

Care with courage



Wellness Co-ordinator - Solihull

Candidate information pack





Welcome to Royal Star & Garter

Thank you for your interest in Royal Star & Garter.

Since I joined this fabulous charity in 2015, I have been amazed and humbled by the passion and dedication of every member of staff. Our teams in our three Homes are nothing short of exceptional in the care they deliver, while our teams in Central Services provide unrivalled support.

I am looking for someone really special to join our Wellness Team. My ideal candidate will be someone confident in providing outstanding, holistic interventions to support the well-being of our amazing veterans. It is a role that will suit an individual who is passionate, able to think outside the box and generate ideas with our residents.

More importantly it matters to me who you really are. We strive to live our values in everything we do and we want the people who join us to do the same. Having the right person join us matters and our residents will be involved in the recruitment process.

We are committed to investing in our staff – in skills, behaviours and well-being. We have a comprehensive training offer for our staff and your continued development is important to us. We are looking for people who share our values, people with passion and dedication who want to work as part of a team, and people who want to make a difference to others. If this is you then I look forward to receiving your application.

Cheryl Harbourne Home Manager

The role at a glance

Title: Wellness Co-ordinator

Location: Royal Star & Garter, Tudor Coppice Close, Monkspath Hall Road, Solihull, B91 3DE

Reports to: Home Manager

Hours: 37.5 per week, roster (full time – working 5/7 days each week)

Salary: £23,361 FTE (£11.98 p/h)

Contract: Permanent

More information: Cheryl.Harbourne@starandgarter.org

Job description

Purpose

Support, encourage and advocate a collaborative approach to Wellness, exercise and companionship across the Home to achieve high quality, meaningful and stimulating activities for residents on a daily basis

Provide a high profile, visible presence in the Home and deliver holistic Wellness support

- Pro-actively coordinate resident focused activity and wellness, engaging Wellness Champions and wider Home staff team including signposting to resources, ideas generation and developing community links/networks
- Support residents to achieve their goals and maximise their potential under the direction of the Physiotherapist and nursing team
- Monitor, record and evidence the outcome of meaningful occupation through feedback, supervision • and QUIS (Quality of Interaction Scheduling) audits
- Motivate and engage residents to participate in a range of wellness and exercise opportunities across the whole Home simultaneously
- Provide 1:1 wellness support and ensure the wider care team have a focus each day on merging personal care and quality of life through positive social interactions
- Maintain an up to date inventory of resources and share across the Homes
- Identify and promote opportunities for residents to share common values, interests, skills and talents
- Key responsibilities Identify appropriate trips out and accompanying residents on these
 - Champion best practice and together with the Physiotherapist, motivate colleagues to provide high quality wellness activities which promote choice, inclusion, independence and happy living
 - Engage with external stakeholders within the local community, developing professional relationships, • for example but not limited to intergenerational opportunities
 - Actively engage with families through our relatives' communication portal (Family Connections)
 - To undertake such other duties as may be required and which are consistent with the nature of this post

To apply

Send your CV and a covering letter (no more than 2 sides) outlining how you meet the person specification and what you will bring to our team to Debbie Wyatt at: Solihull.Jobs@starandgarter.org

by 17 September 2021

Person specification

Essential behaviours / characteristics

- Evidence of a person-centred approach
- Excellent communication and organisational skills
- Imaginative and creative
- Positive, can-do attitude
- Genuine empathy in working with older people
- Ability to work on own initiative
- Demonstrate good judgement, problem solving and decision making
- Able to motivate and inspire others, and build relationships
- Good team player
- Flexible and adaptable
- IT Literate

Essential experience

• Experience of working in a person-centred environment

Desirable experience

- An understanding of the holistic approach to wellness and activities with people living with dementia and/or with physical care needs
- A proven track record in delivering a creative and inclusive approach
- Knowledge/experience of the care sector
- Experience of developing and delivering themed activities / events
- NVQ or other qualifications in Care/Activities
- Hold a UK driving licence and be able to undertake MIDAS training



Mandatory requirement

In line with the amendment to the Care Act the successful candidate must be Covid-19 <u>double vaccinated</u>

Our values

With love

We carry out our work with love, care and compassion.

Living positively

We are optimistic in everything we do, supporting veterans and their partners in leading happy, fulfilled lives.

As a family

We work and live as one team, one family, one community.

Standing in their shoes

We show admiration and respect for people and never forget what they have done.

Take courage

We are not afraid to do what is right and what is needed.

Offer



Although we are a charity we offer a generous package

- Salary of £23,361 per annum full time (£11.98 p/h)
- Full time: 37.5 hours per week worked on a rota covering 7 days
- Monthly rota
- Overtime paid at time-and-a-quarter
- Equivalent of 25 days holiday per annum plus bank holidays (pro-rata for part-time)

- Employer Pension Contribution of 7.5% with matching Employee contribution of 5%
- Life insurance of 3 x salary (until age 70)
- 2 months full occupational sick pay, 1 month half pay before statutory sick pay
- Access to appropriate professional bodies and payment of membership fees after 6 months of employment
- Learning and Development fully funded opportunities to support you in your role

About us



Our mission

Royal Star & Garter was founded in 1916 to care for the severely injured young men returning from the battlegrounds of the First World War. Today, our mission is to provide an outstanding range of quality care and therapies to veterans and their partners living with disability or dementia.

Our care

We provide loving care for veterans and their partners who live with disability or dementia in three state-of-the-art Homes, ensuring they are respected as individuals. We meet their needs in an appropriate, personalised and compassionate way and this is supported by highly skilled and motivated staff. We constantly evolve our services and innovate our care to meet present and future need and this now includes younger veterans, a day care service and plans for an outreach project later this year.

About us

Our future

Today, we run three Homes where we deliver an unparalleled level of specialist nursing care for veterans and their partners, including award-winning dementia care. We are developing our services to provide day care across all three Homes, an outreach service and care for younger veterans.

Our knowledge

We have over 100 years' experience in providing pioneering nursing and therapeutic care to veterans living with disability and dementia. We are committed to sharing our knowledge and skills with other organisations to promote better care for all veterans and older people. We partner with health care, military and academic organisations for the benefit of our local communities.

Sharing our experience

We are passionate about innovation in our care to improve the lives of veterans and their partners and we are ideally placed to provide training. Our Homes offer military nursing student training and placements to Nursing Associate Trainees as part of an NHS pilot scheme.

Solihull

Our Solihull Home offers a warm welcome to residents and their families. The Home is rated 'Outstanding' by the Care Quality Commission in all five areas and staff provide specialist dementia and nursing care tailored to the needs and wishes of each individual. Every aspect of the Home has been designed with our residents' well-being in mind.

High Wycombe

Our High Wycombe Home is our newest and has been designed for the comfort and well-being of our residents. Specialist nursing and dementia care is offered in a relaxed, homely environment, where residents can enjoy the many activities, share their day with friends or enjoy time in the spacious lounges and landscaped gardens.

Surbiton

With its stunning foyer and relaxed, spacious lounges, our Surbiton Home offers a warm, friendly welcome. Highly trained staff provide specialist nursing and dementia care in comfortable surroundings, where the focus is always on the individual.





