#### WEEKLY MENU

## 17 May – 23 May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			LUNCH			
Traditional Beef Lasagne with Garlic Bread	Fisherman's Pie with Creamy Potato and Cheese topping	Roast Loin of Pork with Sage and Onion stuffing and Apple sauce	Beef Steaks with a rich Red Wine Sauce	Poached or Battered Haddock with Tartare sauce	Traditional Cottage Pie Topped with Fluffy potato mash	Roast Chicken with Fruit stuffing and Gravy
Breaded Plaice with Tartare sauce	Sweet and sour Chicken served with rice and Prawn Crackers	Meatloaf with rich Onion Gravy	Lamb and Apricot Tagine with Yoghurt Dressing	Mild Chicken Curry with Rice	Braised Chicken in a White Wine Sauce	Baked fillet of Seabass with a Lemon sauce
Chipped Potatoes Mashed Potatoes Garden Peas Steamed Carrots	Herby Diced Potatoes Mashed potatoes Broccoli Sweetcorn	Roast potatoes Mashed potatoes Carrots Cauliflower Cheese	Croquette potatoes Mashed potatoes Sugar Snap Peas Swede	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Sliced potatoes Mashed potatoes Buttered carrots Green Cabbage	Roast Potatoes Mashed Potatoes Roast Parsnips Green Beans
Mixed Fruit Sponge With Custard Or Choose from a Selection of Cold Desserts	Semolina with Jam Or Choose from a Selection of Cold Desserts	Traditional Jam Roly Poly with custard Or Choose from a Selection of Cold Desserts	Strawberries and Cream Or Choose from a Selection of Cold Desserts	Apple and Raspberry Crumble with custard Or Choose from a Selection of Cold Desserts	Honey and Ginger Bread and Butter Pudding Or Choose from a Selection of Cold Desserts	Chocolate Sponge with custard Or Choose from a Selection of Cold Desserts
			SUPPER			
Tomato soup or Soup of the day	Tomato soup or Soup of the day					
Cheese on Toast/ Beans on Toast/Jacket potatoes/ Poached Egg on Toast /Omelette/ Sandwich of your choice	Cheese on Toast/ Beans on Toast/Jacket potatoes/ Poached Egg on Toast /Omelette/ Sandwich of your choice	Cheese on Toast/ Beans on Toast/Jacket potatoes/ Poached Egg on Toast /Omelette/ Sandwich of your choice	Cheese on Toast/ Beans on Toast/Jacket potatoes/ Poached Egg on Toast /Omelette/ Sandwich of your choice	Cheese on Toast/ Beans on Toast/Jacket potatoes/ Poached Egg on Toast /Omelette/ Sandwich of your choice	Cheese on Toast/ Beans on Toast/Jacket potatoes/ Poached Egg on Toast /Omelette/ Sandwich of your choice	<u>Sunday Buffet</u> Choose your own sandwich: Sausage rolls Tikka Chicken Thighs
Deep Fried Mushrooms with Garlic Mayonnaise	Vegetable quiche served with potato wedges	Chicken Caesar Salad	Breaded Chicken Goujons with Garlic Mayonnaise	Spaghetti On Toast	Bacon and egg muffin	Crisps
Mandarins in syrup	Mixed berry trifle	Chocolate profiteroles	Strawberry cheesecake	Jelly and custard	Assorted jam tarts	Traditional scones and cream



Please note the menu can change subject to seasonal change, or based on product supply



#### WEEKLY MENU

## 24 May – 30 May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			LUNCH			
Steak and Mushroom	Poached fillet of plaice	Honey Glazed Roast	Lamb and Rosemary	Poached or Battered	Corned Beef Hash	Roast Beef with
Pie topped with Pasty	with a Cheesy white	Gammon with an	Pie topped with	Cod with tartare sauce	Cakes with a Red Wine	Yorkshire puddings
	sauce	apricot sauce	shortcrust pastry.		Sauce	and Horseradish sauce
Southern fried Chicken	Pork Stroganoff served	Chicken Chasseur with	Cumberland Sausage	Chicken Balti served	Pork Steaks in a grain	Grilled Fillet of
with Barbecue Sauce	with Rice	a White Wine and	with an Onion Gravy	with Rice	Mustard and Leek	Poached Salmon with
		Mushroom sauce			Sauce	a Lemon and Dill sauce
Chipped Potatoes	Herby Diced Potatoes	Roast Potatoes	Sauté Potatoes	Chipped Potatoes	Croquette Potatoes	Roast Potatoes
Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes
Garden Peas	Sugar Snap Peas	Garden Peas	Steamed Courgettes	Garden Peas	Mashed Swede/	Roast Parsnips
Baton Carrots	Broccoli Florets	Cauliflower Cheese	Steamed Carrots	Mushy Peas	Carrot	Broccoli Florets
					Savoy Cabbage	
Baked Rice Pudding	Bananas	Apple pie	Steamed, Sultana,	Spotted Dick	Mixed Fruit Crumble	Chocolate Brownie
with Cinnamon and	Served with Custard	Served with custard	Ginger and Syrup	Served with Custard	served with custard	Served with custard
Jam Or Choose from a	Or Choose from a	Or Choose from a	Sponge with Custard	Or Choose from a	Or Choose from a	Or Choose from a
Selection of Cold	Selection of Cold	Selection of Cold	Or Choose from a	Selection of Cold	Selection of Cold	Selection of Cold
Desserts	Desserts	Desserts	Selection of Cold	Desserts	Desserts	Desserts
			Desserts			
	1		SUPPER			1
Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup
of the day	of the day	of the day	of the day	of the day	of the day	of the day
Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	Sunday Buffet
Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	
potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	Choose your own
Egg on Toast	Egg on Toast	Egg on Toast	Egg on Toast	Egg on Toast	Egg on Toast	sandwich
/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	Crisps
of your choice	of your choice	of your choice	of your choice	of your choice	of your choice	Sausage rolls
Beef Burgers with	Pate served with	Tomato and Cheese	Chicken Kebab with	Steak Slice	Breaded Chicken	Gala pie
onions	Melba toast and salad	Quiche	Cucumber and		Goujons with	
			Yoghurt dip		Barbecue sauce	
Mille Feuille	Tiramisu	Chocolate Mousse	Strawberry Gateaux	Brandy Snap nests	Eton Mess	Traditional Sherry
				filled with Fruit		Trifle



Please note the menu can change subject to seasonal change, or based on product supply



#### WEEKLY MENU

## 31 May – 6 June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			LUNCH			
Beef Bourguignon	Steamed Cod with a	Roast Pork with Sage	Homemade Cottage	Battered Haddock	Hunters Chicken with	Roast leg of lamb with
with Mushrooms and	Rustic Tomato Sauce	and Onion stuffing and	Pie topped with a	with Tartar sauce and	a rich Barbecue Sauce	Rosemary and Mint
Silver Skin Onions		Apple sauce	fluffy Potato topping	Lemon		jus
Gammon Steak with a	Turkey a la King with	Haddock and Spring	Lambs Liver with an	Chicken Tikka Curry	Meat and Potato Pie	Fillet of Seabass with a
Parsley sauce	a Creamy pepper Sauce	Onion Fish Cakes	Onion gravy	served with rice	topped with Shortcrust pastry	Lemon sauce
Sliced Potatoes	Croquette Potatoes	Roasted Potatoes	Dauphinoise Potatoes	Chipped Potatoes	Diced Potatoes	Roast Potatoes
Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes
<b>Cauliflower Florets</b>	Green Beans	Braised Leeks	Sugar Snap Peas	Garden Peas	Savoy Cabbage	Green Beans
Steamed Carrots	Garden Peas	Steamed Carrots	Courgette Provincial	Mushy Peas	Steamed Carrots	Cauliflower Cheese
Sticky Toffee Pudding	Poached Pears with	Pineapple up-side	Strawberries and	Jaffa sponge with	Spiced plum crumble	Treacle Sponge with
served with Custard	Red wine and	down Sponge with	Cream	Custard	with Custard	Custard
Or Choose from a	Cinnamon Or Choose	Custard Or Choose	Or Choose from a	Or Choose from a	Or Choose from a	Or Choose from a
Selection of Cold	from a Selection of	from a Selection of	Selection of Cold	Selection of Cold	Selection of Cold	Selection of Cold
Desserts	Cold Desserts	Cold Desserts	Desserts	Desserts	Desserts	Desserts
			SUPPER			
Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup	Tomato soup or Soup
of the day	of the day	of the day	of the day	of the day	of the day	of the day
Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	Cheese on Toast/	<u>Sunday Buffet</u>
Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	Beans on Toast/Jacket	
potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	potatoes/ Poached	Choose your own
Egg on Toast	Egg on Toast	Egg on Toast	Egg on Toast	Egg on Toast	Egg on Toast	sandwich
/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	/Omelette/ Sandwich	Crisps
of your choice	of your choice	of your choice	of your choice	of your choice	of your choice	Sausage rolls
Breaded Plaice	Honey and Mustard	Spaghetti on Toast	Cod Fishcakes with	Ploughman's with	Prawn Cocktail served	Tandoori Chicken
Goujons with Tartar sauce	roasted Sausages		Tartar sauce	Pickle and Onion	with Brown Bread	Thighs
Banana Mousse	Key Lime Pie	Fruit cocktail & cream	Strawberry tarts	Banoffee Gateaux	Chocolate Eclairs	Strawberry Trifle





# WEEKLY MENU

## 7 June – 13 June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			LUNCH			
Chicken and Leek Pie	Lancashire Hotpot	Roast Turkey with	Roast Lemon and Herb	Poached or Battered	Corned Beef Pie	Roast Beef with
topped with	with a rich minted	Cranberry sauce	Chicken	Cod with Tartar sauce	(Served Cold)	Yorkshire Puddings
shortcrust pastry	gravy			and Lemon		and Horseradish sauce
Scampi and Chips	Cod Mornay with a	Slow Cooked Braised	Shepherd's Pie with a	Sweet and Sour Pork	Marinated lamb chops	Poached Fillet of
served with Tartare	Cheesy white sauce	Pork Belly with Apple	fluffy potato topping	served with rice	with a Redcurrant and	Salmon with a Creamy
Sauce		sauce			Red Wine sauce	Dill sauce
Chipped Potatoes	Boulangerie Potatoes	Roast Potatoes	Sauté Potatoes	Chipped Potatoes	Croquette Potatoes	Roast Potatoes
Mashed Potatoes						
Baton Carrots	Broccoli Florets	Brussel Sprouts	Green Beans	Garden Peas	Creamy Leeks	Honey Roasted
Garden Peas	Sugar Snap Peas	Savoy Cabbage	Buttered Carrots	Mushy Peas	Steamed Carrots	Parsnips
						Broccoli Florets
Apple and Blackberry	Orange Bread and	Waffles served with	Cherry and Apple	Jam and Coconut	Creamy Rice Pudding	Pear and Almond
Pie served with	Butter pudding served	Ice Cream	Crumble with Custard	Sponge served with	served with Jam	Sponge served with
custard Or Choose	with custard Or	Or Choose from a	Or Choose from a	custard Or Choose	Or Choose from a	custard Or Choose
from a Selection of	Choose from a	Selection of Cold	Selection of Cold	from a Selection of	Selection of Cold	from a Selection of
Cold Desserts	Selection of Cold	Desserts	Desserts	Cold Desserts	Desserts	Cold Desserts
	Desserts					
			SUPPER			
Tomato soup or Soup						
of the day						
Cheese on Toast/	<u>Sunday Buffet</u>					
Beans on Toast/Jacket						
potatoes/ Poached	Choose your own					
Egg on Toast	sandwich:					
/Omelette/ Sandwich	Crisps					
of your choice	Sausage rolls					
Cheese and Ham	Chicken Fillets with	Fish Fingers with	Tomato and Cheese	Cheese and onion	Egg Mayonnaise on a	Pork pie
Quiche	Barbecue Sauce	Tartare sauce	Pizza	Pasty	bed of Lettuce	
Profiteroles' with	Raspberry Mousse	Apricots with Cream	Banoffee Cheesecake	Lemon Posset	Tiramisu	Fruit Cocktail and
Cream						Cream



