

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Chicken & sweetcorn soup (V)	Tomato soup (V)	Red lentil, stilton & chives soup(V)	Tomato & basil (V)	Roasted butternut squash soup (V)	Cream of tomato soup (V)	Broccoli & stilton soup (V)
Baked chicken thighs with chasseur sauce	Fisherman’s pie with creamy potato & cheese topping	<b>Chef Marcin Special:</b> Mustard & rosemary pork chops	Lamb korma curry with naan bread	Hand battered cod with lemon & tartare sauce	Traditional beef cottage pie topped with mashed potato	<b>Sunday Carvery</b> <b>Roast of Gammon</b> <b>with parsley sauce or gravy</b>
Wild mushroom risotto with parmesan (V)	Chicken & chorizo jambalaya	Pan fried Sea Bass with prawn & dill sauce	Vegetable lasagne with garlic bread (V)	Mixed beans & tomato ragout (V)	Broccoli & sweet potato gratin (V)	Vegetable braded Kiev (V)
Mashed potatoes Red cabbage coleslaw Cauliflower florets	Buttered courgettes Steamed sliced carrots Green peas	Roasted potatoes Steamed swede Buttered broccoli	Braised basmati rice Cauliflower florets Green beans	Steak cut chips Minted mushy peas Chef’s garden salad	Spring onion mash potato Broccoli	Roasted potatoes Savoy cabbage Glazed parsnips
Pear & almond strudel	Semolina & jam	Bakewell tart with cream	Rhubarb & mixed berry cobbler	Lemon tart with whipping cream	Rice pudding with nutmeg	Plum & blueberry turnover with custard
Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection
SUPPER						
Roasted vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Mixed vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)
<b>Chef Andrew special:</b> Corned beef hash cakes, fried egg & beans Or Assorted sandwiches	Double baked Macaroni cheese topped with parmesan (V) Or Assorted sandwiches	Egg Florentine on English muffin (V) (Poached egg, spinach & hollandaise sauce) Or Assorted sandwiches	Traditional Cornish pasties with pickles & gravy Or Assorted sandwiches	Breaded chicken strips with BBQ sauce & salad Or Assorted sandwiches	Scampi served with lemon mayo & chips Or Assorted sandwiches	<u>Sunday buffet</u> Baked sausage rolls with baked beans & chips Selection of crisps Assorted sandwiches
New York style cheesecake with fruit coulis	Vanilla & raisins bread & butter pudding with custard	Fresh fruit salad	Jelly & cream	Banana fritters with sugar syrup	Chocolate sponge with chocolate custard	Fruit cocktail & cream

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LUNCH						
Celeriac & apple soup (V)	Tomato soup (V)	Chef's choice soup (V)	Tomato & roasted pepper soup (V)	Cream of chicken soup (V)	Tomato soup (V)	Cream of mushrooms soup (V)
Pork, leek & mushroom pie with crusty topping	Roast Sea bream with lemon sauce	"Wow Wednesday"	<b><u>Chef Marcin Special:</u></b> Beef brisket & wild mushroom pie topped with shortcrust pastry	Breaded plaice with lemon & tartare sauce	Shepherd's pie topped with mash potato & cheddar cheese	Cajun spiced whole roasted Corn-Fed chicken with lemon & thyme gravy
Vegetable casserole (V)	Mixed vegetable Tempura with soy dipping sauce (V)	"Wow Wednesday"	Quorn meat free bake topped with cheese (V)	Mushroom Stroganoff with rice & salad garnish (V)	Chick pea, sweet potato & spinach curry with infused rice (V)	Oven baked cod with creamy dill sauce
Mashed potatoes Buttered garden peas Baton carrots	Sweet potato mash Mixed roasted vegetables Steamed broccoli	Chef's vegetables selection	Chipped potatoes Creamed leeks Crushed swede	Seasoned wedges Mushy peas Garden salad	Rice Steamed broccoli Parsnips	Roasted potatoes Honey glazed carrots Buttered peas
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Chef's salad	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection
Eve's pudding with custard	Sticky toffee pudding served with ice cream	Selection of desserts	Apple & blackberry crumble with custard	Spotted dick with hot custard	Baked pineapple & ginger cake	Baileys Bread & butter pudding with custard
SUPPER						
Vegetable or Tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)
Beef burgers with HP sauce, chips & salad Or Assorted sandwiches	Gammon, fried egg & chips Or Assorted sandwiches	Tomato, pepperoni & cheese pizza (V) Or Assorted sandwiches	<b><u>Chef Monika Special:</u></b> Fishcakes with tomato salsa & chips Or Assorted sandwiches	Scotch egg with chips & pickles Or Assorted sandwiches	Egg Royale on English muffins (V) Or Assorted sandwiches	Stuffed jacket potato with cheddar cheese & baked beans (V) Or Assorted sandwiches
Lemon & blackberry posset	Cinnamon stewed apple's with custard	Traditional scones with jam & cream	Peaches & cream	Very berry cake with cream	Banana & custard	Traditional fruit trifle

"What's on Wednesday" – Chef's specials from around the world

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LUNCH						
Chicken & sweetcorn soup (V)	Potato & celery soup (V)	Tomato & basil soup (V)	Roasted cauliflower soup (v)	Cream of roasted tomato soup (V)	Broccoli soup (V)	Tomato soup (V)
Beefy minced pie topped with sliced potatoes	<b><u>Chef Andrew Special:</u></b> Fish curry with mango chutney	Slowly braised beef rump steaks with horseradish sauce	Breaded Turkey Milanese	Beer battered catch of the day with tartar sauce & lemon	<b><u>Chef Marek Special:</u></b> Duck confit with cranberry sauce	<b><u>Sunday Carvery</u></b> Roast of Pork with apple sauce & stuffing
Cauliflower cheese & walnut crumbs (V)	Quiche Lorraine with cabbage slaw	Stuffed peppers with couscous & roasted vegetables (V)	Vegetable strudel (V)	Creamy beetroot risotto with parmesan (V)	Chicken, leek & bacon pie with crusty topping	Nut Roast with gravy (V)
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection
Sautéed courgette's Garden peas Roasted squash	Rice Beetroots Creamed leeks	Roasted potatoes Sweetcorn Glazed carrots	Jasmin rice Green beans Steamed parsnip	Steak cut chips Chef's chopped salad Minted mush peas	Mashed potatoes Steamed cauliflower Buttered broccoli	Roasted potatoes Braised red cabbage Steamed carrots
Plum & mixed nut crumble with custard	Butter scotch pudding with custard	Rice pudding with mixed fruit jam	Black forest gateau with cream	Bramley apple pie with custard	Lime & coconut sponge cake with cream	Lemon meringue pie with cream
SUPPER						
Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)
Chicken & mushroom slice Or Assorted sandwiches	Bubble & squeak with cheese sauce (V)  Or Assorted sandwiches	<b><u>Chef Monika Special:</u></b> Grilled chicken Caesar salad with parmesan Or Assorted sandwiches	Cod goujons with sweet potato fries Or Assorted sandwiches	Beef Bolognese with pasta & parmesan Or Assorted sandwiches	Quorn & vegetable pie, buttered mixed veggies (V) Or Assorted sandwiches	<b><u>Sunday Buffet</u></b> Pasta carbonara with smoked bacon Crisps & salad Assorted sandwiches
Lemon drizzle cake with cream	Ice cream sundae	American pancakes with fresh berries	Banana loaf with sugar glaze served with custard	Mandarins & cream	Jelly & cream	Profiteroles with chocolate sauce



# HIGH WYCOMBE

# AUTUMN & WINTER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Pumpkin soup (V)	Tomato soup (V)	Chef's choice soup (V)	Tomato & roasted peppers soup (V)	Chicken & mushroom soup (V)	Leek & potato soup (V)	Cream of tomato (V)
<b><u>Chef Andrew Special</u></b> Lancashire hot pot	Slow cooked beef goulash	"Wow Wednesday"	Chicken stroganoff with braised rice	Hand battered seasonal fish with tartar sauce and lemon	Cheese & potato Pie (V)	Roast of Turkey with cranberry sauce, rosemary & gravy
Beetroot & goat's cheese puffs (V)	King prawn & stir fry vegetables	"Wow Wednesday"	Sautéed lamb liver & bacon	Stuffed Portobello mushrooms with leeks & stilton (V)	<b><u>Chef Marek Special:</u></b> Seafood paella	Poached plaice with white wine sauce
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Chef's salad	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection
Mashed potatoes Steamed carrot Green peas	Boulangere potatoes Buttered mixed Vegetables	Chef's vegetables selection	Spring onion mash Green beans Crushed celeriac	Chips Salad garnish Mushy peas	Carrots Brussels sprouts Roasted vegetables	Roasted potatoes Savoy cabbage Honey glazed parsnips
Apple & blueberry strudel with custard	White chocolate & BBPudding	Selection of desserts	Cherry pie	Homemade baked lemon cheesecake	Cinnamon, apple & oat crumble with custard	Chocolate & hazelnut sponge cake with custard
SUPPER						
Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)
Cheese & onion slice, apple & red cabbage slaw or Assorted sandwiches	Smoked mackerel Nicoise salad or Assorted sandwiches	Fried egg, baked beans & hash brown or Assorted sandwiches	Prawn cocktail with bread & butte Or Assorted sandwiches	Classic butter chicken & fragrant rice Or Assorted sandwiches	Prawn cocktail with toasted bread & butter Or Assorted sandwiches	Cheese & mushroom pasties, baked beans or Assorted sandwiches
Fruit fool	Raspberry blondie	Jam & coconut sponge cake	Orange posset	Trio of fresh melon	Apple & blackberry sponge with custard	Chocolate éclair

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