



# Royal Star & Garter

Care with courage

**FOR IMMEDIATE RELEASE**

## **Captain Sir Tom Moore inspires Royal Signals soldiers to raise money for Royal Star & Garter**

Three soldiers who were inspired by Captain Sir Tom Moore are raising money for Royal Star & Garter.

Lance Corporals Declan Gaffney, Niten Gurung and Duncan Smith, serving in the Royal Corps of Signals, are each running a hundred miles over three days as part of the national Captain Tom 100 campaign.

Royal Star & Garter provides loving, compassionate care to veterans and their partners living with disability or dementia, from Homes in Solihull, Surbiton and High Wycombe.



*Lance Corporals Duncan Smith, Declan Gaffney and Niten Gurung*

The Captain Tom 100 campaign seeks to build on the legacy of Captain Tom, who raised millions for the NHS in 2020 by walking in his garden, and died earlier this year, aged 100. Organisers are encouraging fundraisers to take part in their own challenges around the number 100, between 30 April and 3 May – the weekend on which Captain 101<sup>st</sup> birthday.

The soldiers, aged between 26 and 31, will each run 100 miles in Staffordshire, where their barracks are based. Challenge leader LCpl Gaffney, who has been serving for nearly six years, is looking forward to the challenge. He said: "It's great to be able to do this for Captain Tom 100 – if he could do it at his age then there's no reason we can't complete ours."

He said Royal Star & Garter's service to the nation's military family was a key reason for raising money for the charity: "I have always wanted to fundraise for charity. I did my research and Royal Star & Garter appealed because of the support they give veterans living with disability and dementia. It's a great charity for us to fundraise for, as one day they might support us."



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Lauren Baker, Senior Community Fundraiser, said:  
"As a charity which has cared for veterans such as Captain Sir Tom Moore, we are proud that Declan, Niten and Duncan are supporting his legacy by raising money for Royal Star & Garter. It will help us continue providing exceptional care to veterans."



*Lance Corporals Declan Gaffney and Niten Gurung in training*

The team are aiming to raise £500. To sponsor the soldiers, click on:  
<https://uk.virginmoneygiving.com/DeclanGaffney>

**[Ends]**

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**About Royal Star & Garter**

Our charity provides loving, compassionate care to veterans and their partners living with disability or dementia.

**Twitter:** @starandgarter

**Facebook:** facebook.com/starandgarter

**Website:** [www.starandgarter.org](http://www.starandgarter.org)



Royal Star & Garter  
is a member of the  
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