

Care with courage

FOR IMMEDIATE RELEASE

Veterans welcome the Year of the Tiger as Royal Star & Garter celebrates Chinese New Year

Residents and staff at Royal Star & Garter decorated their Homes to celebrate Chinese New Year on Tuesday 1 February. Flags and gold and yellow bunting were put up to welcome the Year of the Tiger.

Royal Star & Garter provides loving, compassionate care to veterans and their partners living with disability or dementia.



Residents in High Wycombe enjoying the Chinese New Year lunch

residents to enjoy.

In its Surbiton Home, residents made Chinese lanterns and decorated hats. In the afternoon they took part in a Year of the Tiger quiz and an adapted Tai Chi session with traditional Chinese music.

At High Wycombe, residents took part in Chinesewhile in Solihull there were also fun activities for

All three Homes served up delicious lunches, which included stir-fried rice, spring rolls, hoisin duck, shredded beef, fortune cookies and prawn crackers.

The charity celebrates special days throughout the calendar, such as UK patron saint days, Burns Night, Pancake Day and Halloween, as part of its varied Wellbeing Programme.

Royal Star & Garter is welcoming new residents. For more information on this, or working for the charity, go to <u>www.starandgarter.org</u>



Residents in the Surbiton Home made Chinese lanterns as they welcomed in the Year of the Tiger

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For further information please contact:



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Goolistan Cooper Communications Officer goolistan.cooper@starandgarter.org 0208 481 7669 / 07391 868796

Cally Madden Marketing & Communications Manager cally.madden@starandgarter.org 020 8481 7692 / 07881 017299

About Royal Star & Garter

Our charity provides loving, compassionate care to veterans and their partners living with disability or dementia.

Twitter: @starandgarter **Facebook**: facebook.com/starandgarter **Website**: <u>www.starandgarter.org</u>



Royal Star & Garter is a member of the National Care Forum