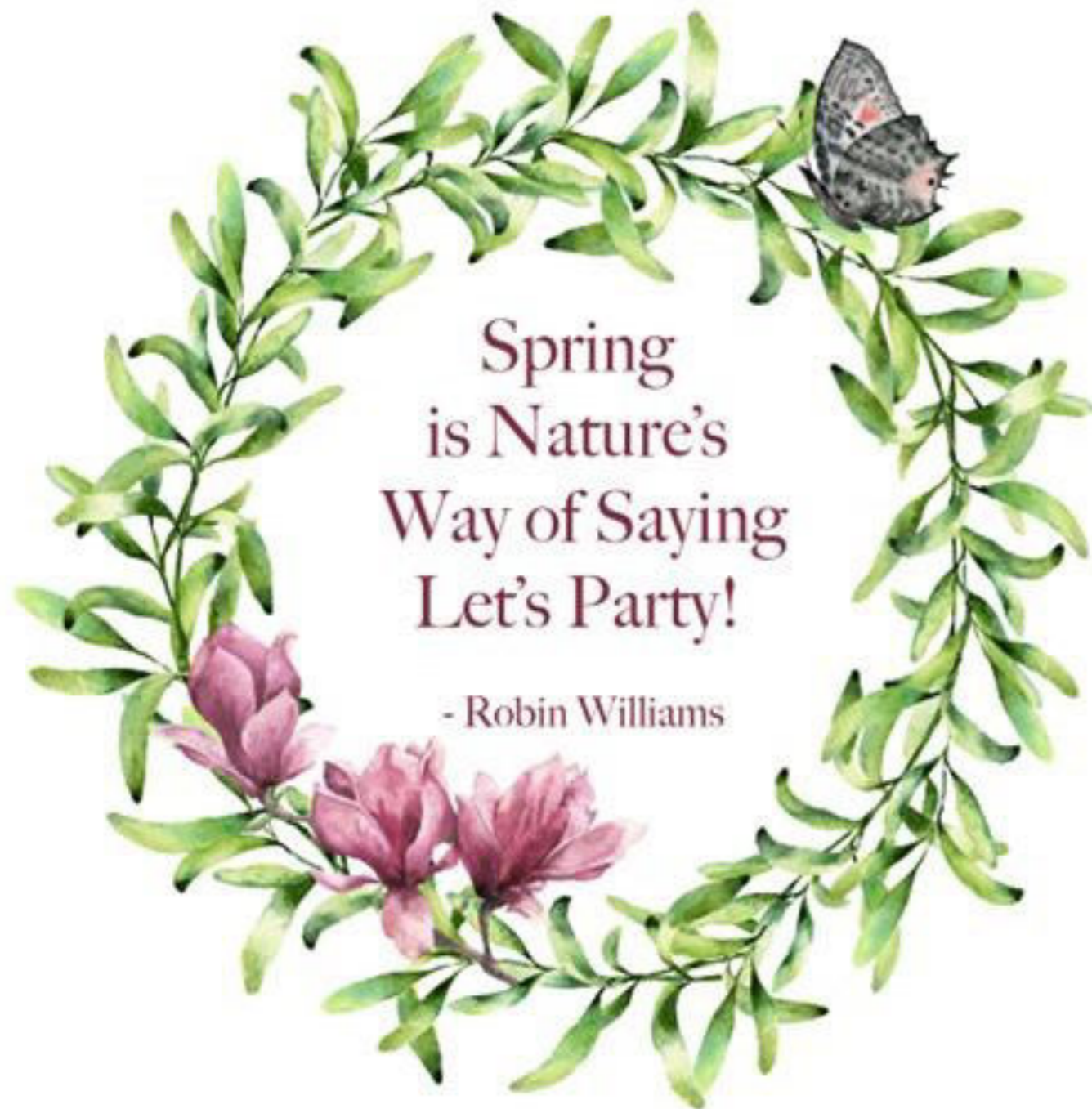




# Events, Activities & Outings for Solihull

## March 2019



# Events for March

Activities and Events that are taking place this month

Fri	1	11.30	Residents Meeting - <a href="#">Reception</a>
		13.00	St David's Day themed lunch— <a href="#">Dining Room</a>
		15.00	Family Friday Social (the more the merrier residents/team/friends) dementia UK's time for a cuppa afternoon. And what's better than tea with welsh cakes!. — <a href="#">Activity Room</a>
Mon	4	10.30	Tudor Grange students visit for a chat— <a href="#">Reception</a>
Tues	5	11.30	Shrove Tuesday pancake hunt! With team Puzzles and games— staff Vs. Residents. Come along and enjoy the fun.
Wed	6		Ash Wednesday
		10.30	Tudor Grange students visit for a chat— <a href="#">Reception</a>
		11.30	David Knowles is here to perform for us — <a href="#">Reception</a>
Thur	7	14.30	Monthly flower arranging group- come and get stuck in and create a beautiful arrangement to brighten your room. — <a href="#">Activity Room</a>
Fri	8	11.30	Big prize Bingo! – <a href="#">Reception</a>
		15.00	Family Friday Social (the more the merrier residents/team/friends) Tea and cakes with Mike Sullivan playing the piano. Joined us for the perfect chilled out afternoon!- <a href="#">Reception</a>
Mon	11	10.30	Tudor Grange students visit for a chat— <a href="#">Reception</a>
Tues	12	10.30	Heartbeeps Nursery visit— <a href="#">Activity room</a> Come and join in while the little ones play.
		14.30	Peter Tonks plays for us - <a href="#">Reception</a>
		PM	Come and met Sam the greyhound, who will be available to lots of love in the reception.
Wed	13	<b>Allday</b>	<b>Dress Up Wednesday!!—<a href="#">Shamrock Green</a></b>
		10.30	Tudor Grange students visit for a chat— <a href="#">Reception</a>
		11.30	St Patricks Day Shindig with And Green here entertainment— <a href="#">Reception</a>
		13.00	St. Patricks themed lunch- <a href="#">Dining Room</a>
Thurs	14	14.30	Monthly baking group— come and enjoy a pinch of fun, a spoonful of delight and a mouthful of whatever we create, baking some valentines jam heart tarts. Yum! — <a href="#">Activity Room</a>

Fri	15	11.30	Beetle Drive! Get into your teams and lets get ready to Roll that dice! <b>Reception</b>
		15.00	Family Friday Social (the more the merrier residents/team/friends) Afternoon chocolate delights! Come and treat yourselves. Yum. – <b>Reception</b>
Mon	18	10.30	Tudor Grange students visit for a chat– <b>Reception</b>
Tues	19	11.30	Interact Storytelling— <b>Activity Room</b>
Wed	20	10.30	Tudor Grange students visit for a chat– <b>Reception</b>
		11.30	Paulo Pinto is here to sing for us. Come and enjoy a song and a dance. — <b>Reception</b>
Thurs	21	14.30	Join us this afternoon with a creative fun writing game To mark World poetry day. Together we can crate a masterpiece — <b>Activity Room</b>
Fri	22	12.00	Tai Chi with Nicola— <b>Reception</b>
		14.30	Family Friday Social (the more the merrier residents/team/friends) if there one thing us Brits enjoy it's a good cup of tea, but can you tell the difference between a bag or loose, earl grey or English break, come and try a tea tasting! - <b>Reception</b>
Mon	25	10.30	Tudor Grange students visit for a chat– <b>Reception</b>
Wed	27	10.30	Royal British Legion coffee morning– <b>Bar</b>
		10.30	Tudor Grange students visit for a chat– <b>Reception</b>
		11.30	Come and enjoy a celebration of world theatre day with 'The Best of the West End Great Musicals' show. — <b>Reception</b>
Thurs	28	10.00	Body shop stall, lot's of goodies to buy— <b>Reception.</b>
		14.30	Monthly film afternoon. Celebrating a month of movie Westerns! 'Tombstone'— <b>Activity Room</b>
Fri	29	11.30	Staff Vs residents Quiz– come and have a go if you think your smart enough!– <b>Reception</b>
		15.00	Family Friday Social (the more the merrier residents/team/friends) Tea, cakes and a sing-a-long with Peter Tonks playing the piano- <b>Reception</b>
Sun	31	11.30	A special mothers day treat. Phoebe is here to perform for you today with a 50's Sweetheart's mothers day show. Come and enjoy. — <b>Reception</b>



# Regular Activities

SAME TIME, SAME DAY, EVERY WEEK

The Activities Department is always open and EVERYONE is welcome to enjoy this space for crafts, baking, computers, coffee, games & company

Every Mon	10.30	Movement to Music – <b>Reception</b>
	10.30	Inner Peace Relaxation Group— <b>Activity Room</b>
	11.30	Fun and frolics Curling — <b>Reception</b>
	14.30	Pamper Parlour ladies/gents Nail care, Come and join us, you deserve it! :)
Every Tue	10.30	Art Cafe — <b>Activity Room</b>
	11.30	Daily Sparkle Reminiscing tea party— <b>Activity Room</b>
	14.30	<i>Roundel crafts class– Roundel</i>
	14.30	Gardening - planting and potting ready for the summer— <b>Activity Room (NEW)</b>
Every Wed	10.30	Movement to Music – <b>Reception</b>
	10.30	Inner Peace Relaxation Group — <b>Activity Room</b>
	11.30	Mid week Entertainment- Bring your best singing voice— <b>Reception</b>
	14.00	News of the World discussion group – <b>Activity Room</b>
	15.00	Upper Limb Gym— <b>Activity Room</b>
Every Thu	10.00	Arts & Crafts with Dawn— <b>Activity Room</b>
	11.30	<i>Roundel Sensory singing for the Soul class– Roundel</i>
	11.30	Pub Quiz— <b>Reception</b>
	14.30	RSGH Solihull Choir — <b>Activity Room</b>
Every Fri	10.30	Movement to Music – <b>Reception</b>
	10.30	Inner Peace relaxation Group— <b>Activity Room</b>
	11.30	Anything Goes (see monthly program) <b>Reception</b>
	15.00	Friday Social (see monthly program)- <b>Reception</b>



# Weekend programme for March

Sat	2	11.30	Ancestry with Paul Wilkins.– <b>on houses</b>
Sun	3	10.30 14.30	Sunday Hymns— <b>Café/Bar</b> Film afternoon. Join us for a Western Cinema experience Showing 'True Grit'— <b>Activity Room</b>
Sat	9	11.30	Quiz– The four house Quiz. Come and represent your house in the inter-house quiz.– <b>Reception</b>
Sun	10	10.00 14.30	Sunday Hymns— <b>Café/Bar</b> Film afternoon. Join us for a Western Cinema experience Showing '3:10 to Uma'— <b>Activity Room</b>
Sat	16	11.30	Cold Bake treats and sweets. Come and have a go at making some delicious sweet treat. — <b>Activity Room</b>
Sun	17	10.00 14.30	Sunday Hymns— <b>Café/Bar</b> Film afternoon. Join us for a Western Cinema experience Showing 'The magnificent 7'— <b>Activity Room</b>
Sat	23	11.00	Curling – <b>Reception</b>
Sun	24	10.00 14.30	Sunday Hymns— <b>Café/Bar</b> Film afternoon. Join us for a Western Cinema experience Showing 'The Good the Bad and the Ugly' — <b>Activity Room</b>
Sat	30	11.30	Easter card making – <b>Reception</b>
Sun	31	11.30	Mother day show– 50's sweethearts – <b>Reception</b>

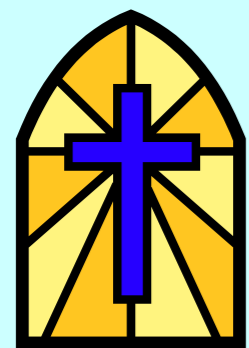
Lots of extras with the Team on the Houses...Just Ask

- ◆ **Movie night/afternoon**
- ◆ **Pampering**
- ◆ **Quiz's**
- ◆ **Crafts**
- Board Games**
- Word games**
- One to one chats**
- Life Story work with your folder**



# Trips out for March

MON	4	10.30	13.00	SOLIHULL SHOPPING SHUTTLE
WED	6	11.30	14.30	PUB LUNCH at The BOAT Catherine de Barnes
THURS	7	17.00	22.30	SCOUTS GANG SHOW....!!!!!! - Nottingham
FRI	8	10.00	15.00	National Trust CROOME inc RAF DEFFORD & Museum..... (Lunch out at RAF Defford)..!!
MON	11	11.00	15.00	THSH....Lunch time Organ Concert. (Packed Lunch)..!!
WED	13	11.30	14.30	PUB LUNCH at The RED HOUSE Solihull
FRI	15	11.00	15.00	The National Motorcycle Museum Bickenhill (Lunch out at Museum)...!!!
MON	18	10.30	13.00	SOLIHULL SHOPPING SHUTTLE
WED	20	11.30	14.30	PUB LUNCH at The Sharmans Cross Solihull
FRI	22	14.00	16.30	GARDEN CENTRE trip to BLOOMS Berkswell
MON	25	10.00	13.00	REDDITCH KINGFISHER SHOPPING TRIP
WED	27	11.30	14.30	Lunch at the FINEST CATCH Henley in Arden
FRI	29	14.00	16.30	Scenic Drive Kenilworth & Historic Castle



# Church Services

Please speak with Activity Team if you would like a Priest/Vicar to visit you

Sun	3	11.30	Join us for Sunday Hymns—Reception
Wed	6	14.30	St Alphege Church of England Service Activity room
Sun	10	11.30	Join us for Sunday Hymns—Reception
Thu	14	14.00	St Augustine Roman Catholic Service Activity Room
Sun	17	11.30	Join us for Sunday Hymns—Reception
Wed	20	14.30	Methodist Church service —Reception (NEW)
Sun	24	11.30	Join us for Sunday Hymns—Reception
Sun	31	10.30	Join us for Sunday Hymns—Reception

### In loving Memory

Our thoughts and prayers are with:

Phyllis Bray And her family,

Muriel Roberts and her family,

# Celebrations for St. Davids-day and St. Patricks day!



## St David's Day

A land of rugged mountains  
A land of finest slate  
The sound of rushing rivers  
Gives us cause to celebrate.

A land of ancient forests  
Green valleys, grazing sheep  
Gives the people of St David  
A land they wish to keep.

Follow the red dragon flag  
In parades led by Welsh bands  
Raise voices in the choirs  
To salute this lovely land.

For here in Wales, or far away  
The Welsh remember still  
And on St David's day with pride  
Wear leek or daffodil.



## Fun Facts About Leprechauns

1. Leprechauns are a type of fairy
2. Leprechauns are very sneaky
3. The word leprechaun means "small body"
4. Legend has it that they dance the Irish jig so much they wear out their shoes
5. They hide their gold at the end of the rainbow
6. There are leprechaun sightings back to the 13th century
7. They are the bankers & shoemakers of the fairy world
8. They originally wore all red
9. There are no girl leprechauns
10. If you catch a leprechaun they grant you 3 wishes in exchange for their freedom

