and join in while the little ones play. Tuesday Workout - upper limb gym- Activity Room
Wed	13	11.30 14.30	Olivia is here to perform for us. Come along and enjoy - Reception Mid Week Pick-Me-Up! - Dominoes Club - Reception

Thu	14	14.30	Crafts– Monthly Baking Group . A very special baking group- Come and help us make our homes Christmas cake! We will need to get it ready early and feed it very week so it is nice a boozy in time for Christmas day — Activity Room
Fri	15	10.30 12.00 14.30	Roundel Sensory Group - Roundel Anything Goes- Tai Chi with Nic - Reception Family Friday Social- Staff Vs. Resident Quiz (the more the merrier residents/team/friends) - Reception
Mon	18	11.30 14.30	Fun and Frolics – Curling. - Reception Pamper Parlour - Meditation and Relaxation - Activity Room
Tues	19	14.30	Tuesday Workout– come and give your lungs a workout, with Peter Tonks on the piano- Activity Room
Wed	20	11.30	Beryl Brisco is here to perform for us, come and enjoy the show. - Reception
Thu	21	14.30	Crafts– Flower Arranging. Come and get stuck in to get prepared for our Christmas flowers. — Activity Room
Fri	22	10.30 11.30 14.30	Roundel Sensory Group- . - Roundel Anything Goes– Bingo — Reception Family Friday Social—take– away a tippie. Come and make your very homemade baileys to start the festive season. Activity Room
Mon	25	11.30 14.30	Fun and Frolics - Volley Ball - Reception Pamper Parlour - Nails- — Activity Room
Tues	26	14.30	Tuesday Workout - Tai Chi with Nic - Reception - Reception
Wed	27	11.30 14.30	Ladder to the moon production of Casablanca– Dinning room Mid Week Pick-Me-Up! Dominoes Club - Reception
Thu	28	14.30	Crafts- RSGH Choirs come and join ‘The Sound Of Music’ sing-a-long Come along and join ‘The Sound of Music’ sing-a-long rehearsals Reception
Fri	29	10.00 10.30 11.30 15.00	The body shop stall is in the reception area. Roundel Sensory Group - - Roundel Anything Goes - Upper limb gym with the physio team— Activity Room Family Friday Social (the more the merrier residents/team/friends) Tea, Cakes and a sing-a-long with Peter Tonks playing the piano-. Reception



Church Services for November

Sun	3	11.30	Join us for Sunday Hymns— Reception
Wed	6	14.30	St Alphege Church of England Service Activity room
Sun	10	11.30 Trip	Join us for Sunday Hymns— Reception Remembrance Day Civic Service— Solihull War Memorial
Thu	14	14.00	St Augustine Roman Catholic Service Activity Room
Sun	17	11.30	Join us for Sunday Hymns— Reception
Wed	20	14.30	Methodist Church service — Reception
Sun	24	11.30	Join us for Sunday Hymns— Reception

In loving Memory

Our thoughts and prayers are with:

Peter Davies and his family

John James and his family

And Grace Bartley and her family



Trips Out For November

FRI	1st	14.00	16.30	Laura Ashley Tea Rooms Room Afternoon Scones & Tea
MON	4th	11.30	15.00	PUB LUNCH THE FIELDHOUSE
WED	6th	10.30	13.00	SHOPPING SOLIHULL SHUTTLE
SUN	10th	10.00	12.00	REMEMBRANCE DAY SERVICE. St Alphege Church Solihull.
MON	11th	14.00	16.30	Feckenham WWI Memorial Drive.
WED	13th	10.00	13.00	SHOPPING KINGFISHER REDDITCH
Fri	15th	10.30	12..30	Scenic drive with refreshment stop
MON	18th	11.30	15.00	CHINESE BUFFET LUNCH WING WAH
WED	20th	10.30	13.00	SHOPPING SOLIHULL SHUTTLE
WED	20th	14.00	16.00	GENTS – BRITISH LEGION AFTERNOON VISIT
SAT	23rd	16.00	LATE	BIRMINGHAM INTERNATIONAL TATTOO (Packed Lunch)
SUN	24th	12.00	18.00	BIRMINGHAM INTERNATIONAL TATTOO (Packed Lunch)
TUES	26th	11.30	15.00	PUB LUNCH The Reservoir Earlswood.
WED	27th	10.00	13.00	SHOPPING KINGFISHER REDDITCH
FRI	29th	14.00	16.15	Afternoon Tea at The POTTING SHED SINGLETONS GARDEN CENTRE

Please be aware that trip times may vary due to circumstances beyond our control. We will always strive to adhere to the planned times.



Regular Activities

SAME TIME, SAME DAY, EVERY WEEK

The Activities Department is always open and EVERYONE is welcome to enjoy this space for crafts, baking, computers, coffee, games and company

Every Mon	10.30	Movement to Music – Reception
	10.30	One to one visits and catch ups with the Activities Team.
	11.30	Fun and Frolics- (see monthly program) — Reception
	14.30	Pamper Parlour (see monthly program) - Activity Room
Every Tue	10.30	Art Cafe— Activity Room
	11.30	Daily Sparkle Reminiscing Tea Party— Activity Room
	11.30	Roundel– ‘Go with the Flow– Roundel
	14.30	Tuesday Workout- (see monthly program) — Reception/ Activity Room
Every Wed	10.30	Movement to Music – Reception
	10.30	One to one visits and catch ups with the Activities Team.
	11.30	Mid Week Entertainment- Bring your best singing voice — Reception
	14.30	Mid Week Pick– Me –Up! (see monthly program) — Reception/ Activity Room
	14.30	What's on the Box? - come and join us to watch the Netflix series ‘The Crown’ — Activity Room
Every Thu	10.00	Arts & Crafts with Dawn— Activity Room
	11.30	Pub Quiz— Reception
	11.30	Roundel Sensory Group– Singing for the soul – Roundel
	14.30	Crafts (see monthly programme)— Activity Room
Every Fri	10.30	Movement to Music – Reception
	10.30	One to one visits and catch ups with the Activities Team.
	10.30	Roundel Sensory Group (see programme) – Roundel
	11.30	Anything Goes (see monthly program) — Reception/ Activity
	15.00	Friday Social (see monthly program) - Reception



Weekend programme for November

Sat	2	Led by Linley	11.30 14.30	Make your own parkin cake! Get ready for fireworks night– Activity Room Bonfire Guy Fawkes Quiz– Bar
Sun	3	Led by Linley	11.30 14.30	Sunday Hymns– Reception 'Pick-a-mix' A Movie of your choice– Activity Room
Sat	9	Led by Croucher	All Day 19.30	Remembrance Crafts– Poppy making as done in the week Tudor Grange fire work display to be seen on the roof terrace with refreshments
Sun	10	Led by Croucher	11.30 14.30	Sunday Hymns– Reception 'Pick-a-mix' A Movie of your choice– Activity Room
Sat	16	Led by Whiteley	11.30 14.30	Beetle Drive – Bar Christmas Card making– Activity Room
Sun	17	Led by Whiteley	11.30 14.30	Sunday Hymns– Reception 'Pick-a-mix' A Movie of your choice– Activity Room
Sat	23	Led by Linley	11.30 14.30	General Quiz– Bar Area Cold sweet treats! YUM– Activity Room
Sun	24	Led by Linley	11.30 14.30	Sunday Hymns– Reception -'Pick-a-mix' A Movie of your choice– Activity Room
Sat	30	Led by Croucher	11.30 14.30	Show box wrapping for our soldiers– Activity Room/ Word games and puzzles– Bar Area



Royal Star & Garter

Care with courage

Remembrance Day is a memorial day observed in Commonwealth member states since the end of the First World War to remember the members of their armed forces who have died in the line of duty. Following a tradition inaugurated by King George V in 1919, the day is also marked by war remembrances in many non-Commonwealth countries.

Remembrance Day is observed on 11 November in most countries to recall the end of hostilities of First World War on that date in 1918. Hostilities formally ended "at the 11th hour of the 11th day of the 11th month", in accordance with the armistice signed by representatives of Germany and the Entente. The First World War officially ended with the signing of the Treaty of Versailles on 28 June 1919.

The tradition of Remembrance Day evolved out of Armistice Day. The initial Armistice Day was observed at Buckingham Palace, commencing with King George V hosting a "Banquet in Honour of the President of the French Republic" during the evening hours of 10 November 1919. The first official Armistice Day was subsequently held on the grounds of Buckingham Palace the following morning. During the Second World War, many countries changed the name of the holiday. Member states of the Commonwealth of Nations adopted Remembrance Day.



THE INQUISITIVE MIND OF A CHILD

Why are they selling poppies, mummy?

Selling poppies in town today

The poppies, child are flowers of love

For the men who marched away.

But why have they chosen a poppy, mummy?

Why not a beautiful rose?

Because my child, men fought and died

In the fields where the poppy grows.

But why are the poppies so red, mummy?

Why are the poppies so red?

Red is the colour of blood, my child

The blood our soldiers shed.

The heart of the poppy is black, mummy

Why does it have to be black?

Black my child, is the symbol of grief

For the men who never came back.

But, why mummy, are you crying so?

Your tears are giving you pain

My tears are my fears for you, my child,

For the world is FORGETTING AGAIN.