



Royal Star & Garter

Care with courage

FOR IMMEDIATE RELEASE

Buckinghamshire resident celebrates 105th birthday

A special birthday party has been thrown for one of Buckinghamshire's oldest residents.

Ena Mitchell celebrated her 105th birthday at Royal Star & Garter care home in High Wycombe on Saturday, 30 September.

Ena, who was widowed during WWII when her husband was killed in action, enjoyed a party at the Home, where she shared birthday cake with other residents. She was also given flowers by staff at the Home.



Ena shares a joke with Wellbeing Coordinator Alysia on her birthday

Royal Star & Garter is a charity which provides loving, compassionate care to veterans and their partners living with disability or dementia, and also has Homes in Solihull and Surbiton.

Ena was born in Kingsley, Hampshire in 1918, just a month before the Armistice brought an end to WWI.

Her husband Bill, who she married in 1938, was a soldier in the East Yorkshire Regiment. He was one of the 330,000 troops successfully evacuated from Dunkirk in 1940, and four years later took part in the D-Day landings on 6 June. Bill survived the offensive, but later that year was killed in Belgium by enemy fire. Their daughter was just two at the time.

Later, Ena started fighting for the rights of women who had lost husbands during the war, and joined the War Widows' Association (WWA).

She has lived at Royal Star & Garter since 2019.

Royal Star & Garter in High Wycombe is welcoming new residents. For more information, please go to www.starandgarter.org/hw



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About Royal Star & Garter

Our charity provides loving, compassionate care to veterans and their partners living with disability or dementia.

Twitter: @starandgarter

Facebook: facebook.com/starandgarter

Website: www.starandgarter.org



Royal Star & Garter
is a member of the
National Care Forum