Care for Veterans
a Royal Star & Garter Home

FOR IMMEDIATE RELEASE

Former British Army Captain fundraises for veterans' home caring for fellow Royal Engineers veteran

A British Army veteran has completed a demanding charity challenge to raise money for a care home in Worthing - and inspired others to follow suit.

David Curry set himself the target of an 11-hour 11-minute and 11-second gym challenge to fundraise for Care for Veterans – a Royal Star & Garter Home, where a "great mate" who he served with now lives.

The Challenge 11:11 took place on Armistice Day (11 November), and inspired other residents living at Care for Veterans to support David by taking part in their own 11-minute 11-second work-out.



David taking part in the Challenge 11:11 and raising money for Care for Veterans – a Royal Star & Garter Home

Care for Veterans provides long-term nursing, rehabilitation, respite and end-of-life care to veterans and their families who live with disabilities, including acquired brain injury and degenerative neurological conditions. It is now part of the Royal Star & Garter group, following a merger with the charity in March 2025.

Among those at the Home is Steve Boylan. He and David both hailed from Brighton and joined the Royal Engineers in 1993. They went on to serve together in Afghanistan and Iraq. Steve has lived at Care for Veterans since 2018, following a motorbike collision which had left him with severe brain injuries three years earlier. Previously, David has helped raise money for the Home by joining Steve multiple times for the Worthing 10K.

Steve and fellow Care for Veterans resident John supported Challenge 11:11 by carrying out their own work outs, both spending 11 minutes and 11 seconds exercising in the Home's gym cheered on by the Physiotherapy Team.



Residents Steve and John and the Physiotherapist Team at Care for Veterans celebrate finishing their Challenge 11:11 workout

Also participating were three colleagues who work with David and are also veterans, who

took part in an 11-hour 11-minute row at their CBRE Global Workplace Solutions office.

Finally, Sandy Powell - who also served with Steve - cycled from his home in Sittingbourne to WWI battlegrounds in Ypres, Belgium, and back again in a single day – a distance of 187 miles.

It means David's fundraising target of £1,111 has already been reached, but the 49-year-old, who now lives in Kent, is keen to raise as much as he can for the Home.



David (right) with Steve (middle) and friend Sean at the Worthing 10K finishing line. All three men served together in the Royal Engineers

He began his Challenge 11:11 at 11.11am so that he was able to observe the national two-minute Armistice Day silence. His challenge saw him spend 11 minutes and 11 seconds on the treadmill, cross trainer, static bike, rower, stair climber and ski machine, repeating the full circuit 10 times.

David, who reached the rank of Captain and served until 2024, said: "I probably spent 15 years of my service with Steve and they were good times, we were great mates. Care for Veterans is the place Steve needs to be. He loves it at the Home, it means the world to see him happy and to see his parents happy as well. The care he receives at Care for Veterans is second-to-none. And it's important that we look after veterans today and in the future."

Clare Silva, Events & Corporate Manager at Royal Star & Garter, said: "We arrange and support fundraising efforts throughout the year, but Challenge 11:11 is especially meaningful because it came directly from David and his friends and colleagues. They were inspired by the work we do and wanted to make a difference. That personal connection makes this challenge truly special to everyone at the Worthing Home."

To give money to Challenge 11:11, go to
www.justgiving.com/page/challenge11-11

Care for Veterans is welcoming new residents and has recently launched a Day Care Service. For more information on this, or to work at the Home, go to
www.careforveterans.org.uk

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About the Royal Star & Garter group
Founded in 1916, Royal Star & Garter provides care, support and friendship for veterans and their families so that they can live well. The charity delivers nursing and dementia care through Homes in Solihull, Surbiton, High Wycombe, and now in Worthing, having recently merged with the military charity Care for Veterans. It also offers a range of services reaching into the community, including Lunch Clubs, Day Care and a national Telephone Friendship Service.