



Events, Activities & Outings for Solihull

February





Events for February

Activities and Events that are taking place this month

Fri	1	11.30	Residents Meeting - Reception
		15.00	Family Friday Social (the more the merrier residents/team/friends) Tea and cakes with Mike Sullivan playing the piano. Join us for the perfect chilled out afternoon!- Reception
Sat	2	14.00	Six nations rugby— Scotland vs. Italy
Mon	4	11.30	Interact Storytelling— Activity Room
Tues	5	10.30	Hartbeeps Nursery visit, Come and join the little ones with play.— Roundel
		13.00	Chinese new year themed lunch. Year of the Pig come and enjoy a taste of the orient. — Dinning Room
Wed	6	11.30	Becca Gee is here to perform for us. Come and join us for a good time. - Reception
		14.30	Solihull college international students are here for an afternoon chat - Reception
Fri	8	11.30	Tai Chi with Nicola— Reception
		15.00	Family Friday Social (the more the merrier residents/team/friends) Tea, cakes and a sing-a-long with Peter Tonks playing the piano- Reception
Sat	9	14.00	Six nations rugby— Scotland vs Ireland
Sun	10	15.00	Six nations rugby— England vs France
Mon	11	11.30	Our SALT team are here to deliver a session in nourishment Mocktails! Come and enjoy.— Bar Monthly film afternoon. Celebrating a month of movie Romance! 'Beauty and the Beast'— Activity Room
Tues	12	14.30	Peter Tonks plays for us - Reception



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Wed	13	11.30	Danny Harouche is here to entertain us with his sing-a-long special. This is his first performance with us, so lets make him welcome. — Dinning Room
Thurs	14	All-day 14.30	Wear red for Friendship Day– the colour of love -Hugs are in the Air! - Give someone a hug and brighten their day! Monthly flower arranging group- come and get stuck in and create a beautiful arrangement to brighten your room. — Activity Room
Fri	15	11.30 15.00	Big Prize Bingo!!! Come and have a go if you think your lucky enough! Family Friday Social (the more the merrier residents/team/friends) Monthly baking group– come and enjoy a pinch of fun, a spoonful of delight and a mouthful of whatever we create, baking some valentines jam heart tarts. Yum! — Activity Room
Wed	20	11.30	Debbie Mills is here to entertain us. So come along for a song and a dance as she sings for us— Reception
Fri	22	11.30 15.00	Beetle Drive! Get into your teams and lets get ready to Roll that dice!- Reception Family Friday Social (the more the merrier residents/team/friends) An afternoon at the Oscars!- Movie game/ quiz. — Reception
Sat	23	16.30	Six nations rugby— Wales vs. England
Tues	26	14.30	Peter Tonks plays for us - Reception
Wed	27	10.30 11.30	Royal British Legion coffee morning– Bar The wonderful Olivia is here to sing for us- Reception



Regular Activities

SAME TIME, SAME DAY, EVERY WEEK

The Activities Department is always open and EVERYONE is welcome

Every Mon	10.30 10.30 11.30 14.30 14.30	Movement to Music – Reception Inner Peace Relaxation Group— Activity Room Fun and frolics (volleyball/ curling/ skittles)— Reception News of the World discussion group – Activity Room <i>Roundel crafts class– Roundel (NEW)</i>
Every Tue	10.30 11.30 14.30	Colour Art Therapy—Activity Room Daily Sparkle Reminiscing tea party—Activity Room RSGH Solihull Choir —Activity Room (NEW)
Every Wed	10.30 10.30 11.30 15.00	Movement to Music – Reception Inner Peace Relaxation Group — Activity Room Mid week Entertainment- Bring your best singing voice—Reception Upper Limb Gym—Activity Room
Every Thu	10.00 11.30 11.30 14.30	Arts & Crafts with Dawn—Activity Room <i>Roundel Sensory class– Roundel (NEW)</i> Pub Quiz— Reception Pamper Parlour ladies/gents– with Charlie .Nail care, Come and join us, you deserve it! :)
Every Fri	10.30 10.30 11.30 15.00	Movement to Music – Reception Inner Peace relaxation Group— Activity Room Anything Goes (see monthly program) Reception Friday Social (see monthly program)- Reception



Weekend programme for February

Sat	2	11.30	Ancestry with Paul Wilkins.— on houses
Sun	3	10.30 14.30	Sunday Hymns—Café/Bar Film afternoon. Join us for a romantic Cinema experience Showing 'Roman Holiday—Activity Room
Sat	9	11.30	Quiz— The four house Quiz. Come and represent your house in the inter-house quiz.— Reception
Sun	10	10.00 14.30	Sunday Hymns—Café/Bar Film afternoon. Join us for a Romantic Cinema experience Showing 'The Notebook'—Activity Room
Sat	16	11.30	Cold Bake treats and sweets. Come and have a go at making some delicious sweet treat. —Activity Room
Sun	17	10.00 14.30	Sunday Hymns—Café/Bar Film afternoon. Join us for a romantic Cinema experience Showing 'Casablanca'—Activity Room
Sat	23	11.00	Curling – Reception
Sun	24	10.00 14.30	Sunday Hymns—Café/Bar Film afternoon. Join us for a Romantic Cinema experience Showing 'Pretty Woman'—Activity Room

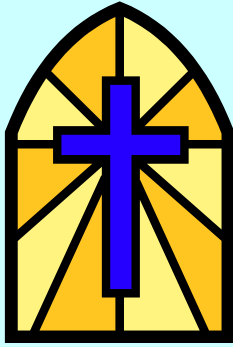
Lots of extras with the Team on the Houses...Just Ask

- ♦ Movie night/afternoon
- ♦ Pampering
- ♦ Quiz's
- ♦ Crafts
- ♦ Sing a longs
- ♦ Board Games
- ♦ Word games
- ♦ One to one chats
- ♦ Life Story work with your folder



Trips out for February

Fri	1	14.00	16.00	Melbicks Visit with Tea & Cake
Mon	4	10.30	13.00	Solihull Shuttle
Wed	6	11.30	14.30	Pub Lunch- The Robin Hood
Fri	8	10.00	16.00	Millennium Point / Think Tank with packed lunches
Mon	11	11.30	14.30	Pub Lunch- The Fieldhouse
Wed	13	10.30	13.00	Solihull Shuttle
Fri	15	10.00	15.00	Coventry Cathedral , Museum & Art Gallery and lunch
Mon	18	10.30	13.00	Solihull Shuttle
Wed	20	11.30	14.30	Pub Lunch— The Harvester Shirley
Fri	22	10.00	13.00	Scenic drive though historic Warwick
Mon	25	10.30	13.00	Solihull Shuttle
Wed	27	11.30	14.30	Pub Lunch- The Olton Tavern



Church Services

This Month

Sun	3	11.30	Join us for Sunday Hymns— Reception
Wed	6	14.30	St Alphege Church of England Service Activity room
Sun	10	11.30	Join us for Sunday Hymns— Reception
Thu	14	14.00	St Augustine Roman Catholic Service Activity Room
Sun	17	11.30	Join us for Sunday Hymns— Reception
Sun	24	11.30	Join us for Sunday Hymns— Reception

Rev Fisher from the United Reformed Church Service has now retired. We wish him a happy retirement, and I'm sure he will be popping in to visit. Please keep posted we are currently in talks to arrange a new person to hold the monthly Methodist service.

In loving Memory

Our thoughts and prayers are with:

Iris Pearson and her family,

Mary Bancroft and her family

Joan Taylor and her family,

Joan Taylors funeral will be held on the Wed 13th— please let us know if you would like to attend and pay your respects.

February



Winter walks
and starlit nights,
Good books and cozy hours,
Time for friends,
and heartfelt sharing,
Dreams of springtime flowers...
Although it may be short on days,
Each February brings
The simple little gifts we count
Among life's
precious things.

