



# **August- 2019**

## **Events, Activities**

## **& Outings for Solihull**





# Events for August

Activities and Events that are taking place this month

Thu	1	14.30	Crafts– Gardening. John is here, with a special demonstration of new gardening equipment, come and have a look and a try. — <a href="#">Activity Room</a>
Fri	2	11.30 15.00	Anything goes- Residents Meeting Coffee Morning— <a href="#">Activity Room</a> Family Friday Social (the more the merrier residents/team/friends) Tea and cakes with Mike Sullivan playing the piano. Join us for the perfect chilled out afternoon!- and Gin tasting. Come and sample the different Gin flavours that have been created by our very own RSGH gentleman club - <a href="#">Reception</a>
Mon	5	11.30 14.30	Fun and frolics– volley ball. - <a href="#">Reception</a> Pamper parlour– Salon Treats- — <a href="#">Activity Room</a>
Tue	6	10.30 14.30	Heart-beeps Nursery visit— <a href="#">Roundel</a> Come and join in while the little ones play. Tuesday workout- A sing-a-long with Peter Tonks playing the piano- <a href="#">Reception</a>
Wed	7	10.30 11.30 14.30	Coffee morning and Brain training– crossword– <a href="#">Bar</a> Becca Gee is here to perform for us, come along and enjoy the music!— <a href="#">Reception</a> Mid week pick-me-up!- Dominoes club- <a href="#">Reception</a>
Thu	8	14.30	Crafts– RSGH choirs come and join ‘The Sound Of Music’ sing-a-long rehearsals- - <a href="#">Reception</a>
Fri	9	12.00 14.30	Anything goes- Tai Chi with Nic — <a href="#">Reception</a> Family Friday Social- staff Vs resident Curling! - (the more the merrier residents/team/friends) - <a href="#">Reception</a>
Mon	12	11.30 14.30	Fun and frolics– curling - <a href="#">Reception</a> Pamper parlour– nails- — <a href="#">Activity Room</a>
Tue	13	11.30 14.30	Interact Storyteller— <a href="#">Activity Room</a> Tuesday workout– Upper limb Gym with the physio team- <a href="#">Activity Room</a>
Wed	14	10.30 11.30 14.30	Coffee morning and Brain training– word games – <a href="#">Bar</a> Olivia is back and here to sing for us!— <a href="#">Reception</a> Mid week pick-me-up!- New technology, interactive table demonstration — <a href="#">Reception</a>

Thu	15	11.00 14.30	VJ day flag ceremony and reminiscing — <b>Reception</b> Crafts– Flower arranging, come and get stuck in and create a beautiful arrangement to brighten your room. — <b>Activity Room</b>
Fri	16	12.00 14.30	<b>Dress up Friday– Sparkle and Shine!</b> Anything goes– Bingo — <b>Reception</b> Family Friday Social– Aerial acrobatics! Come and compete in a game of engineering fun. (the more the merrier residents/team/friends) - <b>Reception</b>
Mon	19	11.30 14.30	Fun and frolics– Skittles - <b>Reception</b> Pamper parlour– Meditation and relaxation — <b>Activity Room</b>
Tues	20	14.30	Tuesday workout– Tai Chi with the Physio team- <b>Reception</b>
Wed	21	10.30 11.30 14.30	Coffee morning and Brain training– literature – <b>Bar</b> Misty Duo are here to perform for us. come along and enjoy the entertainment. - <b>Reception</b> Mid week pick-me-up!- Gentleman's club– games and drinks- - <b>Reception</b>
Thu	22	14.30	Crafts– Monthly baking group– come and enjoy a pinch of fun, a spoonful of delight and a mouthful of whatever we create, baking some delicious fudge. Yum! — <b>Activity Room</b>
Fri	23	11.30 15.00	Anything goes- Upper limb Gym with the physio team— <b>Activity Room</b> Family Friday Social , Pimm's and Pool! (the more the merrier residents/team/friends) - <b>Reception</b>
<b>BANK HOLIDAY MON</b>	26	11.30 14.30	Fun and frolics– Curling - <b>Reception</b> Bank holiday competition– prepare your Stetson for the wild west Stetson parade on Wednesday– bonus points for the good, the bad and the ugly! — <b>on house's</b>
Tue	27	14.30	Tuesday workout- A sing-a-long with Peter Tonks playing the piano- <b>Reception</b>
Wed	28	10.30 11.30 14.30	<b>Dress up– Wild West!</b> Coffee morning and the wild west Stetson Parade – <b>Bar</b> Andante country show- come along and enjoy a 'hoot-scooting' good time at the hoe-down. - <b>Reception</b> Mid week pick-me-up!- Gentleman's club– games and drinks- - <b>Reception</b>
Thurs	29	14.30	Crafts– Gardening. — <b>Activity Room</b>
Fri	30	11.30 14.30	Anything goes- Ready, Steady, Roll!!! Beetle drive — <b>Reception</b> Family Friday Social (the more the merrier residents/team/friends) Tea, cakes and a sing-a-long with Peter Tonks playing the piano- <b>Reception</b>

# Regular Activities

SAME TIME, SAME DAY, EVERY WEEK

The Activities Department is always open and EVERYONE is welcome to enjoy this space for crafts, baking, computers, coffee, games and company



Every Mon	10.30 10.30 11.30 14.30	Movement to Music – <b>Reception</b> News of the World discussion Group– <b>Bar</b> Fun and frolics- (see monthly program) — <b>Reception</b> Pamper Parlour (see monthly program) - <b>Activity Room</b>
Every Tue	10.30 11.30 11.30 14.30	Art Cafe— <b>Activity Room</b> Daily Sparkle Reminiscing tea party— <b>Activity Room</b> Roundel– ‘Go with the Flow– <b>Roundel</b> Tuesday workout- (see monthly program) — <b>Reception/ Activity Room</b>
Every Wed	10.30 10.30 11.30 14.30	Movement to Music – <b>Reception</b> Coffee morning and brain training (see monthly program) — <b>Reception</b> Mid week Entertainment- Bring your best singing voice — <b>Reception</b> Mid week pick– me –up! (see monthly program) — <b>Reception/ Activity Room</b>
Every Thu	10.00 11.30 11.30 14.30	Arts & Crafts with Dawn— <b>Activity Room</b> Pub Quiz— <b>Reception</b> Roundel Sensory Group– Singing for the soul – <b>Roundel</b> Crafts (see monthly programme)— <b>Activity Room</b>
Every Fri	10.30 10.30 11.30 15.00	Movement to Music – <b>Reception</b> Roundel Sensory Group– <b>Roundel</b> Anything Goes (see monthly program) — <b>Reception/ Activity</b> Friday Social (see monthly program) - <b>Reception</b>



# Weekend programme for August

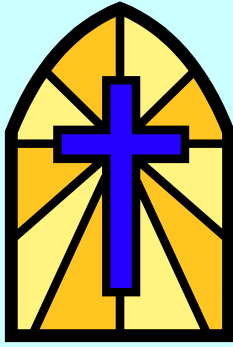
Sat	3	Led by Croucher	11.30 14.30	Curling– Reception Arts and crafts —Activity Room
Sun	4	Led by Croucher	11.30 14.30	Join us for Sunday hymns– Reception Film afternoon. Join us for a themed month of Summers here!- showing ‘Roman Holiday’ – Activity Room
sat	10	Led by Linley	11.30 14.30	Treat yourself to some sweet treats– Activity Room/ General Knowledge Quiz– Bar Area
sun	11	Led by Linley	11.30 14.30	Join us for Sunday hymns– Reception Film afternoon. Join us for a themed month of “Summers here!”- showing- ‘Carousel’ – Activity Room
sat	17	Led by Whiteley	11.30 14.30	Beetle Drive– Reception Games and Puzzles- Activity Room
sun	18	Led by Whiteley	11.30 14.30	Join us for Sunday hymns– Reception Film afternoon. Join us for a themed month of “Summers here!” - showing- ‘Jaws’ – Activity Room
sat	24	Led by Croucher	11.30 14.30	Skittles– Reception Canvas painting-Activity Room
sun	25	Led by Croucher	11.30 14.30	Join us for Sunday hymns– Reception Film afternoon. Join us for a themed month of “Summers here”! - showing - ‘Dirty Dancing’— Activity Room
<b>BANK HOLIDAY MON</b>	<b>26</b>	Led by Linley	11.30 14.30	Fun and frolics– Curling - Reception Bank holiday competition– prepare your Stetson for the wild west Stetson parade on Wednesday– bonus points for the good, the bad and the ugly! —on house’s
sat	31	Led by Linley	11.30 14.30	Crosswords and puzzles– Activity Room Pub Quiz– Reception



# **Trips out for August**

Please be aware that trip times may vary due to circumstances beyond our control. We will always strive to adhere to the planned times.

<b>Fri</b>	<b>2</b>	<b>14.00</b>	<b>16.30</b>	<b>Wyndley garden centre visit Knowles</b>
<b>Mon</b>	<b>5</b>	<b>11.30</b>	<b>15.00</b>	<b>Pub lunch- Fieldhouse</b>
<b>Wed</b>	<b>7</b>	<b>10.30</b>	<b>13.00</b>	<b>Shopping shuttle Solihull</b>
<b>Wed</b>	<b>7</b>	<b>Pm</b>		<b>Gentleman's club trip- British legion for drinks and game.</b>
<b>Fri</b>	<b>9</b>	<b>10.00</b>	<b>16.00</b>	<b>Severn valley steam railway trip (packed lunch required)</b>
<b>Mon</b>	<b>12</b>	<b>11.30</b>	<b>15.00</b>	<b>Pub lunch- robin hood carvery</b>
<b>Wed</b>	<b>14</b>	<b>10.15</b>	<b>13.00</b>	<b>Shopping trip kingfisher Redditch</b>
<b>Fri</b>	<b>16</b>	<b>10.30</b>	<b>16.00</b>	<b>Coventry cathedral &amp; museum visit (lunch out)</b>
<b>Mon</b>	<b>19</b>	<b>11.30</b>	<b>15.00</b>	<b>Pub lunch- the barn</b>
<b>Wed</b>	<b>21</b>	<b>10.30</b>	<b>13.00</b>	<b>Solihull shuttle</b>
<b>Fri</b>	<b>23</b>	<b>10.30</b>	<b>16.00</b>	<b>National arboretum all day trip (lunch out)</b>
<b>Mon</b>	<b>26</b>	<b>14.00</b>	<b>16.45</b>	<b>Scenic drive Alcester / Worcester</b>
<b>Tues</b>	<b>27</b>	<b>10.30</b>	<b>16.00</b>	<b>National trust visit Coughton court (packed lunch reqd)</b>
<b>Wed</b>	<b>28</b>	<b>11.30</b>	<b>15.00</b>	<b>Pub lunch the plough Shirley</b>



# Church Services

## This Month

Sun	4	11.30	Join us for Sunday Hymns— <b>Reception</b>
Wed	7	14.30	St Alphege Church of England Service <b>Activity room</b>
Sun	11	11.30	Join us for Sunday Hymns— <b>Reception</b>
Thu	8	14.00	St Augustine Roman Catholic Service <b>Activity Room</b>
Sun	18	11.30	Join us for Sunday Hymns— <b>Reception</b>
Wed	21	14.30	Methodist Church service — <b>Reception</b>
Sun	25	11.30	Join us for Sunday Hymns— <b>Reception</b>

### In loving Memory

Our thoughts and prayers are with:

Betty Moulstone and her family

Michael Jackson and his family

Tom Alsop and his family.

# RSGH Gentlemans Club

**Club meetings and activity's this month include.....**

**Wednesday 7th August— 14.30– 16.30– Gentleman's club trip– British legion for drinks and games**

**Wednesday 21st August– 14.30– In house gentleman club– Bar Games and a pint– Bar**

Due to restricted places, Please make sure you give your name to Kevin asap, should we wish to attend any of the gentleman's club trips.

## VJ DAY

In 1945 the End of World War II was celebrated on Victory over Japan (VJ) Day.

There was much joy and celebration around the world when on 15th August 1945 US President Harry S Truman declared the day as Victory over Japan Day. President Truman announced that the Japanese Government had agreed to comply in full with the Potsdam Declaration demanding the unconditional surrender of Japan.



At midnight, the British Prime Minister Clement Atlee confirmed the news in a broadcast saying, *“The last of our enemies is laid low.”* The Prime Minister expressed gratitude to Britain’s allies, in Australia and New Zealand, India, Burma, all countries occupied by Japan and to the USSR. But special thanks went to the United States *“without whose prodigious efforts the war in the East would still have many years to run”*.

The following evening King George VI addressed the nation and the Empire in a broadcast from his study at Buckingham Palace. *“Our hearts are full to overflowing, as are your own. Yet there is not one of us who has experienced this terrible war who does not realise that we shall feel its inevitable consequences long after we have all forgotten our rejoicings today.”*