



Royal Star & Garter

Care with courage

FOR IMMEDIATE RELEASE

Soldier to run Lake Garda Half Marathon on Remembrance Sunday for Armed Forces charity

A soldier will pay his respects on Remembrance Sunday by running the Lake Garda Half Marathon for a veterans' charity.

Lieutenant Colonel Sean Greaves, who has served in the Armed Forces since 1985, will take part in the run in Italy on 9 November with his wife Anwen, to raise money for Royal Star & Garter.

The charity provides loving, compassionate care and support for veterans and their families, living with disability or dementia, through its Homes in Solihull, Surbiton, High Wycombe and Worthing. It also provides services reaching into the community, including Lunch Clubs, Day Care and a national Telephone Friendship Service.



Sean and Anwen will run the Lake Garda Half Marathon for Royal Star & Garter on Remembrance Sunday

Sean previously raised money for Royal Star & Garter when he completed the North Pole Marathon in 2007 with brother Rob and friend Steve, who were also in the Army. He says he is inspired to run for the charity because of the outstanding care and support it provides the Armed Forces community.

Sean started his military career as a Weapons Engineer in the Royal Navy, serving between 1985 and 1996. In 2000 he commissioned into the Army as a Dental Officer and served until 2016. Since then, he has been a Reservist with 202 (Midland) Multi Role Medical Regiment in Birmingham. His Armed Forces career has seen him serve in the UK and overseas including Europe, Africa, South America, the Caribbean and Iraq.

The father of two from Worcestershire will run the half-marathon alongside Anwen, who is also a dentist and employed in the NHS. He said: "I think it quite fitting that I will be running the half-marathon and raising money for Royal Star & Garter on Remembrance Sunday. It's a wonderful organisation that looks



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after the veterans' community, and as someone who has served many years in the Royal Navy and then the Army, it is a cause very close to my heart. It's reassuring to know that there are organisations like Royal Star & Garter that provide invaluable support to the Armed Forces family."

To sponsor Sean and Anwen, please go to:
www.justgiving.com/page/sean-greaves-1

Anyone interested in fundraising for Royal Star & Garter can go to:
<https://starandgarter.org/how-you-can-help/fundraising/>

The charity is also welcoming new residents into its Homes. For more information on this, its other services or to work at the charity, go to: <https://starandgarter.org>



Sean Greaves (left) with his brother Rob, at the North Pole, when they raised money for Royal Star & Garter in 2007

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About the Royal Star & Garter group

Founded in 1916, Royal Star & Garter provides care, support and friendship for veterans and their families so that they can live well. The charity delivers nursing and



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dementia care through Homes in Solihull, Surbiton, High Wycombe, and now in Worthing, having recently merged with the military charity Care for Veterans. It also offers a range of services reaching into the community, including Lunch Clubs, Day Care and a national Telephone Friendship Service.

Bluesky: @royalstarandgarter.bsky.social

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Website: www.starandgarter.org



Royal Star & Garter
is a member of the
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