

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LUNCH</b>						
Leek & potato soup	Vegetable soup	Tomato & basil soup	Carrot & coriander	Butternut squash soup	Cream mushroom soup	Broccoli & stilton soup
Grilled chicken with coconut lime slaw	Fisherman's pie with creamy potato & cheese topping	Slow Braised lamb with Mash & gravy	Stuffed chicken with pesto, ricotta & spinach	Hot dog with fried crispy onion	Cordon bleu chicken with creamy sauce	Baked fillet of seasonal fish with a caper sauce
Mushroom medley	Stuffed peppers with tomatoes, feta cheese. pesto & couscous	Crispy breaded halloumi finger with tomato salsa	Broccoli, spinach & mature cheddar mini quiches	Battered catch of the day with lemon wedges & tartar sauce	Spinach and potato gratin	Roast Lamb with mint sauce
Poached salmon with couscous & minted yoghurt	Lincolnshire sausages with a red onion marmalade	Stir fry beef noodles	Welsh lamb stew	Roasted aubergine parmigiana	Cottage pie	Quorn meat free with vegetable gravy
Mashed potatoes Red cabbage Cauliflower	Mashed potatoes Steamed carrot Green peas	Mashed potatoes Steamed swede Steamed broccoli	Mashed potatoes Cauliflower florets Green beans	Chipped potatoes Mashed potatoes Carrots Mushy peas	Mashed potatoes Steamed cabbage Green peas	Roast potatoes Mashed potatoes Roast Swede Roast parsnip
Fruit pie with custard	Black forest cheese cake	Rhubarb & strawberry cobbler with orange cream	Raspberry, lemon & frangipane tart	Banana split lasagne with fresh fruit	Rice pudding	Chocolate caramel custard
Daily salad	Daily salad	Daily salad	Daily salad	Daily salad	Daily salad	Daily salad
<b>SUPPER</b>						
Corned beef with fried egg	Bacon & onion pudding	Smoked salmon with scramble egg	Cornish pasty with pickles & gravy	Welsh rarebit with mix salad	Scampi served with lemon mayo	Lamb kebab skewers
Chicken satay with salsa dip	Ham tartlets	Vegetable pancake with grated cheese	Smoked haddock Florentine	BBQ chicken Goujons	Spaghetti on toast with cheese	Bubble & squeak
Herby Potatoes Roast squash Baked beans	Green beans Coleslaw Potato Wedges	Sweet potato fries Steamed carrot	Jacket wedges Green peas	Baked beans Steamed parsnip	Potato wedges Plum tomato French Beans	Steamed vegetables Baked beans
Peach & berries fruit with cream	Very berry oat crumble	Chocolate profiteroles	Pineapple sundaes	Sherry trifle & custard	Waffle with chocolate sauce & ice cream	Fruit cocktail & cream

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<b>LUNCH</b>						
Butternut squash soup	Cauliflower soup	Tomato soup	Sweet potato soup	Pepper & carrot soup	Parsnip soup	Vegetable soup
Lamb chops with bloody Mary tomato sauce	Parmesan breaded chicken escalope	Summer chicken stew	Spring roast lamb with lightly pickled allotment salad	Hand battered cod, with lemon & tartare sauce	Classic beef lasagne with garlic bread	Roast turkey with cranberry sauce
Salmon burgers with lemon sauce	Roast seabream with sorrel lemon sauce	Pork stroganoff	Baked chicken with tomato & basil sauce	Beef burger With tomato relish	Roast chicken with mash & gravy	Smoked hotdog with sauté onion
Cayenne grilled eggplant with fresh tomato salad	Feta & spinach fritters	Crust less asparagus with poached egg	Vegetable burger with tomato salsa	Mushroom Hash with grated cheese	Vegetable ratatouille	Cauliflower cheese bake
Mashed potatoes Poached parsnips Baton carrots	Mashed potatoes Roast vegetables Steamed broccoli	Rice Mashed potatoes Herby carrots Green peas	Mashed potatoes Green beans Cauliflower florets	Chipped potatoes Mashed potatoes Carrots Mushy peas	Mashed potatoes Steamed broccoli Steamed swede	Roast potatoes Mashed potatoes Steamed carrot Steamed parsnip
Daily salad	Daily salad	Daily salad	Daily salad	Daily salad	Daily salad	Daily salad
Fruit forest cheese cake	Sticky toffee pudding served with ice cream	Strawberry pavlova	Apple strudel with vanilla ice cream	Peach crumble with custard	Panna cotta with summer coulis	Lemon pudding with summer berries
<b>SUPPER</b>						
Quiche Lorraine with salad & new potatoes	Cheese & onion pasty	Smoked mackerel	Chicken & mushroom lattice	Homemade sausage roll served with gherkins	Smoked mackerel pate	Fish cakes with lemon mayo
Chorizo & pork sausages with gravy	Scotch egg with mix salad & gherkins	Macaroni cheese	Potato gratin with cheese and bacon	Smoked salmon & scramble egg	Chicken goujons with coleslaw	Bacon & egg tortilla
Green beans Boiled potatoes	Steamed swede Potato wedges	Wedges Hash Brown Mix salad	Steamed broccoli Potato Croquet	Plum tomato Sweet potato fries Green peas	Plum tomato Coleslaw Sauté Potatoes	Green beans Baked beans Hash brown
Lemon mousse	Eton mess with summer fruit	Chocolate mousse with blueberry	Profiteroles with chocolate sauce	Very berry trifle	Bread & butter pudding	Fruit trifle served with cream

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# Surbiton

## Spring & Summer - sample menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LUNCH</b>						
Cream mushroom soup	Sweet potato soup	Potato & celery soup	Tomato soup	Broccoli soup	Lentil soup	Roast pepper soup
Grilled chicken with mango, red onion & coriander salad	Roast salmon with lemon sauce	Slow cooked beef with vegetable fried rice	Braised lamb loin chop	Battered fish with tartar sauce and lemon wedges	Shepherd's pie	Roast leg of lamb with rosemary and mint jus
Beef stroganoff	Chicken a la king	Pork chops with tomato-bacon gravy	Beef & mushroom pie	Braised chicken thigh with slow-cook marinara	Chicken curry with mango chutney	Braised pork
Stuffed jacket potatoes with stilton cheese	Tomato medley & grilled halloumi	Stuffed pepper with couscous & roast veg	Broccoli & cheese bake	Potato & leek frittata	Vegetarian sausage with tomato salsa	Chick peas & herb moussaka
Daily salad	Daily salad	Daily salad	Daily salad	Daily salad	Daily salad	Daily salad
Mash potatoes Green peas Baton carrots Rice	Mashed potatoes Broccoli florets Steamed leak	Mashed potatoes Sweetcorn Herby carrot	Mashed potatoes Green beans Steamed parsnip	Chipped potatoes Mashed potatoes Carrots Mushy peas	Mashed potatoes Steamed cauliflower Green peas Rice	Roast potatoes Mashed potatoes Steamed carrot Green peas
Cream caramel	Butter scotch pudding	Black forest gateau	Strawberry gateau	Lemon curd Swiss roll	Bread & butter pudding	Lemon meringue pie
<b>SUPPER</b>						
Beef meatball	Chicken & mushroom pie	Scampi	Welsh rarebit with mix salad	Sausage roll	Pork meatballs	Lamb kofta
Poached chicken with garlic & lemon herb	Fresh salmon cakes	Macaroni cheese	Chicken pasta bake	Stir fry vegetable noodles	Jacket potato with choice of filling	Scampi with lemon mayo
Steamed vegetables Green beans	Mix salad Green peas Potato Mash	Roast vegetables Baked beans Potato Wedges	Steamed carrot Green peas	Steamed swede Steamed broccoli	Baked beans Potato croquets Green peas	Potato wedges Broccoli Baked beans
Fruit jelly with double cream	Strawberry tart	Tiramisu	Profiterole with chocolate sauce/custard	Lemon posset	Apple strudel with custard	Cream brûlée

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<b>LUNCH</b>						
Vegetable soup	Potato & onion soup	Parsnip soup	Carrot & coriander	Mushroom soup	Leek & potato	Vegetable & chicken
Spinach & parmesan baked salmon	Breaded chicken escalope with parmesan cheese	Creamy chicken & pesto pasta bake	Roast seabream with lemon & butter sauce	Hand battered seasonal fish with tartar sauce and lemon	Shepherd's pie	Roast Corn fed chicken
BBQ pork loaded baked potatoes	Cottage pie	Meat balls with spaghetti & parmesan cheese	Pork & bok choy stir fry	Pork chops in creamy mushroom sauce	Sweet & sour chicken	Poached plaice with white wine sauce
Cheese & mushroom pasties	Mini corn zucchini & ricotta fritters	Brunch pancakes with poached egg	Balsamic vegetables & Goat cheese puff	Roast aubergine with mozzarella & tomato	Spinach & cheese pasta bake	Vegetables burger with tomato salsa
Mashed potatoes Steamed carrot Green peas Rice	Mashed potatoes Green beans Steamed red cabbage	Mashed potatoes Steamed carrot Steamed parsnip	Mashed potatoes Green beans Steamed Swede	Chipped potatoes Mashed potatoes Steamed carrot Mushy peas	Mashed potatoes Green peas Roast vegetables Rice	Roast potatoes Mashed potatoes Roast carrot Roast parsnip
Daily salad	Cheese salad	Daily salad	Daily salad	Daily salad	Daily salad	Egg salad
Apple & almond crumble with custard	Mix fruit flan	Lemon posset	Farm house berries & apple pie	Mississippi pie with chocolate custard	Berry bake with fruit drizzle	Apple & ginger cream brûlée
<b>SUPPER</b>						
Scramble egg on toast with beans	Corned beef on toast	Bubble & squeak	Macaroni cheese	BBQ chicken strips	Chinese Samosa	Jumbo fish finger with lemon wedges
Scampi served with lemon mayo	Welsh rarebit	Chicken with stir fry vegetable	Smoked salmon on toast with cream cheese	Cod goujons with tartar sauce	Gala pie With gravy	Welsh rarebit
Croquette potatoes Baked beans Mix salad	Green beans Plum tomato Hash Brown	Sweet corn Steamed swede Mixed Salad	Garlic & herb bread Garden Peas Sweet Potato Fries	Potato wedges Broccoli Coleslaw	Green beans Baked beans Diced Potatoes	Plum tomato Steamed swede Sautee Potatoes
Strawberry labneh with short bread	Lemon meringue	Berries & chocolate tray bake	Crème caramel	Crème Brule	Apple strudel with custard	Semolina with jam

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