

Care for Veterans

a Royal Star & Garter Home

FOR IMMEDIATE RELEASE

Paralympian and TV presenter drops in to Worthing care home

An athlete-turned-TV presenter has visited a Worthing care home to see the great work it does.

Steve Brown, who captained the Team GB Wheelchair Rugby squad at the London 2012 Paralympics, praised Care for Veterans – a Royal Star & Garter Home, after visiting on Wednesday 5 August.

He was given a tour, spending time with residents and chatting to staff. He said their stories of resilience, hard work and rehabilitation resonated with the challenges he faced after his injury.



Steve Brown and Care for Veterans resident Steve Boylan pictured with staff members and Steve's father, Pete (top, centre)

The charity provides long-term nursing, rehabilitation, respite and end-of-life care to veterans and their families who live with disabilities, including acquired brain injury and degenerative neurological conditions. It is now part of the Royal Star & Garter group, following a merger with the charity in April 2025.

Steve was left paralysed after he fell from a first-floor balcony, breaking his neck. He underwent years of grueling recovery, and was introduced to Wheelchair Rugby at Stoke Mandeville Hospital.

Since retiring from competitive sport, Steve has gone on to become a familiar face on TV, hosting Countryfile, Escape to the Country and The One Show.

During his tour of Care for Veterans, Steve saw the Home's large gym, where a team of dedicated Physiotherapists provide residents with one-to-one and group exercises.

He sat down with a group of residents in the Wellbeing Hub, before meeting Army veteran and resident Steve Boylan. The pair chatted about their shared love of wildlife and Steve



Steve encouraging a resident during a physiotherapy session

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explained how he often feeds squirrels and birds outside his room at the Worthing Home.

The Paralympian later said: "It was an absolute pleasure to meet the team and residents, learn about their stories, and find so much of their experience resonating with my own. The team works really hard and value the residents, it was a joy to go and see them."

Care for Veterans is welcoming new residents and has recently launched a Day Care service. For more information on this, or to work at the Home, go to www.careforveterans.org.uk

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For further information please contact:

Emily Abbott
Marketing and Communications Officer
Emily.abbott@starandgarter.org
01903 790 353

Goolistan Cooper
Communications Officer
goolistan.cooper@starandgarter.org
07391 868796

About the Royal Star & Garter group

Founded in 1916, Royal Star & Garter provides care, support and friendship for veterans and their families so that they can live well. The charity delivers nursing and dementia care through Homes in Solihull, Surbiton, High Wycombe, and now in Worthing, having recently merged with the military charity Care for Veterans. It also offers a range of services reaching into the community, including Lunch Clubs, Day Care and a national Telephone Friendship Service.