MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
LUNCH								
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		
Steak & Mushroom pie	Fisherman's pie with creamy potato and cheese topping	Roast lamb served with mint sauce	Braised pork steak	Breaded fillet of seasonal fish, with tartare sauce	Traditional cottage pie with sweet potato mash	Roast loin of pork with sage and onion stuffing and apple sauce		
BBQ sausages with red onion glaze	Honey roast gammon with parsley sauce	Mexican glazed chicken served with braised rice	Vegetable lasagne	Chargrilled beef kebabs	Lemon and herb chicken	Baked fillet of seasonal fish with a lemon butter sauce		
Parsley potatoes Mashed potatoes Summer greens	New potatoes Mashed potatoes Mashed squash	Roast sweet potatoes Mashed potatoes Curly kale	Sauté potatoes Mashed potatoes Broccoli florets	Chipped potatoes Mashed potatoes Garden peas	Dauphinoise potatoes Mashed potatoes Buttered carrots	Roast potatoes Mashed potatoes Savoy cabbage		
Steamed courgette	Steamed spinach	Buttered carrots	Sweetcorn	Mushy peas	Roasted parsnips	Cauliflower gratin		
Banana fritters with syrup and ice cream	Eves pudding and custard	Pear and peach crumble with custard	Summer fruit compote Clotted cream	Apple pie with cream	Apricot pavlova	Apple turnover with custard		
Eton mess	Semolina	Strawberries & cream	Lemon meringue pie with custard or cream	Apple and blackberry strudel with custard	Baked bananas with chocolate sauce	Chocolate sponge with chocolate custard		
SUPPER								
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		
Jacket potatoes with ham, cheese and onion topping	Scampi served with lemon	Ham and vegetable crumble with creamy mustard sauce	Smoked salmon and scrambled egg	Macaroni cheese	Bubble and squeak (Colcannon)	Ham egg and chips		
Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches		
Chipped potatoes Mashed potatoes Green beans	Croquette potatoes Mashed potatoes Mixed salad	Mashed potatoes Peas French fries	Jacket wedges Mashed potatoes Minted peas	Garlic bread Garden salad	Scented rice Mashed potatoes Spinach & leek medley	Chips Mashed potatoes Baked beans		
Mandarins in syrup	Summer fruits trifle	Chocolate profiteroles	Cherry cheesecake	Jelly and custard	Ice cream sundae	Fruit cocktail sundae		





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			LUNCH			
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Traditional beef lasagne with Mediterranean salad	Poached fillet of plaice with a lemon butter sauce	Honey glazed roast gammon with an apricot glaze	Beef and vegetable herb crust pie	Hand battered seasonal fish, with tartare sauce	Lamb and chickpea curry with plain boiled rice	Roast chicken with lemon, fresh herbs and root vegetable trivet
Sweet and sour chicken with fragrant rice	Minute steak with sautéed onions	Chicken & Vegetable stir fry	Breaded turkey escalope	Minced beef and bacon meatloaf in a spicy tomato sauce	Lincolnshire sausage with a red onion marmalade	Grilled fillet of seasonal fish with a lemon and dill sauce
Sauté potatoes Mashed potatoes Grilled herb tomatoes Roasted squash	Parmenter potatoes Mashed potatoes Thyme roast carrots Baked tomato	Roast potatoes Mashed potatoes Steamed broccoli Sautéed courgettes	Boulangerie potatoes Mashed potatoes Buttered sweetcorn Roasted vegetables	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Jacket wedges Mashed potatoes Grilled tomatoes Button mushrooms	Roast potatoes Mashed potatoes Thyme roast carrots Roast parsnips
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection
Banana fritters with syrup and ice cream	Eves pudding and custard	Pear and peach crumble with custard	Summer fruit compote Clotted cream	Apple pie with cream	Apricot pavlova	Apple turnover with custard
			SUPPER			
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Cauliflower cheese and bacon bake	Stuffed peppers filled with couscous and mozzarella	Stuffed peppers filled with couscous and mozzarella	Homemade fish cake	Chicken, ham and mushroom pasta	Cheese and ham ploughman's	Bubble and squeak bacon poached egg topped with cheese sauce
Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches
Mashed potatoes Green beans	Jacket wedges Mashed potatoes Sautéed courgettes	Sauté potatoes Mashed potatoes Grilled herby tomatoes	Chipped potato Mashed potatoes Buttered peas	Croquette potatoes Mashed potatoes Baked beans	Braised rice Mashed potatoes Garden peas	Potato croquettes Mashed potatoes Buttered sweetcorn
French apple flan	Crème caramel	Lemon mousse	Black cherry tart and cream	Fresh strawberries and cream	Peach melba	Traditional sherry trifle





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
LUNCH							
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
Greek lamb moussaka with aubergines	Fillet of seasonal fish with a grape sauce	Beef casserole	Homemade cottage pie	Beer battered seasonal fish with tartar sauce and lemon	Chicken Chasseur	Roast leg of lamb with rosemary and mint jus	
Cold meat salad	Pork casserole	Sweet and sour chicken with egg fried rice	chicken and apricot tagine served with yoghurt dressing	Slow cooked braised pork belly with apple sauce	Vegetable curry steamed rice	Fillet of seasonal fish with a cheese sauce	
Boulangerie potatoes Mashed potatoes Curly Kale Buttered carrots	Sauté potatoes Mashed potatoes Green beans Baton carrots	Roasted potatoes Mashed potatoes Broccoli Cauliflower	Dauphinoise potatoes Mashed potatoes Buttered carrots Green beans	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Boiled potatoes Mashed potatoes Steamed broccoli Steamed carrots	Roast potatoes Mashed potatoes courgettes Cauliflower cheese	
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	
Jam sponge and custard	Steamed sponge and custard	Rice pudding	Apple strudel with custard	Cheesecake	Spiced plum crumble with custard	Egg custard tarts	
			SUPPER				
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
Macaroni cheese bake	Cold meat and cheese platter with chutney	Homemade fishcakes with lemon mayonnaise	Homemade sausage rolls with sweet potato fries	Corned beef hash	Homemade quiche Lorraine with side salad	Chicken burger with relish	
Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiched	Assorted sandwiches	
Chipped potatoes Mashed potatoes	Spicy southern fries Mashed potatoes Green beans	Mashed potatoes Plum tomatoes	Sweet potato wedges Mashed potatoes Mixed salads	Croquette potatoes Mashed potatoes Plum tomatoes	Chipped potatoes Mashed potatoes Grilled tomatoes	Jacket wedges Mashed potatoes Baked beans	
Banana and custard	Peach meringue nest	Strawberries and cream	Black Forest gateaux	Fruit cocktail & cream	Chocolate éclairs	Rhubarb and custard	





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
LUNCH							
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
Chicken and Leek Stroganoff	Roast gammon with madeira sauce	Roast chicken with lemon, fresh herbs and root vegetable trivet	Lamb kebabs with spicy dipping sauce	Hand battered seasonal fish with tartar sauce and lemon	Chicken Kiev with garlic butter	Roast beef with Yorkshire puddings and horseradish sauce	
Grilled Cumberland sausages with caramelised onions	Poached salmon with a chive and butter sauce	Three cheese and onion flan with grilled tomato garnish	Traditional braised faggots with gravy	Braised pork steak served with Dijon mustard sauce	Marinated lamb Steak with a redcurrant and red wine sauce	Poached fillet of seasonal fish with a dill cream sauce	
Braised rice Mashed potatoes Creamed greens Sautéed courgettes	Boulangerie potatoes Mashed potatoes Steamed spinach Buttered carrots	Roast potatoes Mashed potatoes Broccoli florets Braised leeks	Sauté potatoes Mashed potatoes Green beans Buttered carrots	Chipped potatoes Mashed potatoes Garden peas Mushy peas	Croquette potatoes Mashed potatoes Baked beans Buttered carrots	Roast potatoes Mashed potatoes Cauliflower cheese Roasted vegetables	
Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	Salad bar of the day & cold meat selection	
Orange meringue pie with cream	Bakes sago milk pudding	Bread and butter pudding with custard	Apple and blueberry tart with cream	Pineapple Sponge	Summer pudding	Creamy rice pudding with summer berries	
			SUPPER				
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
Pate served with toast and salad garnish	Mediterranean meatballs served with brown rice	Selection of omelettes	Homemade beef lasagne with salad garnish	Gala pie and Bramston pickle	Scrambled eggs on toast	Shepherd's pie with crisp potato topping	
Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	Assorted sandwiches	
Basmati rice Mashed potatoes Green beans	Sweet potato wedges Mashed potatoes Ratatouille	Sauté potatoes Mashed potatoes Broccoli florets	Mashed potatoes Grilled tomatoes Sauté potatoes	Mashed potatoes Mixed salads Coleslaw	Hash browns Mashed potatoes Baked beans	French fries Mashed potatoes Garden peas	
Orange jelly	Crème Brule	Egg custard tarts	American cheesecake	Chocolate mousse	Fruit fool	Lemon cream sponge	



