



**Royal Star
& Garter**

Care with courage

February - 2020

**Events, Activities
& Outings for Solihull**



Events for February

Activities and Events that are taking place this month

Mon	3	11.30 14.30	Fun and Frolics- Curling– Reception Pamper Parlour - Nails - Activity Room
Tues	4	10.30 14.30	Hart Beeps Nursery Visit, Come and join in while the little ones play– Roundel Tuesday Workout- Peter Tonks—Reception
Wed	5	11.30 14.30	Beryl Briscoe is here to sing for us, come along and enjoy the show– Reception Mid Week pick me up!– Dominoes Club– Bar
Thu	6	14.30	Troop Aid talk and afternoon tea and cake.– Reception
Fri	7	10.30 11.30 14.30	Roundel sensory group– Flower arranging– Roundel Residents meeting Coffee Morning— Activity Room Family Friday Social— tea and cakes with a game of musical bingo – Reception
Mon	10	11.30 14.30	Fun and Frolic– Volley Ball– Reception Pamper Parlour– Meditation and relaxation– Activity Room
Tue	11	11.30 14.30	Interact story telling -Activity Room Tuesday Workout– Ti chi with the physio team– Reception
Wed	12	11.30 14.30	Phoebe is here to perform her 50's sweetheart show. It is the month of love after all! - Reception Mid Week pick me up– Dominoes– Bar
Thu	13	14.30	Crafts—RSGH choir—Come and join us for a sound of music sing along! - Reception
Fri	14	10.30 11.30 14.30	Roundel sensory group– scenic drive. Anything goes– Upper limb Gym- Activity Room Family Friday Social— Peter Tonks is here to serenade us with love songs- Reception

Events for February

Activities and Events that are taking place this month

Mon	17	11.30 14.30	Fun and Frolics- Curling- Reception Pamper Parlour - Nails - Activity Room
Tues	18	14.30	Tuesday Workout- Sing a long with Peter Tonks - Reception
Wed	19	11.30	Love is in the air, and Andante are here to perform for us- Reception
Thu	20	14.30	Crafts- Crafts- Flower arranging Come and create a beautiful arrangement- Activity Room
Fri	21	10.30 11.30 14.30	Roundel sensory group- scenic drive. Anything goes- Ti chi with the physio team- Reception Family Friday Social- Mike Sullivan is here to serenade us with love songs- Reception
Mon	24	11.30 14.30	Fun and Frolic- Volley Ball- Reception Pamper Parlour- Meditation and relaxation- Activity Room
Tues	25	13.00 14.30	Its Shrove Tuesday, and that can only mean one thing, its pancakes on the menu this lunch time, enjoy.— Dining Room Upper limb gym, get ready for a flip'in good time with pancake tossing- Reception
Wed	26	11.30 14.00	Olivia is here to perform for us- Reception Catering meeting! Come along and have your input into menu choice with in the home.— orangery
Thu	27	14.30	Crafts- Monthly Baking Group-come along and help us make our very own welsh cakes in time for St. David's Day. - Activity Room
Fri	28	10.30 11.30 14.30	Roundel sensory group- cold bake treats- Roundel. Anything Goes- Bingo! - Reception Family Friday Social- St David's day celebrations with the Welsh national opera, and Welsh quiz - Reception

Trips Out For February

MON	3RD	11.30	15.00	PUB LUNCH... THE BARN Hockley Heath.
WED	5TH	10.30	13.00	SOLIHULL SHOPPING SHUTTLE
THURS	6TH	10.00	11.45	Church Service at St Alphege Solihull.
FRI	7TH	14.00	16.15	GARDEN CENTRE VISIT & Afternoon Teas
MON	10TH	11.30	15.00	PUB LUNCH... THE FIELDHOUSE Monkspath
WED	12TH	10.00	13.00	KINGFISHER REDDITCH SHOPPING CENTRE
FRI	14TH	10.30	15.00	NATIONAL MOTORCAR MUSEUM KINETON (Packed Lunches Reqd)
MON	17TH	11.30	15.00	PUB LUNCH... THE RESEVOIR Earlswood
WED A.M	19TH	10.30	13.00	SHOPPING SOLIHULL SHUTTLE
WED P.M	19TH	14.00	16.00	GENTS KNOWLE LEGION
FRI	21ST	14.00	16.30	SCENIC DRIVE... inc BURTON DASSETT (Battle of Edgehill) English Civil War1642
MON	24TH	11.30	15.00	PUB LUNCH... THE Winged Spur Ullenhall.
WED	26TH	10.30	13.00	SHOPPING SOLIHULL SHUTTLE
SAT	29TH	13.30	18.00	“OKLAHOMA” THE CORE THEATRE SOLIHULL

Regular Activities

SAME TIME, SAME DAY, EVERY WEEK

The Activities Department is always open and EVERYONE is welcome to enjoy this space for crafts, baking, computers, coffee, games and company

Every Mon	10.30	Movement to Music – Reception
	10.30	One to one visits and catch ups with the Activities Team.
	11.00	Roundel Aerobics– with the physio team– Roundel
	11.30	Fun and Frolics- (see monthly program) — Reception
	14.30	Pamper Parlour (see monthly program) - Activity Room
Every Tue	10.30	Art Cafe—Activity Room
	11.30	Daily Sparkle Reminiscing Tea Party—Activity Room
	11.30	Roundel– ‘Go with the Flow– Roundel
	14.30	Tuesday Workout- (see monthly program) — Reception/ Activity Room
Every Wed	10.30	Movement to Music – Reception
	10.30	One to one visits and catch ups with the Activities Team.
	11.30	Mid Week Entertainment- Bring your best singing voice —Reception
	14.30	Mid Week Pick– Me –Up! (see monthly program) — Reception/ Activity Room
	14.30	What's on the Box? - come and join us to watch the Netflix series ‘The Crown’ — Activity Room
Every Thu	10.00	Arts & Crafts with Dawn—Activity Room
	11.30	Pub Quiz— Reception
	11.30	Roundel Sensory Group– Singing for the soul – Roundel
	14.30	Crafts (see monthly programme)— Activity Room
Every Fri	10.30	Movement to Music – Reception
	10.30	One to one visits and catch ups with the Activities Team.
	10.30	Roundel Sensory Group (see programme) – Roundel
	11.30	Anything Goes (see monthly program) — Reception/ Activity
	15.00	Friday Social (see monthly program) - Reception

Don't forget there's always more to do.....

- Audio library
- Computers
- Volunteers
- Church Visits
- Pat therapy Dogs
- Aromatherapy
- Skype
- Ancestry
- iPad's
- And much more! ...just ask.

Church Services for February

Sun	2	11.30	Join us for Sunday Hymns— Orangery
Wed	5	14.30	St Alphege Church of England Service - Full Communion Orangery
Thu	6	10.00– 11.45	Trip- Church Service at St Alphege Solihull. (see trips)
Sun	9	11.30	Join us for Sunday Hymns— Orangery
Thu	13	14.00	St Augustine Roman Catholic Service- Orangery
Sun	16	11.30	Join us for Sunday Hymns— Orangery
Wed	19	14.30	Methodist Church service — Orangery
Sun	23	11.30	Join us for Sunday Hymns— Orangery

In loving Memory

Our thoughts and prayers are with:

Leonard Cooper and his family

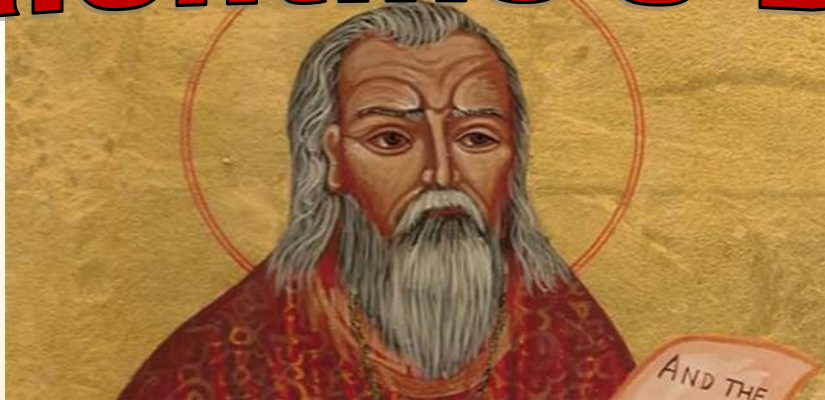
Glynne Jones and his family and

Monica Bilson and her family

Weekend programme for February

Sat	1	Led by croucher	11.30 14.30	Curling- Reception Poetry Reading- Bar Area
Sun	2	Led by Croucher	11.30 14.30	Sunday Hymns- Reception Quiz- reception
Sat	8	Led by croucher	11.30 14.30	Card Making- Activity Room Pub Quiz- Bar Area
Sun	9	Led by Croucher	11.30 14.30	Sunday Hymns- Reception Pick a Mix a movie- Activity Room
Sat	15	Led by Linley	11.30 14.30	Baked Cold sweet treats scones- Activity Room Play your cards right- Reception
Sun	16	Led by Linley	11.30 14.30	Sunday Hymns- Reception Pick a Mix a movie- Activity Room
Sat	22	Led by Linley	11.30 14.30	Word games and puzzles- Bar Area Reminiscing group- Reception
Sun	23	Led by Linley	11.30 14.30	Sunday Hymns- Reception Pick a Mix a movie- Activity Room
Sat	29	Led by croucher	11.30 14.30	Beetle Drive- Bar Area Dominoes- Bar Area

Valentine's Day



The most popular theory about Valentine's Day's origin is that Emperor Claudius II didn't want Roman men to marry during wartime. Bishop Valentine went against his wishes and performed secret weddings. For this, Valentine was jailed and executed. While in jail he wrote a note to the jailer's daughter signing it "from your Valentine."

In Victorian times, it was considered bad luck to sign a Valentine's Day card.

About 1 billion Valentine's Day cards are exchanged each year. This makes it the second largest seasonal card sending time of the

Based on retail statistics, about 3% of pet owners will give gifts to their pets on this

How much do you know about the history of valentines day?

Questions

1. Who was the legendary Benedictine monk who invented champagne?
2. Which was Shakespeare's most romantic play?
3. What kind of flowers are traditionally given to symbolise love?
4. What other gift sometimes accompanies a bouquet of red roses?
5. What was first created by Pope Gelasius in 500 AD, then deleted from the Roman Calendar of Saints by Pope Paul VI in 1969?
6. "Valentine" was the name given to which kind of early Christian?
7. What day is Valentine's Day held on?
8. According to the *Legenda Aurea*, or *The Golden Legend*, a fictional work written by Jacobus de Voragine around 1260 AD, who wrote the very first Valentine's message on the eve of his execution?
9. Who did the fictional St Valentine send his message to?
10. What had St Valentine allegedly done for his jailer's daughter?
11. What was this fictional St Valentine being executed for?
12. As well as being the unofficial patron saint of love, what occupation is St Valentine also believed to be the patron of?
13. The British Museum holds a letter believed to be the oldest valentine still in existence. Who wrote it?
14. Today we associate love with the heart, but this wasn't always the case. In medieval times, which internal organ was believed to cause love?

Answers- 1. Dom Perignon, 2. Romeo and Juliet 3. red roses 4. chocolates 5. St Valentine's Day 6. Martyrs. 7. February 14th 8. St Valentine 9. The daughter of his jailer. 10. Cured her blindness 11. Performing marriages in secret, against the wishes of the emperor. 12. Bee keepers. 13. Charles d'Orléans, captured by the English at Agincourt, and then kept prisoner for the next twenty-five years. He passed his time writing sorrowful poetry, including the St. Valentine's Day letter that describes his sadness at being parted from his love. 14. The liver.