

RSGH Gentlemans Club

Club meetings and activity's this month include.....

Monday 13th— 14.30-16.00 -Gents cards & dominoes” afternoon with a pint!- reception

Wednesday 15th—10.15-16.00- Gents Club Cricket Edgbaston WCCC

Due to restricted places, Please make sure you give your name to Kevin asap, should we wish to attend any of the gentleman's club trips.

Hairdresser Update

As some of you my know Karen has had to leave us due to health reasons. Don't worry she has assured us she will stay in touch and come back to visit.

We wish her all the best and thank her for her wonderful



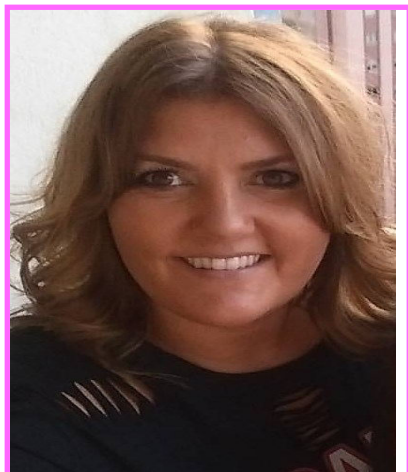
MEET OUR NEW HAIRDRESSER-

Hello my name is Louise

My job role at the Royal Star & Garter is a Hairdresser.

I have worked as a hairdresser for many years mainly within salons until recently becoming self-employed and running my own salon.

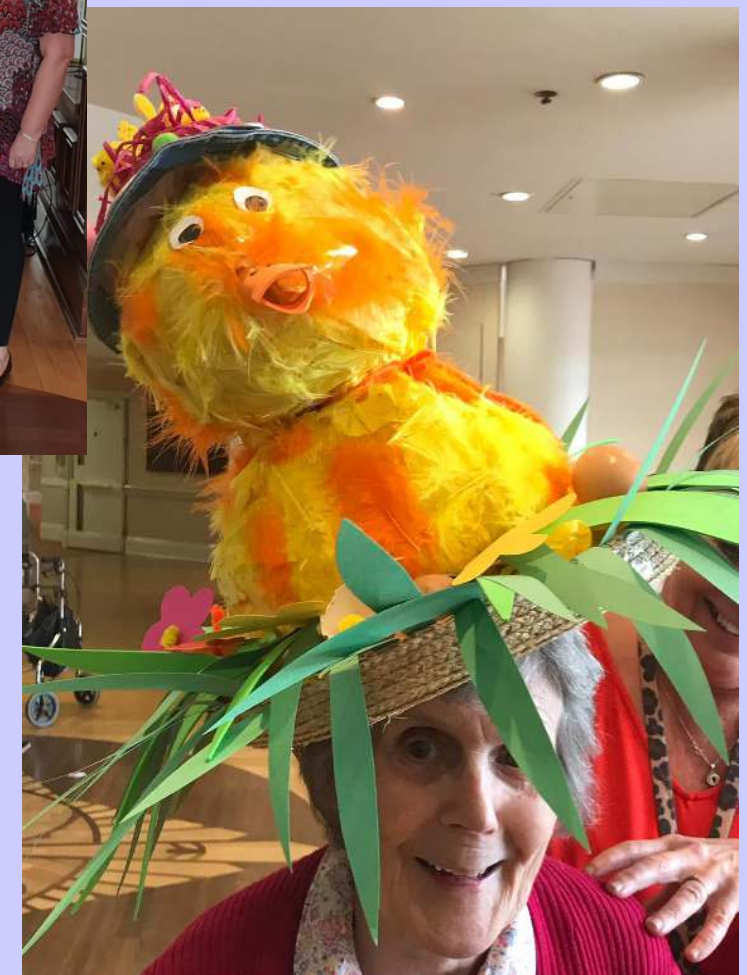
I am married to Richard, we have 2 grown up daughters and 3 grandchildren (2 boys and 1 girl). We also have a dog named Winnie. My spare time is spent with my family, days out and socialising with friends.



Events, Activities & Outings for Solihull

May

2019

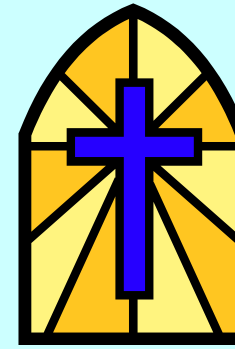




Events for May

Activities and Events that are taking place this month

Wed	1	11.30	Misty Duo sing for us, come along and join the fun. — Reception
Thur	2	11.30	The RSGH post Mayday Morris Dancers entertain you. Followed by the crowning of the May Queen/King - Reception
Fri	3	All day	Dress up Friday!- National Red Lippie day for dementia– don't forget to pucker up!
		11.30	Residents meeting Coffee Morning—Activity Room
		14.30	Family Friday Social (the more the merrier residents/team/friends) word games and quiz.- Reception
Mon	6	All day	BANK Holiday Monday FUN!! Come along and make your very own May Day baskets— Activity room
		14.30	May Day Quiz and Traditional Maypole cake— Reception
Tues	7	11.30	Guest speak Alan Oliver is here to talk about 'The Life of Monty' (Field Marshal Montgomery)— Reception
		14.30	Peter Tonks is here; join us for a sing a long- Reception
Wed	8	11.30	VE Day celebrations, Becca Gee is here to perform for us!! Come along for a song and a dance! —Reception
		13.00	Party buffet lunch- Dining Room
Thur	9	14.30	Tai Chi with Nicola—Reception
Fri	10	11.30	As a celebration of Florence Nightingale's birthday today we say a BIG Thank you to our Nurses and HCA's at the RSGH for all they do for us. Join us for a tea party and to hand out a special little treat to all our nurses and HCA's. —Reception
		15.00	Family Friday Social (the more the merrier residents/team/friends) Tea and cakes with Mike Sullivan playing the piano. Join us for the perfect chilled out afternoon!- Reception
Tue	14	10.30	Heart-beeps Nursery visit, Come and join in while the little ones play.— Dining Room
Wed	15	11.30	The wonderful Olivia is here to sing for us- Reception



Church Services

This Month

Wed	1	14.30	St Alphege Church of England Service Activity room
Sun	5	11.30	Join us for Sunday Hymns—Reception
Thu	9	14.00	St Augustine Roman Catholic Service Activity Room
Sun	12	11.30	Join us for Sunday Hymns—Reception
Wed	15	14.30	Methodist Church service —Reception
Sun	19	11.30	Join us for Sunday Hymns—Reception
Sun	26	11.30	Join us for Sunday Hymns—Reception

In loving Memory

Our thoughts and prayers are with:

Dorothy Adams and her family,



Trips out for May

Please understand that trips are always subject to change / amendment on the day due to unforeseen circumstance. Apologies in advance for any inconvenience this may cause.

Wed	1	11.30	14.30	Pub Lunch... The Finest Catch
Fri	3	10.30	16.00	Stratford / Armoury. (packed Lunches)
Mon	6	14.00	16.00	Scenic Trip / Drive Studley / Alcester
Wed	8	11.30	14.30	Pub Lunch... The Fieldhouse
Fri	10	10.30	15.30	Motor Museum Kineton. (packed Lunches)
Mon	13	10.00	13.00	The Kingfisher Redditch.. Shopping
Wed	15	10.15	16.00	Gents Club Cricket Edgbaston WCCC
Sat	18	13.45	17.00	Jesus Christ Super Star (Theatre)
Mon	20	10.30	13.00	SOLIHULL.. Shopping Shuttle Trip.
Mon	20	14.00	16.00	Dementia Awareness memory walk Henley in Arden gardens with ice cream.
Wed	22	11.30	14.30	Pub Lunch.. The Reservoir Earlswood
Thur	23	09.00	Late	BUCKINGHAM PALACE GARDEN PARTY
Fri	24	10.30	13.00	Melbicks Garden centre visit.
Fri	24	14.00	16.00	Dementia Awareness Drive. Henley
Tues	28	11.30	14.30	Pub Lunch... The Fieldhouse.
Thur	30	14.00	16.00	Scenic Drive Hatton Locks / Warwick

Thur	16	14.30	Monthly flower arranging group- come and get stuck in and create a beautiful arrangement to brighten your room. —Activity Room
Fri	17	11.30 14.30	Beetle drive! —Reception Family Friday Social (the more the merrier residents/team/friends) perfect chilled out afternoon! Pamper and bubbly - —Activity Room
Mon	20	14.30	Memory walk with ice cream trip for Dementia Awareness week.
Tues	21	11.30 11.30	Sensory reminiscing group for Dementia Awareness week. —Roundel Interact Story Telling— Activity Room
Wed	22	11.30	Old time sing along for Dementia Awareness week. Come and enjoy a wonderful show; Music and a good old sing-a-long.—Reception
Thur	23	14.30	Time for a tea party! – with baking– for Dementia Awareness week— —Activity Room
Fri	24	All day 12.00 15.00	Dress up Friday for dementia– colourful flowers! Don't be afraid to stand out from the crowd in your most colourful summer floral's Tai Chi with Nicola—Reception Family Friday Social (the more the merrier residents/team/friends) perfect chilled out afternoon!- coma and join us for a cocktail and knees up! - Reception
Mon	27	11.30	BANK Holiday Monday FUN!! Curling competition. Prize for the winning team. —Reception
Tues	28	14.30	Monthly baking group– come and enjoy a pinch of fun, a spoonful of delight and a mouthful of whatever we create, baking some Flap jack. Yum! —Activity Room
Wed	29	11.00 11.30	Royal British Legion are here for a coffee and a chat– Bar Andante are here to perform a tribute to the beetles and all things 60's! come along and enjoy!— Reception
Thur	30	10.30	Cricket world cup showing - match 1– England vs south Africa—Dining room
Fri	31	10.30 11.30 15.00	Cricket world cup showing - match 2– West Indies vs Pakistan—Dining room Bingo —Reception Family Friday Social (the more the merrier residents/team/friends) Tea, cakes and a sing-a-long with Peter Tonks playing the piano- Reception



Regular Activities

SAME TIME, SAME DAY, EVERY WEEK

The Activities Department is always open and EVERYONE is welcome to enjoy this space for crafts, baking, computers, coffee, games & company

Every Mon	10.30	Movement to Music – Reception
	10.30	Group Activities– Go with the Flow. — Activity Room
	11.30	Fun and frolics Curling— Reception
	14.30	Pamper Parlour ladies/gents come and join us—Activity Room
	14.30	Gentleman’s club — Activity Room
Every Tue	10.30	Art Cafe—Activity Room
	11.30	Daily Sparkle Reminiscing tea party—Activity Room
	14.30	Roundel Crafts Class– Roundel
	14.30	Gardening club, planting, potting and crafting- Activity Room
Every Wed	10.30	Movement to Music – Reception
	10.30	Inner Peace Relaxation Group– Activity Room
	11.30	Mid week Entertainment- Bring your best singing voice— Reception
	14.00	News of the World discussion Group– Reception
	15.00	Upper Limb Gym– Activity Room
Every Thu	10.00	Arts & Crafts with Dawn—Activity Room
	11.30	Pub Quiz— Reception
	11.30	Roundel Sensory Group– Singing for the soul – Roundel
	14.30	RSGH Choir– Come along and join our very own home Choir– Activity Room
	14.30	Pub Quiz/Word games- Reception
Every Fri	10.30	Movement to Music – Reception
	10.30	Group Activities– Go with the Flow. — Activity Room
	11.30	Anything Goes (see monthly program)
	15.00	Friday Social (see monthly program)- Reception



Weekend programme for May

Sat	4	11.00	Ancestry with Paul Wilkins.– on houses
Sun	5	11.30 14.30	Join us for Sunday hymns—reception Film afternoon– Join us for an “on the waves” Cinema experience showing– Mutiny on the bounty– Activity room
Mon	6	All day 14.30	BANK Holiday Monday FUN!! Come along and make your very own may day baskets– Activity room May Day Quiz and traditional maypole cake– Reception
sat	11	11.30 14.30	VE Day quiz– Reception Come and make and enjoy some cold sweet treats– Activity room
sun	12	11.30 14.30	Join us for Sunday Hymns—Reception Film afternoon. Join us for an ‘On the Waves’ Cinema experience Showing ‘ Master and Commander —Activity Room
sat	18	11.30 14.30	Curling– Reception Quiz– Bar area
sun	19	11.30 14.30	Join us for Sunday Hymns– Reception Film afternoon. Join us for an ‘On the Waves’ Cinema experience Showing The Sea Hawk—Activity Room
sat	25	11.30 14.30	Beetle Drive – Reception Word games and puzzles– Activity room
sun	26	11.30 14.30	Join us for Sunday Hymns– Reception Film afternoon. Join us for an ‘On the Waves’ Cinema experience Showing U571—Activity Room
Mon	27	All day	Bank Holiday Monday FUN!! Curling competition. Prize for the winning team. —Reception