

#### FOR IMMEDIATE RELEASE

# Supermarket flowers bring Mother's Day cheer to Solihull care home

Floral gifts from a local supermarket are helping spread some Mother's Day joy at a Solihull care home.

Sainsbury's in Mell Square, Solihull, is donating free flowers to Royal Star & Garter, which are being used by residents and those using the care home's Day Care service for flower-arranging activities.

Royal Star & Garter is a charity which provides loving, compassionate care to veterans and their partners living with disability or dementia. It also has Homes in Surbiton and High Wycombe, and services which reach out into the community.



Day Care user Helen shows off her bouquet with Day Care Coordinator Sharon

The supermarket's regular gifts to the Solihull Home comes after an approach by Day Care Coordinator Louise Taylor, who visited her local store in February. She said: "Sainsbury's said they'd be able to donate flowers for our flower-arranging activities on a regular basis. It brings a lot of joy to the residents and Day Care users, and a lot of colour and enjoyment to the Home. We're very grateful to Sainsbury's for these

ongoing donations and their generosity."

The floral arrangements are taken home by Day Care users, while residents put them on display in their rooms, in communal areas, or gift them to other people living in the Home.

Day Care user Joyce said: "I really enjoy the flower-arranging sessions, I feel relaxed when I do it, and I think it boosts my sense of calm and wellbeing. It also brings so much colour and beauty to the Home."



## Care with courage

Day Care is available to Armed Forces veterans, including those who did their National Service, and their partners, and includes dedicated days for people living with early-stage dementia.

Royal Star & Garter in Solihull was rated as one of the best care homes in the country following its last Care Quality Commission (CQC) inspection, and is welcoming new residents. For more information on this, Day Care and other services it runs, or to work at the Home, go to <a href="https://www.starandgarter.org/solihull">www.starandgarter.org/solihull</a>.



Royal Star & Garter Day Care users and Pat and Joyce, with resident Margaret, arrange flowers with Day Care Coordinator Louise

Any businesses, community groups, schools, trusts and foundations that would like more information about supporting the charity can go to <a href="https://starandgarter.org/how-you-can-help/our-partnerships/">https://starandgarter.org/how-you-can-help/our-partnerships/</a>

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**About Royal Star & Garter** 



## Care with courage

Founded in 1916, Royal Star & Garter is a charity which provides loving, compassionate care to veterans and their families living with disability or dementia, and has three Homes in Solihull, Surbiton and High Wycombe. It has also launched services reaching out into the community including Lunch Clubs, Day Care and a national Telephone Friendship Service.

**Bluesky**: @royalstarandgarter.bsky.social

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