

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Traditional beef lasagne with garlic bread	Fisherman's pie with creamy potato and cheese topping	Roast loin of pork with sage and onion stuffing and apple sauce	Turkey a la King With a pepper white wine sauce	Beer Battered or Poached Haddock with tartare Sauce	Traditional cottage pie topped with fluffy potato mash	Roast Beef with Yorkshire Pudding And Horseradish Sauce
Breaded Plaice with Tartar Sauce	Beef Steaks in a rich Red wine Sauce	Chicken in a Red wine and Cranberry Sauce	Lamb Liver and Onion Gravy	Chicken Tikka curry With rice	Braised Chicken in a white wine sauce	Poached Salmon with a Dill Sauce
Chipped potatoes Mashed potatoes Garden peas Steamed carrots	Herby diced potatoes Mashed potatoes Broccoli Sweetcorn	Roast potatoes Mashed potatoes Carrots Cauliflower cheese	Croquette potatoes Mashed potatoes Steamed Leeks Swede	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Sliced potatoes Mashed potatoes Buttered carrots Green cabbage	Roast potatoes Mashed potatoes Roast parsnips Green beans
Semolina with Jam or choose from a selection of cold desserts	Mixed fruit sponge with Custard or choose from a selection of cold desserts	Traditional jam roly poly with custard, or choose from a selection of cold desserts	Strawberries and Cream or choose from a selection of cold desserts	Apple and Raspberry crumble with custard, or choose from a selection of cold desserts	Bananas and Custard, or choose from a selection of cold desserts	Chocolate and Pear sponge with custard, or choose from a selection of cold desserts
SUPPER						
Tomato soup or soup of the day	Tomato soup or soup of the day	Tomato soup or soup of the day	Tomato soup or soup of the day	Tomato soup or soup of the day	Tomato soup or soup of the day	Tomato soup or Soup of the day
Cheese on toast / Beans on toast / Jacket potatoes / Poached egg on toast / Omelette / Sandwich of your choice	Cheese on toast / Beans on toast / Jacket potatoes / Poached egg on toast / Omelette / Sandwich of your choice	Cheese on toast / Beans on toast / Jacket potatoes / Poached egg on toast / Omelette / Sandwich of your choice	Cheese on toast / Beans on toast / Jacket potatoes / Poached egg on toast / Omelette / Sandwich of your choice	Cheese on toast / Beans on toast / Jacket potatoes / Poached egg on toast / Omelette / Sandwich of your choice	Cheese on toast / Beans on toast / Jacket potatoes / Poached egg on toast / Omelette / Sandwich of your choice	Cheese on toast / Beans on toast / Jacket potatoes / Poached egg on toast / Omelette / Sandwich of your choice
Chicken Caesar Salad	Vegetable and Cheese quiche	Garlic Mushrooms on Toast	Breaded chicken goujons with garlic mayonnaise	Spaghetti on toast	Plaice Goujons with tartar Sauce	Bacon and egg Muffin
Mandarins in syrup	Mixed berry trifle	Chocolate profiteroles	Coffee and Mandarin gateaux	Jelly and custard	Assorted jam tarts	Scones , jam and Cream

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Steak and Stout pie topped with pasty	Poached fillet of plaice with a cheesy white sauce	Honey glazed roast gammon with an apricot sauce	Lamb and rosemary pie topped with short crust pastry	Beer battered or Poached cod with tartare sauce	Meat and Potato Pie	Roast Lamb with Mint and Rosemary jus
Cumberland Sausage With Onion Gravy	Meatloaf with a rich onion sauce	Chicken chasseur with a white wine and mushroom sauce	Slow cooked Pork Barbecued Ribs	Chicken Balti served with rice	Traditional Braised Pork Faggots	Baked fillet of seabass with a lemon sauce
Chipped potatoes Mashed potatoes Garden peas Baton carrots	Herby diced potatoes Mashed potatoes Swede Broccoli florets	Roast potatoes Mashed potatoes Garden peas Cauliflower cheese	Sauté potatoes Mashed potatoes Steamed courgettes Steamed carrots	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Croquette potatoes Mashed potatoes Mashed swede / carrot Savoy cabbage	Roast potatoes Mashed potatoes Roast parsnips Green beans
Baked rice pudding with cinnamon and jam, or choose from a selection of cold desserts	Strawberries and Cream or choose from a selection of cold desserts	Apple pie served with custard, or choose from a selection of cold desserts	Steamed sultana, ginger and syrup sponge with custard, or choose from a selection of cold desserts	Spotted dick served with custard, or choose from a selection of cold desserts	Mixed fruit crumble served with custard, or choose from a selection of cold desserts	Mince Tart with custard, or choose from a selection of cold desserts
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Beef burgers with onions	Pate served with melba toast and salad	Tuna and Tomato Pasta Bake	Mild Chilli Con Carne	Steak slice	Breaded chicken goujons with barbecue sauce	Egg Mayonnaise on a bed of Lettuce
Mille feuille	Tiramisu	Chocolate mousse	Strawberry gateaux	Fruits of The Forest cheesecake	Eton mess	Traditional Sherry Trifle

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Beef bourguignon with mushrooms and silver skin onions	Steamed cod with a rustic tomato sauce	Roast pork with sage and onion stuffing and apple sauce	Homemade cottage pie topped with a fluffy potato topping	Battered haddock with tartar sauce and lemon	Hunter's chicken with a rich barbecue sauce	Roast Beef with Yorkshire Pudding and Horseradish sauce
Gammon steak with a parsley sauce	Pork stroganoff served with rice	Chicken Diane	Slow cooked Braised Pork Belly with Apple Sauce	Chicken tikka curry served with rice	Steak and Kidney pie topped with shortcrust pastry	Poached Salmon with a Dill Sauce
Sliced potatoes Mashed potatoes Cauliflower florets Steamed carrots	Croquette potatoes Mashed potatoes Green beans Garden peas	Roasted potatoes Mashed potatoes Braised leeks Steamed carrots	Dauphinoise potatoes Mashed potatoes Broccoli Courgette provincial	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Diced potatoes Mashed potatoes Savoy cabbage Steamed carrots	Roast potatoes Mashed potatoes Green beans Cauliflower cheese
Sticky toffee pudding served with custard, or choose from a selection of cold desserts	Poached pears with red wine and cinnamon, or choose from a selection of cold desserts	Pineapple upside-down sponge with custard, or choose from a selection of cold desserts	Apple and mixed Berry Pie with Custard, or choose from a selection of cold desserts	Jaffa sponge with custard, or choose from a selection of cold desserts	Spiced plum crumble with custard, or choose from a selection of cold desserts	Eves Pudding with custard, or choose from a selection of cold desserts
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Breaded plaice goujons with tartar sauce	Honey and mustard roasted sausages	Spaghetti Bolognaise	Vegetable Spring Rolls with Sweet Chilli Sauce	Hot dogs with Onions	Prawn cocktail served with brown bread	Homemade Sausage Rolls
Banana Mousse	Key lime pie	Fruit cocktail & cream	Banoffee Gateaux	Peach Pavlova	Chocolate eclairs	Strawberry trifle

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Chicken and Mushroom pie topped with shortcrust pastry	Lancashire hotpot with a rich minted gravy	Roast turkey with cranberry sauce	Pot Roast lemon and herb chicken	Poached or battered cod with tartar sauce and Lemon	Chicken in a white Wine and Mushroom Sauce	Roast Chicken with Homemade Stuffing
Scampi and chips served with tartare sauce	Poached Smoked Haddock with a Chive and butter sauce	Beef steak Chasseur	Shepard's pie with fluffy potato topping	Sweet and sour pork served with rice	Marinated lamb chops with a redcurrant and red wine sauce	Poached fillet of Plaice with a Creamy white wine sauce
Chipped potatoes Mashed potatoes Baton carrots Garden peas	Jacket wedge potatoes Mashed potatoes Broccoli florets Swede	Roast potatoes Mashed potatoes Brussel sprouts Cauliflower	Sauté potatoes Mashed potatoes Green beans Buttered carrots	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Croquette potatoes Mashed potatoes Creamy leeks Steamed carrots	Roast potatoes Mashed potatoes Honey roasted parsnips Broccoli florets
Jam and Coconut Sponge with custard, or choose from a selection of cold desserts	Apple and blackberry pie served with custard, or choose from a selection of cold desserts	Strawberries and cream, or choose from a selection of cold desserts	Cherry and apple crumble with custard, or choose from a selection of cold desserts	Banana Split or choose from a selection of cold desserts	Creamy rice pudding served with jam, or choose from a selection of cold desserts	Pear and almond sponge served with custard, or choose from a selection of cold desserts
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Cheese and Onion Pasties	Tomato and Cheese Pizza	Fish fingers with tartare sauce	Creamy salmon Quiche	Chicken, tomato, pepper and Onion Kebabs	Scrambled Eggs on Crumpets	Chicken fillets with barbecue sauce
Profiteroles with cream	Raspberry mousse	Peaches with cream	Strawberry cheesecake	Lemon and Raspberry posset	Tiramisu	Fruit cocktail and cream

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