



Royal Star & Garter

Care with courage

FOR IMMEDIATE RELEASE

Brew for Two: Charity launches new drive to help people reconnect

A new initiative aimed at helping people reconnect, while raising money for a veterans' charity, has been launched.

Brew for Two is encouraging people to invite a friend, family member or neighbour for a cuppa and catch-up, and has been launched by Royal Star & Garter.

The charity provides loving, compassionate care to veterans and their partners living with disability or dementia, from Homes in Solihull, Surbiton and High Wycombe.

Members of the public can send off for a Brew for Two pack for just £5. They will receive two quality teabags, an invitation card to write, and a stamped envelope to make it easier to organise the get together.



Brew for Two is encouraging people to reconnect over a cuppa. Credit: iStock / Highwaystarz-Photography

Once a Brew for Two pack has been received, participants can choose how best to put it to use – they could bake a cake to go with the tea, enjoy the hot drink with a board game, or make the most of the weather and have it as part of a picnic. Users can also post photos on social media using the hashtag #BrewForTwo

Enjoying a cuppa and a chat is a popular pastime among Royal Star & Garter residents, and Brew for Two is inspired by the friendships and bonds that form in the Homes over shared moments.

Sophie Fanning-Tichbourne, Royal Star & Garter's Partnerships Manager, said: "We know that community and support networks are so important for our wellbeing and over the past two years we have not been socialising as much as we used to. Now is the perfect time to invite a friend, family member or neighbour to join you for a cup of tea over a catch-up, while supporting the veterans in



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our care. We want to help you celebrate small moments of connection and joy with someone you haven't seen enough of with Brew for Two."

The purchase of each pack will go towards helping Royal Star & Garter continue providing its award-winning person-centred care from its three Homes.

To order your Brew for Two tea pack, or for more information, go to <https://starandgarter.org/brew-for-two/>

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About Royal Star & Garter

Our charity provides loving, compassionate care to veterans and their partners living with disability or dementia.

Twitter: @starandgarter

Facebook: facebook.com/starandgarter

Website: www.starandgarter.org



Royal Star & Garter
is a member of the
National Care Forum