



**Royal Star
& Garter**

Care with courage



Wellbeing Coordinator - High Wycombe

Candidate information pack





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Welcome to Royal Star & Garter

Thank you for your interest in Royal Star & Garter.

Our High Wycombe Home is really special. Opened in 2019 it is light, spacious and equipped to support our residents and colleagues. But this isn't what makes us special. That is our staff.

I am looking for someone really special to join our Wellbeing Team. My ideal candidate will be someone confident in providing outstanding, holistic interventions to support the well-being of our amazing veterans. It is a role that will suit an individual who is passionate, able to think outside the box and generate ideas with our residents.

We strive to live our values in everything we do. We are committed to investing in our staff – in skills, behaviours and well-being. We have a comprehensive training offer for our staff and your continued professional development is important to us. We are looking for people who share our values, people with passion and dedication who want to work as part of a team, and people who want to make a difference to others. If this is you then I look forward to receiving your application.

Reggie Ballos
Home Manager

The role at a glance

Title: Wellbeing Coordinator

Location: Royal Star & Garter,
Hughenden Avenue, High
Wycombe, Buckinghamshire,
HP13 5GG

Reports to: Deputy Manager

Hours: 37.5 per week, roster (full
time)

Salary: £31,395

Contract: Permanent

CVs to be submitted to:
highwycombe.jobs@starandgarter.org

Job description

Purpose

Support, encourage and advocate a collaborative approach to Wellness, exercise and companionship across the Home to achieve high quality, meaningful and stimulating activities for residents on a daily basis

Provide a high profile, visible presence in the Home and deliver holistic Wellness support

- Pro-actively coordinate resident focused activity and wellness, engaging Wellness Champions and wider Home staff team including signposting to resources, ideas generation and developing community links/networks
- Support residents to achieve their goals and maximise their potential under the direction of the physiotherapist and nursing team
- Monitor, record and evidence the outcome of meaningful occupation through feedback, supervision and QUIS (Quality of Interaction Scheduling) audits
- Motivate and engage residents to participate in a range of wellness and exercise opportunities across the whole Home simultaneously
- Provide 1:1 wellness support and ensure the wider care team have a focus each day on merging personal care and quality of life through positive social interactions
- Maintain an up to date inventory of resources and share across the Homes
- Identify and promote opportunities for residents to share common values, interests, skills and talents
- Identify appropriate trips out and accompanying residents on these
- Champion best practice and together with the physiotherapist, motivate colleagues to provide high quality wellness activities which promote choice, inclusion, independence and happy living
- Engage with external stakeholders within the local community, developing professional relationships, for example but not limited to intergenerational opportunities
- Actively engage with families through our relatives' communication portal (Family Connections)
- To undertake such other duties as may be required and which are consistent with the nature of this post.

Key responsibilities

To apply

Send your CV and a covering letter (no more than 2 sides) outlining how you meet the person specification and what you will bring to our team to:

highwycombe.jobs@starandgarter.org

Person specification

Essential behaviours / characteristics

- Evidence of a person centred approach
- Excellent communication and organisational skills
- Imaginative and creative
- Positive, can-do attitude
- Genuine empathy in working with older people
- Ability to work on own initiative
- Demonstrate good judgement, problem solving and decision making
- Able to motivate and inspire others, and build relationships
- Good team player
- Flexible and adaptable
- IT Literate

Essential experience

Experience of working in a person centred environment

Desirable:

An understanding of the holistic approach to wellness and activities with people living with dementia and/or with physical care needs

A proven track record in delivering a creative and inclusive approach

Knowledge/experience of the care sector

Experience of developing and delivering themed activities / events

NVQ or other qualifications in Care/Activities

Hold a UK driving licence and be able to undertake MIDAS training



Mandatory requirements

All offers are subject to:

- **Clear DBS check**
- **Satisfactory Right to Work checks**
- **Satisfactory references covering at least 5 years**

Our values



With love



We carry out our work with love, care and compassion.

Living positively




We are optimistic in everything we do, supporting veterans and their partners in leading happy, fulfilled lives.

As a family



We work and live as one team, one family, one community.

Standing in their shoes



We show admiration and respect for people and never forget what they have done.

Take courage



We are not afraid to do what is right and what is needed.

Offer



Although we are a charity we offer a generous package

- Salary £31,395 per annum (full time)
- 37.5 hours per week, working one weekend every month
- Equivalent of 25 days holiday per annum plus bank holidays (pro-rata for part-time)
- Employer Pension Contribution of 7.5% with matching Employee contribution of 5%
- Life insurance of 3 x salary (until age 70)
- Two months full occupational sick pay, 1 month half pay before statutory sick pay
- Access to appropriate professional bodies and payment of membership fees after 6 months of employment
- Learning and Development – fully funded opportunities to support you in your role



About us

Our mission

Royal Star & Garter was founded in 1916 to care for the severely injured young men returning from the battlegrounds of the First World War. Today, our mission is to provide an outstanding range of quality care and therapies to veterans and their partners living with disability or dementia.

Our care

We provide loving care for veterans and their partners who live with disability or dementia in three state-of-the-art Homes, ensuring they are respected as individuals. We meet their needs in an appropriate, personalised and compassionate way and this is supported by highly skilled and motivated staff. We constantly evolve our services and innovate our care to meet present and future need and this now includes younger veterans, a day care service and plans for an outreach project later this year.



About us

Our future

Today, we run three Homes where we deliver an unparalleled level of specialist nursing care for veterans and their partners, including award-winning dementia care. We are developing our services to provide day care across all three Homes, an outreach service and care for younger veterans.

Our knowledge

We have over 100 years' experience in providing pioneering nursing and therapeutic care to veterans living with disability and dementia. We are committed to sharing our knowledge and skills with other organisations to promote better care for all veterans and older people. We partner with health care, military and academic organisations for the benefit of our local communities.

Sharing our experience

We are passionate about innovation in our care to improve the lives of veterans and their partners and we are ideally placed to provide training. Our Homes offer military nursing student training and placements to Nursing Associate Trainees as part of an NHS pilot scheme.

Surbiton

With its stunning foyer and relaxed, spacious lounges, our Surbiton Home offers a warm, friendly welcome. Highly trained staff provide specialist nursing and dementia care in comfortable surroundings, where the focus is always on the individual.



High Wycombe

Our High Wycombe Home is our newest and has been designed for the comfort and well-being of our residents. Specialist nursing and dementia care is offered in a relaxed, homely environment, where residents can enjoy the many activities, share their day with friends or enjoy time in the spacious lounges and landscaped gardens.



Solihull

Our Solihull Home offers a warm welcome to residents and their families. The Home is rated 'Outstanding' by the Care Quality Commission in all five areas and staff provide specialist dementia and nursing care tailored to the needs and wishes of each individual. Every aspect of the Home has been designed with our residents' well-being in mind.

