

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Leek & potato soup (V)	Tomato soup (V)	Carrot & coriander (V)	Tomato & basil (V)	Butternut squash soup (V)	Tomato soup (V)	Broccoli & stilton soup (V)
Chargrilled chicken with mushroom sauce	Fisherman's pie with creamy potato & cheese topping	Marmalade glazed gammon with parsley sauce	Beef bourguignon with mushroom & silver skin onions	Hand buttered cod with lemon & tartare sauce	Traditional cottage pie	Roast of lamb leg with gravy & mint sauce
Sweet potato & spinach curry (V)	Stuffed roasted peppers topped with parmesan (V)	Egg & prawns stir fried rice (V)	Vegetable lasagne with garlic bread (V)	Ratatouille & brie stew (V)	Mushroom stroganoff with braised rice (V)	Poached haddock with lemon & dill sauce (V)
Mashed potatoes Red cabbage coleslaw Cauliflower	Buttered courgettes Steamed carrot Green peas	Roasted potatoes Steamed swede Steamed broccoli	Mashed potatoes Cauliflower florets Green beans	Steak cut chips Minted mushy peas Chef's garden salad	Mashed potatoes Steamed cabbage Green peas	Roast potatoes Mashed Glazed parsnips
Pear & almond sponge with custard	Semolina & jam	Strawberries & cream	Rhubarb & strawberry cobbler with custard	Raspberry, lemon & frangipane tart	Rice pudding with nutmeg	Summer fruit drizzle cake
Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection	Salad Bar of the day & cold meat selection
SUPPER						
Roasted vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Mixed vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)
Vegetable quiche with potato wedges (V) Or Assorted sandwiches	Jamie Oliver's macaroni cheese (V) Or Assorted sandwiches	Egg Royal with hollandaise sauce (V) Or Assorted sandwiches	Cornish pasty with pickles & gravy Or Assorted sandwiches	BBQ chicken goujons Or Assorted sandwiches	Scampi served with lemon mayo & chips Or Assorted sandwiches	<u>Sunday buffet</u> Baked sausage rolls with baked beans Crisps Assorted sandwiches
Peach & raspberry fruit with cream	Very berry oat crumble with custard	Chocolate profiteroles	Citrus jelly & cream	Sherry trifle & custard	Chocolate sponge with chocolate sauce	Fruit cocktail & cream

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LUNCH						
Butternut squash soup (V)	Tomato soup (V)	Sweet potato & coconut (V)	Tomato & roasted pepper (V)	Celeriac & apple (V)	Tomato soup (V)	Cream of mushrooms (V)
Chicken Chasseur	Roast Sea bream with lemon sauce	Slow cooker summer beef stew	Lamb casserole	Breaded plaice with lemon & tartare sauce	Hunters chicken with BBQ sauce	Roast of Turkey with rosemary sauce
Cayenne grilled eggplant with fresh tomato salad (V)	Feta & corn fritters (V)	Roasted vegetable & potato gratin (V)	Quorn meet free bake topped with cheese (V)	3 cheese & vegetable roulade (V)	Cauliflower & broccoli gratin (V)	Poached Cod & creamy mushroom sauce (V)
Mashed potatoes Buttered garden peas Baton carrots	Sweet potato mash Roast vegetables Steamed broccoli	Sautéed potatoes Cauliflower florets Mixed vegetables	Chipped potatoes Green beans Cauliflower florets	Potato wedges Mushy peas Garden salad	Mashed potatoes Steamed broccoli Parsnips	Roasted potatoes Sautéed cabbage Glazed carrots
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection
Eve's pudding with custard	Sticky toffee pudding served with ice cream	Spotted dick with cream	Apple & blackberry crumble with custard	Strawberries & cream	Pineapple upside down with custard	Vanilla Bread & butter pudding with custard
SUPPER						
Vegetable or Tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)
Burgers with pork patties & HP sauce Or Assorted sandwiches	Lemon & thyme baked chicken thighs Or Assorted sandwiches	Tomato, cheese & black olive pizza (V) Or Assorted sandwiches	Chicken & mushroom lattice Or Assorted sandwiches	Scotch egg with chips & pickles Or Assorted sandwiches	Hot dogs served with onion & chips Or Assorted sandwiches	Stuffed jacket potato with bacon, baked beans & cheddar Or Assorted sandwiches
Lemon mousse	Eton mess with summer fruit	Cinnamon stewed apples with custard	Strawberry jelly & cream	Very berry cake with cream	Banana & custard	Traditional fruit trifle

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LUNCH						
Tomato soup (V)	Potato & celery (V)	Tomato soup (V)	Roasted cauliflower (v)	Tomato & basil (V)	Broccoli soup (V)	Tomato soup (V)
Chicken a la King in creamy pepper sauce	Irish lamb stew with barley	Slow cooked beef with vegetable fried rice	Chicken tikka masala with mango chutney	Beer battered catch of the day with tartar sauce & lemon	Beefy mince topped with slice potatoes	Slowly braised short ribs with rich gravy
Vegetable hot pot (V)	Tomato medley & buffalo mozzarella (V)	Stuffed peppers with cous cous & roast veg (V)	Broccoli & stilton cheese bake (V)	Potato & leek gratin (V)	Tomato, basil & courgette's flan with salad (V)	Poached Fish of the day with cheese sauce (V)
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection
Herb diced potatoes Basmati rice Baton carrots	Mashed potatoes Buttered asparagus Creamed leeks	Mashed potatoes Sweetcorn Herby carrot	Sweet potato mash Green beans Steamed parsnip	Chipped potatoes Mashed potatoes Minted mush peas	Mashed potatoes Steamed cauliflower Buttered broccoli	Roast potatoes Savoy cabbage Steamed carrot
Chocolate fudge cake with cream	Butter scotch pudding with custard	Tiramisu	Strawberry gateau	Lemon meringue with cream	Apple & blackberry crumble with custard	Chocolate sponge with chocolate custard
SUPPER						
Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)
Egg & bacon Spanish frittata, salad garnish Or Assorted sandwiches	Eggs Benedict with hollandaise sauce Or Assorted sandwiches	Grilled chicken Caesar salad with parmesan Or Assorted sandwiches	Cod goujons with sweet potato fries Or Assorted sandwiches	Welsh rarebit with mixed salad (V) Or Assorted sandwiches	Quiche Lorraine with salad Or Assorted sandwiches	<u>Sunday Buffet</u> Spring rolls with sweet chilli sauce (V) Crisps Assorted sandwiches
Lemon drizzle cake with cream	Double chocolate muffins with cream chocolate custard	Traditional scones with jam & cream	Banana loaf with sugar glaze served with custard	Jelly & cream	Pineapple turnover & custard	Profiteroles with chocolate sauce

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LUNCH						
Vegetable soup (V)	Tomato soup (V)	Parsnip soup (V)	Basil & tomato (V)	Cream of mushrooms soup (V)	Leek & potato (V)	Cream of tomato (V)
Chicken casserole	Cottage pie	Cumberland sausages with onion gravy	Roast seabass with lemon & butter sauce	Hand battered seasonal fish with tartar sauce and lemon	Sweet & sour chicken	Roast Corn fed chicken with gravy
Balsamic vegetable & goat's cheese puffs (V)	Spinach & cheese pasta bake (V)	Stir fry egg with vegetables (V)	Vegetable got pot (V)	Stuffed Portobello mushrooms with leeks & stilton (V)	Sweet potato & spinach gratin (V)	Poached plaice with white wine sauce (V)
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection
Mashed potatoes Steamed carrot Green peas	Mashed potatoes Buttered mixed Vegetables	Mashed potatoes Steamed carrot Garden peas	Mashed potatoes Green beans Sugar snap peas	Chipped potatoes Mashed potatoes Steamed carrot Mushy peas	Mashed potatoes Green peas Roasted vegetables	Roast potatoes Roast carrot Roast parsnip
Apricot crumble with custard	White chocolate & BBPudding	Lemon posset	Farmhouse berries & apple pie	Mississippi pie with chocolate custard	Berry bake with fruit drizzle	Berry trifle
SUPPER						
Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (V)	Vegetable or tomato soup (v)	Vegetable or tomato soup (v)
Cheese & mushroom pasties or Assorted sandwiches	Smoked mackerel Niçoise salad or Assorted sandwiches	Chicken with stir fry vegetable or Assorted sandwiches	Scrambled egg with Scottish smoked salmon or Assorted sandwiches	Honey roasted ham, fried egg & chips or Assorted sandwiches	Loaded jacket potato with bacon, baked beans & cheese or Assorted sandwiches	Cheese & mushroom pasties, baked beans or Assorted sandwiches
Berries & chocolate traybake	Cinnamon stewed apple's with custard	Strawberries & cream	Lemon posset	Trio of fresh melon	Apple & blackberry sponge with custard	Semolina with jam