

Special events



September 2021

RICHMOND & SANDGATE

DAY	DATE	TIME	ACTIVITY NAME	PLACE
Monthly Theme		In The Air		
Mon	30th	11.00	Fit as a Fiddle – fun exercises to music	R. Lounge
		11.30	Brain Training – crosswords, quiz and games	Café Bar
		16.00	Knit & Natter knitting group, chat and soft music	R. Lounge
Tue	31st	AM	Pamper Time – Manicures & Hand Massage with Suzie – please book in advance	Library
		11.00	Adapted Tai Chi Exercises	R. Lounge
		11.30	Games – would you like to play skittles?	Reception
		16.30	Music Club – RAF related music	Café Bar
Wed	1st	11.00	Boccia – bowls game with Karen and Phillip	Reception
		12.00	Reminiscing – have you ever fly a plane?	Café Bar
		14.30	OUTING – Walk around Isabella Plantation	RICHMOND
		16.00	Board Games – Scrabble, Qwirkle, Backgammon or chess – choose your favorite game	Café Bar
Thu	2nd	11.30	Prize Bingo	Reception
		14.30	OUTING: Walking by the river in Canbury Gardens	SANDGATE
		16.00	VJ DAY 76th Anniversary Afternoon Tea	Café Bar
		16.00	Film Show -	Café Bar
Fri	3rd	11.00	Star Moves – begin the day with energy	R. Lounge
		11.30	Cooking Club – making chocolate eclairs for tea	Reception
		12.00	Book Club with Phillip	Library
		16.00	Social Tea meet your friends in the garden for a social afternoon with a cup of tea	Garden
Sat	4th	11.30	Word Games – Crosswords and quiz	Café Bar
		16.00	Saturday afternoon fun – sing along to your favorite songs (like nobody is watching)	Café Bar
Sun	5th	11.30	Spiritual Hour – Listening & singing Hymns	Reception
		12.00	Brain Training – Word Wheel and crosswords	Café Bar
		16.00	Afternoon at the pictures , you choose!	Reception



Royal Star & Garter

Care with courage

Special events



SEPTEMBER 2021

LISTER FLOOR

DATE		TIME	ACTIVITY NAME	PLACE
Mon	30th	10.30	One to One How to say a few words in German? (use you tube)	<i>Resident</i>
		11.00	Physically Fit – Parachute games	<i>Meadow</i>
		11.30	Music Session – Music Trolley, making music together	<i>Meadow</i>
		14.00	One to One –Listening to soft music or playing Omi Table	<i>Resident</i>
		15.00	One to One – going out for walk in the garden	<i>Resident</i>
		15.30	Social Afternoon at the pictures – You choose!	<i>Meadow</i>
Tue	31st	11.30	Music Session - Get together for a fun sing along	<i>Meadow</i>
			OUTING: Drive around Richmond Park	
		15.00	Moving & Grooving – Dancing to 60s music	<i>Meadow</i>
Wed	1st	10.30	One to One – Morning Prayers and reading a bible passage	<i>Resident</i>
		11.00	One to One – going around for a walk and a chat	<i>Resident</i>
		11.30	Social Time - Coffee Morning with soft music	<i>Meadow</i>
		14.30	One to One – spending time in the garden, reminiscing family	<i>Resident</i>
		15.00	One to One – Arts & Crafts	<i>Resident</i>
		16.00	Sensory Time - Listening to dementia radio station	<i>Lavender</i>
Thu	2nd	11.00	Adapted Tai Chi Exercises - with Physio Team	<i>Meadow</i>
		11.30	Movie Time – The Buddy Holly Story (1978)	<i>Meadow</i>
		11.30	Afternoon Tea with Vera Lynn Sing along	<i>Meadow</i>
		15.00	Prize Bingo - play for a full board or a line, great prizes!	<i>Meadow</i>
Fri	3rd	10.30	One to One – Listening to songs we like	<i>Resident</i>
		11.00	One to One – Reminiscing session looking at old pictures	<i>Resident</i>
		11.30	Baking & Cooking – Would you like to make banana cake?	<i>Meadow</i>
		14.00	One to One – tea and company	<i>Resident</i>
		15.00	One to One – where would like to go today? Walk together	<i>Resident</i>
	16.00	Social Afternoon – Share a teapot and a chat in the garden	<i>Balcony</i>	
Sat	4th	11.30	Cooking Session Making Cucumber Sandwiches for tea	<i>Meadow</i>
		16.00	Games - Parachute Games and music in the afternoon	<i>Bar Area</i>
Sun	5th	12.00	Spiritual Hour – Hymn Singing and sharing prayers	<i>Lavender</i>
		15.30	Social Afternoon - Cinema with an Ice Cream	<i>Bar Area</i>



Royal Star & Garter

Care with courage

Special events continued



DATE		TIME	ACTIVITY NAME	PLACE
Mon	6th	11.30	Physically Fit – Fun moves to music and Games	<i>Meadow</i>
		16.00	Social Afternoon at the pictures – The Sound of Music!	<i>Meadow</i>
Tue	7th	9:30	Pamper Time – Manicures & Hand Massage with Suzie	<i>Library</i>
		11.30	Dance Group with Henriett	<i>Meadow</i>
		14.00	One to One – Spending time in the garden	<i>Resident</i>
		14.30	One to One – Listening to Hymns in the garden	<i>Resident</i>
		14.30	OUTING: Drive around the Thames river	<i>Resident</i>
		15.00	Tattoo Studio – Drink while you Ink! – Join us for a drink and temporary tattoo fun.	<i>Meadow</i>
Wed	8th	11.30	Coffee Morning and looking at Holidays books and photos	<i>Meadow</i>
		16.00	Sensory Time - Listening to soft music and playing on Omi Table	<i>Lavender</i>
Thu	9th	10.30	One to One – Looking at family photos, reminiscing	<i>Resident</i>
		11.00	One to One – Looking into memory boxes	<i>Resident</i>
		11.00	Adapted Tai Chi Exercises - with Physio Team	<i>Meadow</i>
		11.30	Arts & Crafts – Knit and natter whilst listening to the radio	<i>Meadow</i>
		12.00	One to One – Stroll in the garden and a chat.	<i>Resident</i>
		14.00	One to One – Spending time in the garden smelling flowers	<i>Resident</i>
		14.30	One to One Create a personal Play list	<i>Resident</i>
		16.00	Social Tea -Let's Gather together for an afternoon Tea Dance	<i>Meadow</i>
		18.30	An Evening with Mario Lanza's Songs Great atmosphere, with a classic cocktail and soft lights	<i>Reception</i>
		Fri	10th	11.30
12.00	One to One – A stroll in the garden.			<i>Resident</i>
14.00	One to One - Looking through favorite recipes.			<i>Resident</i>
14.30	One to One - Looking through fashion magazines.			<i>Resident</i>
16.00	Social Afternoon –Celebrating Maureen's Birthday!			<i>Meadow</i>
Sat	11th	11.30	Cooking Session Making jam sandwiches	<i>Meadow</i>
		16.00	Afternoon tea with friends	<i>Reception</i>
Sun	12th	12.00	Spiritual Hour – Hymn Singing and sharing prayers	<i>Lavender</i>
		15.00	Games - Parachute Games and music in the afternoon	<i>Bar Area</i>



Special events continued



DAY	DATE	TIME	ACTIVITY NAME	PLACE
Mon	13th	11.00	Dance Group with Henriett	<i>Meadow</i>
		11.30	Knit & Natter knitting group, chat and soft music	<i>Meadow</i>
		15.30	Social Afternoon at the pictures – Alice in Wonderland- Come and watch a classic!	<i>Meadow</i>
Tue	14th	9.30	Pamper Time – Manicures & Hand Massage with Suzie	<i>R. Library</i>
		14.00	One to One – Listening to Personal playlist.	<i>Resident</i>
		14.30	One to One - Air-Craft magazines/books & Reading the paper.	<i>Resident</i>
		14.30	OUTING: Drive around the country lanes of Surrey	
		15.00	One to One – A stroll with around the garden	<i>Resident</i>
		15.30	Music Session - Get together for a fun sing along	<i>Meadow</i>
Wed	15th	11.30	Coffee Morning and looking at Holidays books and photos	<i>Meadow</i>
		16.00	Sensory Time - Listening to soft music and playing on Omi Table	<i>Lavender</i>
Thu	16th	10.30	One to One – Taking in the sun with a walk in the garden	<i>Resident</i>
		11.00	Adapted Tai Chi Exercises - with Physio Team	<i>Meadow</i>
		11.30	Arts & Crafts – Paper Mache Pots for plants	<i>Meadow</i>
		12.00	One to One – What pets did you use to have at home?	<i>Resident</i>
		14.00	One to One Arts & Crafts stain glass project	<i>Resident</i>
		14.30	One to One watching the best moments in Chelsea football club History	<i>Resident</i>
		15.30	Afternoon Party listening to 60s sounds – Dancing welcomed!	<i>Meadow</i>
Fri	17th	10.30	One to One – making dry flowers books	<i>Resident</i>
		11.00	One to One Reminiscing Poland, Croatia, Italy, Israel (use ipad)	<i>Resident</i>
		11.30	Cooking – making cupcakes for afternoon tea	<i>Meadow</i>
		14.30	One to One - Chatting about her book with her life story	<i>Resident</i>
		15.00	One to One Looking at pictures of Preswylfa & Gorffwysfa towns	<i>Resident</i>
		16.00	Afternoon Social – Seating in the Garden with a cup of tea	
Sat	18st	10.30	One to One – expressing how we feel through writing poetry	<i>Resident</i>
		11.00	One to One – Going out for a walk around the neighborhood	<i>Resident</i>
		11.30	World Photography Day (19 th) - Take a look together through our old photos and have a tea & natter.	<i>Richmond Café Bar</i>
		16.00	Saturday night fever- come and dance with us!	<i>Meadow</i>
Sun	19th	10.30	One to One Gwyneth's music memories	<i>Resident</i>
		11.00	One to One – sawing soft toys for presents	<i>Resident</i>
		11.30	Spiritual Hour – Personal Prayers & Hymn Singing	<i>Lavender</i>
		14.30	One to One – Listening to German speaking (use iPads)	<i>Resident</i>
		15.00	Afternoon Cinema - You choose!	



Special events continued



DAY	DATE	TIME	ACTIVITY NAME	PLACE
Mon	20th	10.30	One to One – Sensory time with the OMI table	<i>Resident</i>
		11.00	One to One – Movement and fun	<i>Resident</i>
		11.30	Physically Fit – Fun moves to music and Games	<i>Meadow</i>
		14.30	One to One – Drawing flowers	<i>Resident</i>
		15.00	One to One – Reminiscing about traveling	<i>Resident</i>
		15.30	Social Afternoon at the pictures – You choose!	<i>Meadow</i>
Tue	21st	9.30	Pamper Time - Manicures & Hand Massage with Suzie	<i>Library</i>
			Dance Group with Henriett	<i>Meadow</i>
		14.00	One to One – watching Ballet pieces in you tube	<i>Resident</i>
		14.30	One to One – A stroll in the garden	<i>Meadow</i>
			OUTING: Drive around the River Thames	<i>Resident</i>
		15.00	One to One –Looking through fashion magazines and photos	<i>Resident</i>
		15.30	Music Session- Get together for a fun sing along	
Wed	22nd	11.30	One to One – Playing board games	<i>Resident</i>
		16.00	Sensory Time- Listening to soft music and playing Omi Table	
Thu	23rd	10.30	One to One - Stroll in the Garden	<i>Resident</i>
		11.00	Adapted Tai Chi Exercises- with Physio Team	<i>Meadow</i>
		11.30	Balcony Games- A selection of outdoor games, discussing our greatest sport achievements.	<i>Balcony</i>
		14.00	One to One – Reading poetry together	<i>Resident</i>
		14.30	One to One - Listening to personal playlist	<i>Resident</i>
		15.00	One to One - Dancing and listening to music	<i>Resident</i>
		16.00	Afternoon Social – tea and cake in the garden	<i>Balcony</i>
Fri	24th	10.30	One to One - going out for a walk	<i>Resident</i>
		11.00	One to One – Listening to favorite musicals	<i>Resident</i>
		11.30	Cooking Session – Making Sausage Rolls	<i>Meadow</i>
		14.30	One to One – Looking at family photos	<i>Resident</i>
		15.00	One to One – Looking after the garden	<i>Resident</i>
		18.30	All times Musicals Sing along with free bar, snacks and a cocktail	<i>Café Bar</i>
Sat	25th	10.30	One to One – Reading poetry	<i>Resident</i>
		11.00	One to One - watching sports together with a drink	<i>Resident</i>
		11.30	Games - Would you like to play Skittles?	<i>Reception</i>
		14.30	One to One – talking about gardening and looking at books	<i>Resident</i>
		15.00	One to One – Looking at birds books	<i>Resident</i>
		16.00	Pub Quiz and open bar for residents	<i>Sunflower</i>
Sun	26th	11.30	Spiritual Hour – Personal Prayers & Hymn Singing	<i>Lavender</i>
		15.00	Afternoon Cinema- Natural World David Attenborough	<i>Meadow</i>



Special events continued



DAY	DATE	TIME	ACTIVITY NAME	PLACE
Mon	6 th	11.00	Fit as a Fiddle – fun exercises to music	<i>R. Lounge</i>
		11.30	Brain Training – Fun quiz about all things that fly	<i>Café Bar</i>
		16.00	Knit & Natter knitting group, chat and soft music	<i>R. Lounge</i>
Tue	7 th	AM	Pamper Time – Manicures & Hand Massage with Suzie – please book in advance	<i>Library</i>
		11.00	Adapted Tai Chi Exercises	<i>R. Lounge</i>
		11.30	Games would you like to play skittles?	<i>Reception</i>
		16.30	Music Club – Fly me to the moon, an afternoon in the world of Frank Sinatra	<i>Café Bar</i>
Wed	8 th	11.00	Boccia - bowls game with Karen and Phillip	<i>Reception</i>
		11.30	OUTING: Visit to the Wetlands Centre	
		12.00	Reminiscing – Hot air balloons, have you been in one? Where did you go? Share your story	<i>Café Bar</i>
		16.00	Board Games – Scrabble, Qwirkle, Backgammon or chess – choose your favorite game	<i>Café Bar</i>
		18.30	An Evening with Mario Lanza's Songs Great atmosphere, with a classic cocktail and soft lights	<i>Reception</i>
Thu	9 th	11.00	Dance Group with Henriett	<i>Reception</i>
		11.30	Prize Bingo	<i>Reception</i>
		14.30	OUTING: Shopping trip to Kew Retail Park	
		16.00	Film Show – Breakfast at Tiffany's	<i>Café Bar</i>
		18.30	An Evening with Mario Lanza's Songs Great atmosphere, with a classic cocktail and soft lights	<i>Reception</i>
Fri	10 th	11.00	Star Moves – begin the day with energy	<i>R. Lounge</i>
		11.30	Cooking Club making sausage rolls	<i>Reception</i>
		12.00	Book Club with Phillip	<i>Library</i>
		16.00	Social Tea - Step back in time for a TEA DANCE	<i>Café Bar</i>
Sat	11 th	11.45	Would you like to play Skittles?	<i>Café Bar</i>
		16.00	Saturday afternoon fun – sing along	<i>Café Bar</i>
Sun	12 th	12.00	Spiritual Hour – Listening to St Matthews Broadcast	<i>Reception</i>
		15.00	Celebrating NATIONAL GRANDPARENTS DAY	<i>Café Bar</i>



Special events continued



DAY	DATE	TIME	ACTIVITY NAME	PLACE
Mon	13 th	11.00	Fit as a Fiddle – fun exercises to music	<i>R. Lounge</i>
		11.30	Brain Training – quiz about airplanes	<i>Café Bar</i>
		16.00	Knit & Natter knitting group, chat and soft music	<i>Café Bar</i>
Tue	14 th	AM	Pamper Time – Manicures & Hand Massage with Suzie – please book in advance	<i>Library</i>
		11.00	Adapted Tai Chi Exercises	<i>R. Lounge</i>
		11.30	Games would you like to play skittles?	<i>Reception</i>
		16.30	Music Club - residents requests	<i>Café Bar</i>
Wed	15 th	11.00	Boccia - bowls game with Karen and Phillip	<i>Reception</i>
		12.00	Reminiscing - Battle of Britain day Enjoy a glass of Sherry before lunch and a chat	<i>Café Bar</i>
		14.30	OUTING: outdoors afternoon Tea at Garson farm	
		16.00	Board Games – Scrabble, Qwirkle, Backgammon or chess – choose your favorite fame	<i>Café Bar</i>
Thu	16 th	11.30	Prize Bingo	<i>Reception</i>
		14.30	OUTING: Walk around Bushy Park	<i>SANDGATE</i>
		16.00	Film Show - Mary Poppins	<i>Café Bar</i>
Fri	17 th	11.00	Star Moves – begin the day with energy	<i>R. Lounge</i>
		11.30	Cooking Club – making, baking and decorating biscuits for afternoon tea	<i>Reception</i>
		12.00	Book Club with Phillip	<i>Library</i>
		16.00	Social Tea Karaoke time with Vera Lynn songs	<i>Café Bar</i>
Sat	18 th	11.30	Word Games – Crosswords and quiz	<i>Café Bar</i>
		16.00	Saturday afternoon fun – sing along	<i>Café Bar</i>
Sun	19 th	11.30	Spiritual Hour – Listening & singing Hymns	<i>Reception</i>
		12.00	Brain Training – Words games and fun	<i>Café Bar</i>
		16.00	Afternoon at the pictures – you choose!	<i>Reception</i>



Special events continued



DAY	DATE	TIME	ACTIVITY NAME	PLACE
Mon	20 th	11.00	Fit as a Fiddle – fun exercises to music	<i>R. Lounge</i>
		11.30	Brain Training – word wheel and hangman	<i>Café Bar</i>
		16.00	Knit & Natter knitting group, chat and soft music	<i>R. Lounge</i>
Tue	21 st	AM	Pamper Time – Manicures & Hand Massage with Suzie – please book in advance	<i>Library</i>
		11.00	Adapted Tai Chi Exercises	<i>Library</i>
		11.30	Coffee Moring in support of Alzheimer's day	<i>R. Lounge</i>
		16.00	Music Club – come and watch Mary Poppins musical clips	<i>Reception</i>
Wed	22 nd	11.00	Boccia - bowls game with Karen and Phillip	<i>Richmond</i>
		12.00	Reminiscing Session what were your favorite films when you were child	<i>Café Bar</i>
		14.30	OUTING: Drive around Boxhill	
		16.00	Board Games – Scrabble, Qwirkle, Backgammon or chess – choose your favorite game	<i>Café Bar</i>
Thu	23 rd	11.30	Prize Bingo	<i>Reception</i>
		14.30	OUTING: Feed the duck at the fish ponds	
		16.00	Film Show – Vera Lynn's life story	<i>Café Bar</i>
Fri	24 th	11.00	Star Moves – begin the day with energy	<i>R. Lounge</i>
		11.30	National Arts in care homes Day Expressing our feelings through poetry	<i>Reception</i>
		12.00	Book Club with Phillip	<i>Library</i>
		16.00	Social – Invite a friend for a walk around the garden & claim a refreshing drink from the bar	<i>Garden</i>
		18.30	All times Musicals Sing along with free bar, snacks and a cocktail	<i>Café Bar</i>
Sat	25 th	11.30	Keep fit having fun playing Skittles	<i>Reception</i>
		16.00	Saturday afternoon fun – sing along	<i>Café Bar</i>
Sun	26 th	12.00	Spiritual Hour – Listen to St Matthew's Church Broadcast	<i>Reception</i>
		12.00	Brain Training – Word games and crosswords	<i>Café Bar</i>
		16.00	Afternoon at the pictures	<i>Reception</i>



Special events continued



DAY	DATE	TIME	ACTIVITY NAME	PLACE
Mon	27 th	11.00	Fit as a Fiddle – fun exercises to music	<i>R. Lounge</i>
		11.30	Brain Training – daily crossword	<i>Café Bar</i>
		16.00	Knit & Natter knitting group, chat and soft music	<i>R. Lounge</i>
Tue	28 th	AM	Pamper Time – Manicures & Hand Massage with Suzie – please book in advance	<i>Library</i>
		11.00	Adapted Tai Chi Exercises	<i>R. Lounge</i>
		11.30	Games would you like to play skittles.	<i>Reception</i>
		16.30	Music Club – best classical music of all times	<i>Café Bar</i>
Wed	29 th	11.00	Boccia - bowls game with Karen and Phillip	<i>Reception</i>
		14.30	OUTING: Drive around the country lanes Surrey	
		16.00	Board Games – Scrabble, Qwirkle, Backgammon or chess – choose your favorite game	<i>Café Bar</i>
Thu	30 th	11.30	Prize Bingo	<i>Reception</i>
		14.30	OUTING: Drive around Epsom Downs	<i>Café Bar</i>
		16.00	Film Show – Top Hat, 1935	<i>Café Bar</i>
Fri	30 th	11.00	Star Moves – begin the day with energy	<i>R. Lounge</i>
		11.30	Cooking Club – Making cupcakes for afternoon tea	<i>Reception</i>
		12.00	Book Club with Phillip	<i>Library</i>
		16.00	Social Tea - Listening to classic dancing songs, Fox Trot, Cha- cha- cha , Jive and more	<i>Café Bar</i>
Sat	1 st	11.30	Word Games – Crosswords and quiz	<i>Reception</i>
		16.00	Saturday afternoon fun – sing along musicals	<i>Café Bar</i>
Sun	2 nd	11.30	Spiritual Hour – Listening & singing Hymns	<i>Reception</i>
		12.00	Brain Training – Mary Poppins Quiz	<i>Café Bar</i>
		16.00	Afternoon at the pictures	<i>Reception</i>

